TIME SAVING NOTIONS & SEWING AIDS

Many notions, sewing aids, and tools are available for the repair, care, and construction of clothing. Listed below are some of the products on the market that make these tasks easier and faster while creating a more professional appearance. Many of these items are available in fabric stores, and all are available online. Brand names are provided to enable you to locate these products, although similar products are available from other companies. The endorsement of these products is not intended or implied. For more information and/or a free catalogue, contact one of the sources listed at the end of this publication.

HANDY TOOLS AND SUPPLIES

Fasturn® — A unique notion for turning fabric tubes. In just one motion, turn tubes right side out and also insert cording. Dramatically reduces time required to make belts, stuffed coil baskets, braided rugs, tube quilts, piping, and many other sewing and craft projects.

Magnistitch® — Magnifies every sewing detail without strain! Magnistitch foot easily and permanently attaches to the front of a sewing machine. Enlarges to 2.25 times actual size; adjusts to any angle.

Hands-Free Magnifier — The round the neck 4 1/2-inch magnifier with a bifocal-adjustable neck band is great for quilting, sewing, knitting, needlepoint, model building, crossword puzzles, and more! Magnifies up to three times and features a magnifying dot for extra detail work. Made of lightweight yet durable Lucite.

Pattern Fix-It-Tape — Alter your patterns, write on the tape itself, iron over it; your pattern still remains tissue soft.

Bamboo Pointer & Creaser — Use the pointed end to turn collars, cuffs, and lapels. Flip the tool over and use the curved, beveled end to temporarily "press" open seams. (EZ Quilting)

Dritz Ezy-Pull® Bodkin — Perfect for inserting lace, ribbon, and elastic. Special "teeth" grip elastic so it doesn't get lost inside casing.

Precision Blast Air Duster — Remove harmful lint and dust FAST! It doesn't destroy the earth's ozone layer.

Surgical Steel Seam Ripper — Remove unwanted serged stitches in seconds! Serged stitches slide up the cutting edge of this 3 3/8-inch razor-sharp ripper. Instead of cutting each stitch separately, the blade zips right along. The curved design protects fabric from accidental cuts. Store carefully; ripper is very sharp! Protective sheath included.

Serger Pad/Trim Catcher — You can concentrate on serging rather than on keeping your serger from moving around your sewing table as well as collect trimmings in the handy catcher. Foam pad helps absorb vibration and sound.

Iron-Off™ — Hot iron cleaner, removes dirt and burned on coating from the bottom of your iron. Also removes resin buildup from fusibles. Safe for all steam and dry irons.
Mixed-Size Labels— Which garment is whose? Let size labels help! This generous packet includes 10 labels of each of the following: 2T, 3T, 4T, 4, 5, 6, 6X, S, M, and L. Use the number-sized labels for the kids and the letter name sizes for kids or adults!

Charm Woven Labels®— A special touch for your handmade garment! Stock labels for sizes and care instructions are available from www.charmwoven.com

No-Stick Sheet— Keep your ironing board clean of fusible residue. Protect it with this 5mm no-stick, 18 inches x 21 inches sheet. Made with Teflon, it can withstand 600 degree heat.

Easy Cut— Cut thread instantly with this self-adhesive cutter that can be stuck on the side of your serger, sewing machine, or quilt frame.

Buttonhole Cutter Set — for cutting neat buttonholes. Set includes a straight cutter, keyhole cutter, and mini mat.

NO-SEW PRODUCTS

Res-Q Tape™— Keep this double-sided clear adhesive tape handy to instantly hem pants or a skirt, hold a low neckline in place, keep straps from showing or, shoulder pads from slipping, or prevent "gaposis" between buttons.

Fray Block™— Seam sealant in a tube with ultra fine precision tip. Prevents fraying on fabric and ribbon; secures serged threads. Dries quickly, clearly, is soft and flexible. Washable and dry cleanable.

Fray Check™— secures the thread shanks on buttons; reinforces cut edges of buttonholes; prevents raveling on cut edges of laces, ribbons, and trims; stops runs in nylon stockings. Locks ends of serged stitching, too. Has so many uses! Completely washable and dry cleanable.

Glue Pins — A glue stick in a bottle. Baste seams or position zippers, laces, appliqués, and trims. It bonds fabrics—then washes away. A little goes a long way! 1.5 ounce bottle.


Scotchlite™ Reflective Tape— Increase nighttime safety by ironing on Scotchlite Reflective Tape! Tape will reflect a brilliant silver white against oncoming lights. Available at www.seattlefabrics.com

007 Bonding Agent®— Quick invisible mending with no sewing required. Use on any fabric, from silk to heavy canvas, to repair tears.

MARKING AIDS

Chaco Liner — Accurately transfers pattern markings to fabric with a line of chalk. Use white for dark fabrics and blue for light fabrics.

Wash-Out Pencil — Ideal for marking on dark fabrics. Great to use with quilting templates. Erases with a drop of cold water. White lead.

Chalk Cartridge Set — Cartridge style holder holds chalk inserts. Set comes with sharpener and white/assorted colored chalks for marking all kinds of fabric.

Chacopy Tracing Paper and Tracer Pen — Dual-pointed. One end has a ball point steel tip for a fine line, the other has a plastic tip for a bold line transfer. Chalk easily washes away with water.

Sulky® Iron-on Transfer Pens — Transfer any design or pattern to fabric, wood, or stabilizer with these easy to use pens. Trace or draw a design onto plain paper; then iron the design onto any surface with a hot dry iron. Transfers can be reused several times before re-inking. Works best on light colored cotton/polyester blends. Available in eight colors.
**Ultimate Marking Pencil** — A 5 mm super thin lead pencil specifically designed for fabric. It's always sharp, contains less graphite so it never smears, and washes out beautifully. Pencil comes with black lead. Red, yellow, and blue lead refills are also available.

**Pigma Micron Permanent Pen Sets** — Waterproof, fade-proof pigment ink pen sets, now in two sizes. Pens will not feather or bleed and are smear-proof when dry. Will not clog or dry out. Work best on 100 percent cotton or cotton blend fabrics.

**Fabric Eraser** — Use this nonsmudge eraser to remove light pencil markings from fabric and quilts.

**MEASURING AIDS**

**Dritz Eyz-Hem® Gauge** — Is an ideal notion for measuring and pressing hems. Mold straight or curved hems over the gauge edge.

**Yardstick Compass** — Draft big circles or little circles easily! Two fully adjustable steel holders attach to a yardstick or a 12 inch ruler to make circular table tops, napkins, and quilt designs up to 72 inch diameter.

**STITCHING AIDS**

**Stretch Needles** — Use these needles for hard-to-sew knits. The special point helps to prevent skipping of stitches. Available in sizes 75 or 90.

**Needle Threader/Inserter** — One end has a tiny hook to use for threading hand or machine needles. Use the other end to hold needles while inserting into sewing machine or serger.

**Adhesive Seam Guide** — Peel off backing, position on machine bed, and stitch accurate seams every time! Fabric feeds effortlessly along the seam guide edge. Reposition again for a later project. Doesn’t move around or mess up electronic machines.

**Cone Thread Holder** — Now any sewing machine can easily handle cones of thread with a Cone Thread Holder.

**Nylon Monofilament .004 Wonder Thread** — This thread is perfect for all "invisible" sewing needs. Use on a conventional sewing machine for quilting and craft projects. Or, use monofilament thread on the lower looper of a serger when using decorative thread or ribbon in the upper looper.

**Fusible Thread** — This thread contains a heat-activated fusible nylon filament. For a quick and easy hem, use fusible thread in the serger lower looper. Serge along the hem edge with the right side of the fabric facing up. Fold up hem; press with a steam iron—and you’re finished. Try fusible thread in the bobbin of a conventional sewing machine, too. Pliable bond withstands both washing and dry cleaning. 150 yard spool

**CLOSURES**

**Dritz Button Pins** — 3/4-inch safety pins with curved shaft enable securing shank buttons without sewing. Use when temporary attachment is needed.

**Dritz Adjustable Hook & Eye Sets** — Can slightly expand or tighten the waistline. Three positions for waistline comfort and fit.

**Make- A- Zipper** — It's so handy to have "yards" of zippers in your sewing basket! 100 percent polyester coil—cut a zipper any length to fit your sewing needs. Detailed instructions included 5 ½ yard roll with 12 zipper pulls. Heavy duty weight is also available in a 3 yard roll.

**ELASTICS/AIDS**

**Buttonhole Elastic** — The ¾ inch wide polyester/rubber elastic has un-knit sections in its center, spaced ¾ inch apart. As part of the elastic application, a button is positioned inside the waistband casing to allow for easy waistline adjustments. After the elastic is inserted into a garment, it can be lengthened or shortened by merely re-buttoning the button in another of the elastic’s buttonholes. Great for toddler's
garments, maternity wear, or whenever you want simple adjustments for a changing waistline.

**Stitch’n Stretch™**— A new and different elastic treatment that's a breeze to use and a joy to wear! 1 ½ inches wide, this woven polyester band has rows of spandex elastic cording drawn through it. Blue lines woven into the band provide convenient stitching guides for attaching the elastic. Unlike most other elastics, flat Stitch 'n Stretch is stitched to flat fabric. Then the spandex cords are stretched and drawn up to size, and the final garment seam is stitched. Because the elastic is applied flat, you'll need the same length of elastic as the unfinished edge to which it will be applied.

**Gutermann Elastic Thread** — A lightweight version now available in assorted colors. Simply wind it onto your bobbin for smocking and shirring. For most fabrics, no tension adjustments are necessary.

**Sport Elastic** — Four unbraided rows within the elastic provide convenient stitching guides. Here's how to use this elastic:

- Press under ½ inch at the top of the waistline.
- Cut elastic 3-5 inches smaller than waistline.
- Quarter waistline and elastic.
- Match quarter marks, placing elastic 1/8 inch from top of waistline.
- Machine baste through quarter marks to secure elastic.
- Stretch elastic to meet garment; straight stitch in unbraided rows.
- Remove basting threads.

**Dritz Elastic Glides** — Try the Elastic Guides for inserting elastic, ribbon, and/or cording. The glides will prevent twisting and snagging.

**Clear Elastic**— An elastic that stretches to three times its original length. Unaffected by swimming pool chlorine.

---

**FABRIC STABILIZERS**

**Palmer/Pletsch Perfect Sew Spray** — You'll get perfect, pucker-free machine embroidery, buttonholes, pin tucks, appliqué, patchwork, and heirloom sewing every time you use this new liquid wash-away stabilizer. Just apply it to fabric, dry it; and stitch. Because it washes out completely, even garments worn next to the skin will be soft and comfortable.

**Water Soluble Stabilizer with adhesive backing** — This is an aid for any machine creative stitchery. It completely washes away in water after just a few seconds. Use for machine embroidery, stand-alone designs, lace, or any project that requires complete removal of stabilizer.


Information for this publication was collected from the following sources:

- [www.nancysnotions.com](http://www.nancysnotions.com) 1-800-833-0690
- [www.clotilde.com](http://www.clotilde.com) 1-800-545-4002
- [www.joann.com](http://www.joann.com)

Call or visit these websites for other timesaving sewing notions and/or a catalog.

---

Marjorie M. Baker, M.S.
Extension Associate for Clothing and Textiles

June 2007