

KENTUCKY

MASTER

CLOTHING

VOLUNTEER

PROGRAM

CLOTHING & TEXTILES PROGRAM
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<http://www.ca.uky.edu/hes/fcs/MVP/index.html>



Bobbin' along with Marjorie

There are two types of people in this world; those who sew and those who don't. There are multiple reasons why those of us choose to sew. I began sewing so that my fashion dolls could have a extensive wardrobe. Now mind you, some of those fashions were made from Kleenex® tissues. I didn't realize how forward thinking I was until 1966 when Scott Paper Company introduced the infamous "paper dress".

Sewing has always been a means for me to express my creativity. I also quickly found that if I was willing to make it, my mother was willing to feed my habit by supplying me with an endless supply of fabric. Yes, fabric addiction runs in my family and I'm pleased to say that my daughter is well on her way to a great fabric stash, too. In many ways sewing is still as cost effective today as it was years ago. Not only are the raw materials cheaper, but sewing also affords the added health benefits of relaxation, and according to one study, it can lower your heart rate. Sewing challenges the mind to stay young. I hope I am still actively sewing when I'm eighty! Otherwise, my daughter will inherit more fabric than she will ever need.

I have only recently taken up playing with color and design in the form of quilting. I find this type of sewing quite fun and refreshing. However, my greatest satisfaction still comes from fashioning a great fitting tailored outfit that rivals only those seen in boutiques. Slow, meticulous, couture sewing techniques are the secret.

Let's all accept the challenge to convert as many non-sewing people over by sharing the many benefits of sewing with them. And while you are at it, remember that this is a recruiting year for a new class of Master Clothing Volunteers.

Marjorie M. Baker

Marjorie M. Baker, M.S.
Extension Associate for Clothing and Textiles



*"extending clothing
knowledge and skills"*

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Disabilities accommodated with prior notification.

SPOTLIGHT



Devonna Hisel

CMV Jackson County, Class of 2000

My husband and I live on our farm in Jackson County. We have horses, dogs, cats, and chickens. We have three grown sons and one grandson.

My sewing skills truly developed over the last 11 years. While in high school I had no interest in the "home ec" classes and chose to take two years of Latin instead. My mother sewed and she tried her best to get me into sewing.

I liked to do crewel embroidery, cross stitch, and other hand sewing projects, but until sometime after 1982, I never attempted to make clothing. Then I decided one day to make some simple shorts. Since I'd never taken formal sewing classes, I had to rely on the pattern instructions. As we all know those instructions don't always give you all the details needed to correctly complete a garment. I didn't know to do seam finishes, so my shorts had lots of raw edges. However, when finished I was very proud of my shorts and still wear them today!

It was after moving to Jackson County 11 years ago, and joining the homemakers, I finally, really got into quilting and garment sewing! I would listen to the other homemakers and try their suggestions.

I enjoy the challenge of sewing. I enjoy jigsaw puzzles and I guess that is the same challenge sewing presents to me; being able to put together the fabric to create a garment.

Because I didn't take those "home ec" classes in high school, I know what our students miss today due to the fact those classes are rarely offered. That is why I believe in the Master Clothing Volunteer Program. Someone has to teach those skills. Who knows, maybe someday, many years down the road, a woman will decide to make shorts and she can find a Master Clothing Volunteer to show her seam finishes!

Thank you Devonna for sharing your story with all of us.

Recruiting for the Class of 2008

Can you believe it? We are about to recruit the tenth class of Kentucky Master Clothing Volunteers. When this class is certified the Kentucky Master Volunteer in Clothing Construction Program will celebrate its 20th anniversary. It's exciting to think about how our program has grown and changed over the years. This is what you need to do:

- Look around your county and area, invite others that you think are qualified and would benefit from being a part of our "sisterhood of sewing."
- Have them contact your county/area MCV agent for application information.
- Volunteer to be on your area screening committee.
- Mentor the new recruit over the next two years during their internship.

Steering Committee Welcomes New Members

Please join the MCV Steering Committee in welcoming two new members. Filling one of the two Certified Master Clothing Volunteer positions is Ann Beard from Taylor County. Ann is a member of the Class of 2000. You can read more about Ann in the July 2007 issue of the MCV newsletter. Replacing Mary Averbek in the 4-H agent's position is Amanda Sublett from the Lake Cumberland Area. Amanda was an active 4-H member and participated in the state 4-H Fashion Revue as a teen. Amanda has been a 4-H agent for four years.

Sewing with Heavy or Quilted Fabrics

Handling bulk is the biggest concern when working with heavy and quilted fabrics. Burnell "Emma" Caswell offers the following tips:

- Serge the edges of pre-quilted fabric to help eliminate the bulk in the seams.
- A lining for lighter pre-quilted fabrics gives a better appearance by hiding the seams.
- A lining also can create an item or garment that is reversible.
- A good sturdy lining fabric works best when working with wool and heavier fabrics.
- The lining protects and supports seams that have been reduced when eliminating bulk.

Labeling tips for homemade items:

- Brand your creation. All designers have their own label.
- Labeling homemade items with laundering instructions is recommended, especially when they are given as gifts.
- Fabric labels can be made using the computer and an ink-jet printer by using one of three methods: 1) specially treated fabric sheets; 2) do it yourself using a solution (Bubble Jet) and applying it to your own fabric; 3) T-shirt transfer paper, but be sure to print your image backwards as this is later ironed on to your label fabric or cotton twill tape.
- An alternative to the computer/printer labels is to use a permanent marking pen to write on a tag and attach it to the garment or item.



JUST SEW YOU KNOW

Dallas Fashion Tour Cancelled

Due to lack of interest and/or commitments from individuals, the trip to Dallas, Texas has been cancelled. If there is renewed interest in planning another trip, please let any of the steering committee members know.

It's Sew Fine: For Home & Family Sewing Expo 2008

Plan to attend the third annual Sewing Expo at General Butler State Park, April 15 to 16, Carrollton, Kentucky. This event is a multi-state event, sponsored by the Louisville and Northern Kentucky Cooperative Extension areas, Kentucky State University Extension, and Purdue University. In addition to classes a number of vendors will be available for your sewing needs. Some of the classes will be taught by fellow MCVs. Hope to see many of you there.

KENTUCKY EXTENSION HOMEMAKERS ASSOCIATION ANNUAL MEETING

<http://www.keha.org>

Ladies, you did such a great job at the 2006 fall training with your "Fashions Across Kentucky" style show that you are being asked to share this at the KEHA state meeting. "**Fashions by MCV**" is one of the many seminars being offered at the upcoming KEHA state meeting in Louisville, Kentucky on May 13. KEHA, as many of you know, gives the area Master Clothing programs monetary support for many of you that attend the fall trainings. Let's show our appreciation by making this a session that everyone will remember. If you are not already registered to attend the KEHA state meeting, please go to the KEHA Web site listed above for registration information.

Those of you willing to participate need to send a description of your outfit and any other pertinent information to Marjorie Baker by

April 30. Please use the information that follows. All MCVs are encouraged to participate; those of you that took the "Little Black Dress" class last fall will for sure want to show off your great fitting dresses. We'll even have some accessories there to show how they can be used, as well.



Fashions by MCV Information form (return to Marjorie Baker by April 30, 2008 246 Scovell Hall, Lexington, KY 40546 or email mbake4@uky.edu)	
Name:	County:
Description of outfit to be modeled (include where you plan to wear it):	
Tell two interesting things about yourself or your experience as a Master Clothing Volunteer:	
1.	
2.	



Calendar of Events

April 15 to 16 It's Sew Fine: For Home and Family Sewing Expo, General Butler State Resort Park

May 1 Contact agent training, Hardin County Extension Center
All area contact agents, assistant contact agents and incoming assistant contact agents should attend. 10:00am -3:00pm.

May 12 to 15 KEHA state annual meeting

July 16 MCV Steering Committee, Taylor County Extension Office

August 11 and 12 Kentucky State Fair 4-H Judging

August 23 Kentucky State Fair 4-H Sewing Skill-a-thon

October 14 to 17 Statewide MCV Training, KY Leadership Center, Jabez

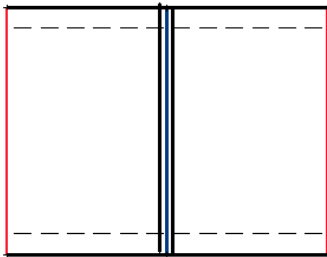
November 5 to 6 Needlework in-service training and retreat, KY Leadership Center, Jabez

November 19 Needlework in-service training, Princeton Education and Research Center

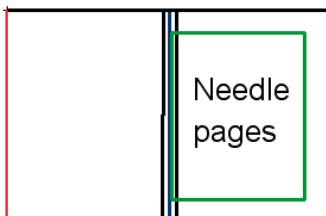
Fabric Needle Book

Need a quick make-it-take-it? This little needle book measures approximately 2 inches by 2½ inches when completed. A clever way to use your scraps of fleece batting and fabric, you'll want to make a dozen to share with your sewing friends or students.

- Cut fabric for outside 3¼ inches by 8½ inches or use pattern at right.
 - Cut felt /fleece for needle pages 2¼ inches by 3½ inches.
1. Using the outside fabric wrong sides together, fold end to end and crease along center fold line. Unfold.
 2. With right sides together, bring each end to meet at center fold line.



3. Stitch ¼-inch seams along each side.
4. Turn right side out through opening at center. Press flat, refold along center fold line, and repress. Unfold.
5. Fold fleece "page" in half and position folded edge inside along center fold line.



6. Close "book" and topstitch ¼-inch away from fold line through all thicknesses.

Marjorie M. Baker
February, 2008

