

KENTUCKY

MASTER

CLOTHING

VOLUNTEER

PROGRAM

CLOTHING & TEXTILES PROGRAM
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Bobbin' along with Marjorie



"extending clothing knowledge and skills"

Summer is finally here. What a wild spring, though. I hope everyone has recovered from the massive amounts of rain and is now enjoying the sunshine and warmer temperatures. Summertime means it's time to complete your annual service hour reports so you can attend the fall training. The steering committee has planned a wonderfully educational three days that you won't want to miss. One of the highlights will be having Joan Howard on Thursday evening sharing with you her impersonation of Mary Todd Lincoln. Joan and her cousin, our own Mary Hixson will entertain us with a presentation on Mary Todd Lincoln's Wardrobe Essentials. There is more information on the classes and the training later in this newsletter. Contact your area MCV contact agent for registration information.

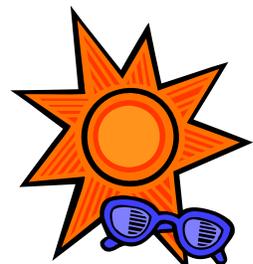
July
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Newsletter

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A big "thank" you to Nell Jordan, Margaret Hunter, and Devonna Hisel for sharing some of their sewing projects with the women who attended the Master Clothing Volunteer session at the Kentucky Extension Homemaker Association's annual meeting in May. We had about 40 in attendance. We were able to bring our anniversary quilt to show off and I shared a photo story of pictures from past trainings and projects that have happened around the state. Linda Heaton was also with us and shared some of her memories. Marlene McComas served as the room host; what a treat to have one of the founding steering committee members there, too. Many Master Clothing Volunteers hold leadership positions in KEHA. We continue to appreciate our partnership with KEHA and their support of our program over the years. If you are not already a member of your county Extension Homemaker Association, please consider joining in the fall.

Marjorie M. Baker

Marjorie M. Baker, M.S.
Extension Associate for Clothing and Textiles



SPOTLIGHT



Julie Ullery
Class of 2002
CMV Clark County

Julie started sewing when she was 10 years old and joined the local 4-H club in Darke County, Ohio. 4-H sewing was huge in her county. There were at least 20 clubs in the county. When the Darke County fair rolled around, every club had an area in the 4-H building where they decorated and displayed all their 4-H projects. During the week of the fair, there would be a dress review for different sewing projects almost every day of the week. Julie was fortunate that there were several ladies in her community who enjoyed sewing and passing their skills on to her generation.

Julie entered the MCV program to learn to sew better, and bring back the most up-to-date information and techniques to the children who she teaches to sew. Susan Koenig (Class of 2004) and Julie have approximately 40 children who they work with during the winter months on all levels of sewing. They have 8 senior 4-H girls participating this year. Julie also likes competing herself. She has entered her clothing items in the Clark County Fair, the Kentucky State Fair, and the Make It with Wool competition.

Julie is married to Daryl Ullery and they have 2 children; James, 23 and Katie, 18.

Julie greatly enjoys being a Master Clothing Volunteer and always looks forward to going to Jabez every fall for our “retreat.”

✓ **DOROTHY DO RIGHT** ✓

Going Green in your Closet

Submitted by Mary Hixson,
Garrard County FCS Extension Agent

I have been “Going Green” in my closet a long time. I rarely buy an article of clothing that I don’t change the buttons or the hem or add something to the sleeves. It’s nice when I don’t, but most often, that doesn’t seem to be the case! It’s all about saving money and easily creating something unique. Creating something new is probably what I like the most. It’s only been called ‘going green’ in the last year or so. Who knew?

Let’s look at the items in your closet. If it’s the right color and the right size, but you don’t wear it anymore, then think about re-sewing your garment. Before you donate or share with a friend, look at your clothes as fabric. Can you quickly change a part of the garment and continue to wear it some more? Can you use the ‘fabric’ and make something else? You can re-hem the sleeves, change the buttons, or add trim and change a favorite item into something new. The key is: Can you do it quickly? None of us have time to get too fussy over re-doing a garment that somebody else would enjoy as is.

The other way we can save by re-sewing is to use garments purchased at the local consignment store or donation center at a lower price. Make small changes or use fabric we like from garments to create new items. Three things to consider when

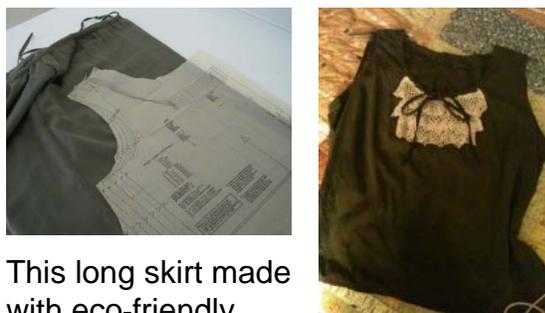
deciding to purchase or not: color, fiber, and design details.

Finding “my colors” can be difficult. So when I find items in my color scheme it’s a happy moment! Fiber content is common sense—no dry cleaning, knitwear, or synthetic (unless it’s the right color!). Look for design details on ready-made garments that can add the major ‘wow’ factor to a new creation without too much trouble. I look for ruffles, unique buttons, natural fibers, and fabric design when I am “green shopping”. For more information about “Going Green in your Closet” contact the Garrard County Extension Office at 859-792-3026 or email: mhixson@uky.edu for a copy of the leaflet by the same title.

Happy Greening!



This short cotton dress with a small ruffle detail at bottom made into a nice summer top by adding used lace at the neckline. Facings, buttonholes, and buttons made quick work for a cute top.



This long skirt made with eco-friendly Tencel ® fabric was refashioned into a trendy tank top by adding ruffles from an old doily. Using a pattern helped ensure the fit of the new garment.

Book Review:

Redwork from the WORKBASKET: 100 Designs for Machine and Hand

Embroidery by Rebecca Kemp Brent, Krause Publications, 2010, paperback.



Do you remember the little craft magazine published monthly beginning in 1935 until 1990 called *The Workbasket*? It was a how-to primer for many time honored needlework techniques and crafts including iron-on design transfers for embroidery. [Redwork from the Workbasket](#) by Rebecca Kemp Brent brings the essence of Redwork embroidery back – but with a modern edge.

The book comes with a CD that contains 100 designs for both hand and machine embroidery. Designs for animals, flowers, fruits, vegetables, and the ever familiar days of the week kitties for dishtowels are brought back to life. The CD includes the designs in seven common machine embroidery formats, plus JPEG and PDF files to use for hand stitching transfers.

In addition to an interesting history of Redwork and *The Workbasket* magazine, you’ll find detailed information about various thread types and stitching techniques. Twelve projects give you the opportunity to use the motifs on aprons, towels, quilts, home decor items, and more.

This book makes a great resource for those teaching embroidery for the 4-H embroidery projects or passing needlework on to the next generation. It’s a step down memory lane if you were a *Workbasket* subscriber. Otherwise, you will appreciate the history behind this iconic magazine which has been updated for modern stitchery.

Mid-rotation Training

Mid-rotation training will be October 12-14 at the Lake Cumberland 4-H Educational Center. Please turn in your annual service hour reports in order to be eligible to attend. The steering committee has planned an interesting group of classes for you to choose from. The class of 2010 will be taking Serger Techniques Beyond the Basics, Knit Know How, Advanced Zippers and Seam Finishes, Basic Pattern Alterations, and Teaching Others. Classes back by popular demand include, Creating Chenille, Appliqué, Quilted Garment bags, and Going Green – Refashioned Ready-to-wear. New classes include Tailoring and Advanced Finishing Techniques, Fabric Selection, Wallet on a String, Jewelry Tote, Seminole Patchwork, and T-shirt Makeovers. I am pleased to have so many qualified and willing teachers among our certified and emeritus members. Without them we could not have such a diverse array of class offerings.

We will again have a silent auction. Everyone is encouraged to bring items to sell and their money to spend. All money collected will be added to the Linda and Jim Heaton Endowment for the Master Clothing Volunteer Program which helps fund future trainings.

Two challenges have been issued for the training.

1. Backpacks for Operation Military Kids – volunteers are asked to make a drawstring backpack prior to coming, to donate to OMK. Please use the 4-H Unit 1 pattern found on page 12 of the [Junior 4-H Sewing Project Guide](#)
2. T-Shirt redesign – volunteers are asked to redesign a t-shirt and bring a photo of the t-shirt prior to embellishing or redesigning as outlined in the [April MCV Newsletter](#). For those who can't do it alone, sign up for Allysan

Comstock's class on T-Shirt Makeovers.



Here's one idea!

State Fair Judges



Thank you to those of you who responded to the request for 4-H sewing and needlework judges at the State Fair. Kathy Jump, 4-H sewing division superintendant and MCV contact agent for Mammoth Cave area, will be contacting you soon with your assignment.



Calendar of Events

July 26 – MCV Steering Committee Meeting, 11:00 am – 3:00 pm; Hardin County Extension office, Elizabethtown

August 15, 16 – Kentucky State Fair Cloverville judging, Louisville

August 19 – Registration deadline for Mid-Rotation Training

August 27 – State 4-H Sewing Skillathon, Cloverville, State Fair, Louisville

September 10 – Bobbi Bullard Trunk Show and Seminar, Sam Swope Scout Center, 12001 Sycamore Place, Louisville, sponsored by [Louisville Chapter of the American Sewing Guild](#)

October 12 to 14 – 2011 MCV Mid-rotation training, Lake Cumberland 4-H Educational Center, Jabez

Tissue/Change Purse

Materials Needed:

- ¼ yard of fabric or fabric scraps
- Thread
- 7 or 9-inch nylon or polyester coil zipper – metal zipper is not recommended
- 1 split ring key ring

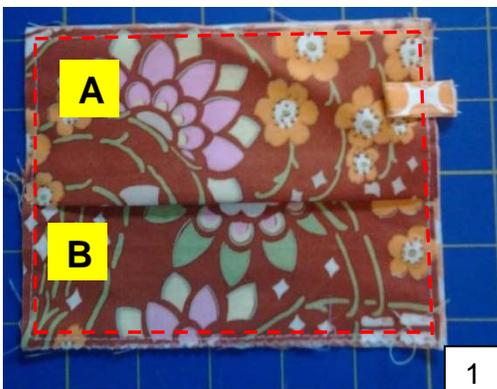
Cutting Directions:

- (2) 5" x 5¾" pieces – label one A and one B
- (2) 4½" x 5¾" pieces – label one C and one D
- (1) 8½" x 5¾" – lining
- (1) 2" x 2" for key ring tab
- (1) 4½" x 4½" – optional fabric zipper pull



Sewing Directions:

1. Fold pieces A and B in half so they measure 2½ inches x 5¾ inches. Press folded edges.
2. Place A and B on top of piece C so that raw edges match and the folded edge of piece A overlaps folded edge of piece B by ½ inch. Baste layers together around all four sides close to raw edges. (Picture 1)
3. Fold key ring tab in half, wrong sides together, press folded edge. Open up and turn both raw edges to center fold line, wrong sides together, and press. Refold on first center fold line. Top stitch close to each edge. Fold end to end and position 1 inch down from the top side of piece A, raw ends extended ¼ inch off the edge. Stitch to hold in place. (Picture 1)

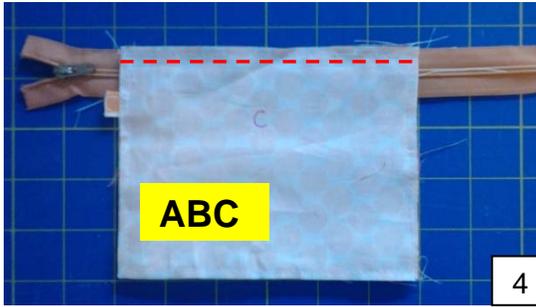


4. Center zipper face up on the right side of the lining with edge of zipper tape even with the 5¾-inch raw edge of the lining. Using a zipper foot, stitch close to zipper coil. (Picture 2)

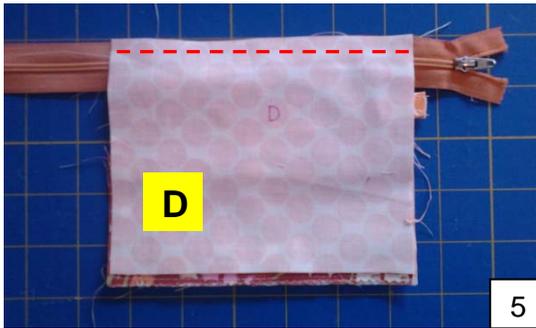


Repeat for second side of zipper and other end of lining, being careful to keep side edges even. (Picture 3)





5. With zipper closed and pull at the left side, match top of A (ABC piece) right side down to edge of zipper tape having sides even with sides of the lining, stitch top edge to zipper tape and lining close to coil again. (Picture 4)
Repeat for piece D on the other side of the zipper. (Picture 5)



6. Open zipper completely. Understitch lining close to zipper coil along both sides of the zipper. (Picture 6)



Photos and instructions by:
Marjorie M. Baker, M.S.
Extension Associate for Clothing and Textiles
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7. Close zipper half way. Match piece D to ABC piece, right sides together, pin as needed. Zipper tape should go towards the lining. Starting at the bottom fold of the lining, sew a ¼-inch seam around the three open sides, leaving a 2-inch opening on one side of the lining to turn through. (Picture 7)
8. Square off corners by matching adjacent seams and stitching across corner “triangles” approximately ½ inch from point. Do this to both purse corners and both lining corners.
9. Trim zipper tape close to the edge of the fabric raw edge. Tack corners of lining to corresponding purse corners.
10. Turn through the 2-inch opening with lining right side out. Stitch opening closed. Turn lining to the inside of the purse.
11. Insert split ring in side tab.
12. Optional: Fabric pull for zipper
 - a. Fold the 4½-inch square in half, right sides together on the diagonal.
 - b. Stitch ¼ inch away from the folded edge.
 - c. Trim close to stitching line and discard fabric triangles.
 - d. Turn narrow tube right side out with a tube turner.
 - e. Insert end through hole in zipper pull and knot or stitch fabric to secure.