

KENTUCKY

MASTER

CLOTHING

VOLUNTEER

PROGRAM

CLOTHING & TEXTILES PROGRAM
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Bobbin' along with Marjorie



*"extending clothing
knowledge and skills"*

December
2011
Newsletter

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NO. 3

As we approach the holidays, I want to express how thankful I am for the friendships I've made through the Kentucky Master Clothing Volunteer Program. I am privileged to know and work with so many talented and generous volunteers and agents in every part of the state. Our training in October is a shining example of the quality program that we have developed. I'd like to especially thank Mary Averbeck, Allysan Comstock, Sandy Davis, Bonny Glass, Judy Hetterman, Mary Hixson, Ann Howard, Nell Jordan, Patsy Kinman, Jennifer Klee, Joan Litteral, Brenda Pinkston, Marilyn Shrader, Teresa Stewart, Connie Talent, Bette Zilligen, Jo Ann Ellegood, Nancy Grasfeder and Sue Orłowski for teaching sessions at the training. I think everyone will agree that the highlight of the training was Joan Howard and Mary Hixson's presentation of Mary Todd Lincoln's Wardrobe Essentials. I'd also like to acknowledge those working behind the scenes planning and getting everything in your packets: Pat Douglas and Edith Webb. My office staff, Rose Runyons and Jan Childers, was also a tremendous help with preparations for the training.

This was a transition year for my staff support. After seven years, Rose Runyons will no longer be my staff support. Jan Childers has been assigned to all of us housed in Scovell Hall. This makes it a lot more convenient for me, having staff support in the same building. Please welcome Jan as she takes over for Rose.

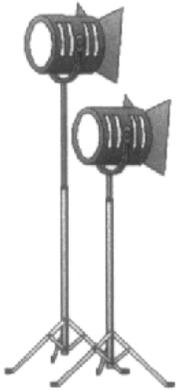
Thank you to those who participated in the backpack challenge. Twenty-two drawstring backpacks were brought to the fall training and then given to Operation Military Kids for distribution.

Anyone who can attend is invited to showcase being a Master Clothing Volunteer by helping present at the 2012 4-H Volunteer Leader Forum. A list of proposed classes was distributed at the fall training. Email me if you can help. Thanks and have a Merry Christmas and Happy New Year!

Marjorie M. Baker

Marjorie M. Baker, M.S.
Extension Associate for Clothing and Textiles

SPOTLIGHT



Patti Bridge

CMCV Scott County, Class of 2004

Patti started sewing doll clothes for Barbie by hand. Her first formal sewing class was in the 8th grade in a home economics class. There were 24 girls and one teacher! Patti made a simple skirt with elastic waist and a basic blouse, no sleeves or collars. She was really hooked. Her older sister helped her that summer to make several summer outfits. Patti continued to sew throughout high school. But it was not until MCV that she learned the correct techniques for sewing, Patti says, "I am so thankful for this program!"

Patti has been married to husband Paul for 36 years and they have five grown children ranging in age from 23 to 33. Their 5th grandchild just arrived December 12th! Through the years, Patti always made her four daughters their Christmas and Easter dresses. Now she enjoys making the granddaughters' outfits.

Patti began helping with Scott County 4-H sewing in 1998 when her second daughter Lorie, was a senior in high school. One day, when Lorie came home after sewing, Patti asked her what she got completed on her outfit? Her answer was, "Nothing, Mrs. Baker never got around to me." At the time Marjorie was leading senior 4-H sewing, with about eight girls and no other helpers! Patti decided to see where she could help and has been helping ever since. Little by little over the years, she has built up her skills thanks to the Master Volunteer program as well as made some great friends.

✓ **DOROTHY DO RIGHT** ✓

Fleece Facts

Submitted by Edith Webb, CMCV
Member of the Steering Committee and the
Class of 2002

Polarfleece® and Polartec® are trademarked fleece names for well-known, high quality fleece. The term "polarfleece" is often used generically to refer to fleece in general. Fleece comes in many pile fabric styles and qualities. The highest quality fleeces are made in the United States and Canada. Fleeces imported from Asia tend to be of inferior quality and do not perform as well as the higher quality fleeces. Fleece is a knit that comes in different weights and finishes. It is generally double sided with a napped surface that has been sheared. Most often, fleece is 100 percent polyester fibers, in part made from recycled plastic soda bottles. Fleece works well as outer wear as it is lightweight and does not retain water.

Fleece should be laundered inside out, separately or with similar garments. Use the washer's gentle cycle with lukewarm water and a powdered detergent. Do not use bleach, dryer softener sheets or liquid softener. Fleece does not need to be preshrunk. Because it is a synthetic fiber, a hot iron can lead to disaster by melting the fabric. Finger press as much as possible and when an iron is needed, use a low heat setting with a damp press cloth.

The right side of the fleece can be determined by gently pulling it along the selvage edge. The fleece will curl to the right side when pulled in the lengthwise direction. When stretched across the crosswise, it will curl to the wrong side.

A size 80/12 or 90/14 universal needle is recommended for medium weight fleece, while light weight fleece would require a smaller needle and heavy weight fleece, a larger needle. The sewing machine stitch length should be set at 3mm to 3.5mm for most loose fitting fleece garments and a bit shorter for close fitting garments and a 3/4 thread serger seam with differential feed is wonderful for sewing fleece.

Fleece can be embellished with cutwork, pin tucks, polar “ribbing”, appliqué, embroidery, trapunto, border prints and channel stitching. It can even be used to make “yarn” to create a crocheted edge finish.

Fleece is an interesting and fun fabric to sew.

Editor’s note: For more information on sewing fleece fabric, go to [CT-MMB.159](#), ***Selection and Sewing Tips for Fleece Fabric.***



Winning with Wool

Patti Bridge, Scott County CMCV, and Ann Beard, Taylor County CMCV, recently participated in the state Make it With Wool competition. Congratulations to Patti for winning and to Ann for being runner up. Both Patti and Ann made lovely outfits from wool they won in previous competitions.

Silent Auction Funds Benefit University Endowment

The silent auction, held during the October training was a tremendous success. The final total came to \$1385.15. This money has been deposited in the endowment fund set up by Linda and Jim Heaton for the Master Clothing Volunteer Program. With last year’s deposit, we have given a total of \$2949.15! Thank you to everyone for your generous donations of

books, fabrics and other fun items. Because of you, everyone benefits. Many unwanted items also found their way home with the lucky winners.

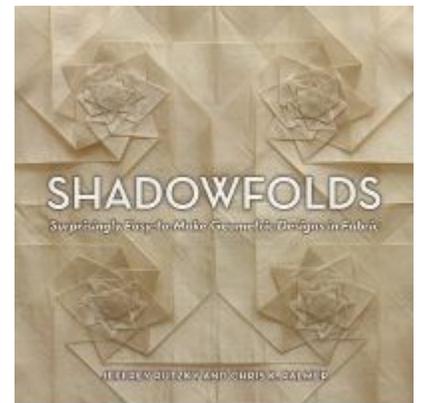
INTERFACINGS

Editor’s note: The following stories were sent in via 2011 annual reports. Thanks for taking the time to submit your stories.

Book

Review:

Shadowfolds
by Jeffery Rutzky and Chris Palmer, 2011, Kodansha America, Inc. (hardback)



Submitted by Susan Kipp, MCV
Origami in Fabric – If you have ever tried folding paper in geometric designs (origami), you might like to try it in fabric. ***Shadowfolds: Surprisingly Easy-to-fold Geometric Designs in Fabric***, contains 15 different projects that one could try. The method consists of marking a grid on the fabric, hand stitching to draw up the shapes, knotting the thread to set the shape and manipulating the shape to lie in the desired pattern. The resulting design can be used as an opaque piece like a pillow or yoke of a dress or it can be used where light can shine through it to see the shadow effects.

My first experiment with the technique was a stole for my pastor. My second project was a decorative pillow for the Relay for Life Auction in Madison County.

Ghana Service Project

Submitted by Joetta Maynard
Pike County was one of four counties in eastern Kentucky that participated in a Ghana service project. They were given fabric made in Ghana and asked to make items that would be put up for auction later.

Joetta Maynard, CMCV, was chairman of the project in Pike County. She cut the fabric into ½ yard pieces and distributed it with project instructions to fourteen other volunteers. Other fabrics could be added as needed.

Joetta made several items herself as some of the fabric was returned to her.

The items were given back to the county and then taken to the state KEHA meeting held in Bowling Green last May. The hand crafted items were sold in the silent auction with proceeds going back to support other Ghana projects.

Thank you to the Pike County volunteers who participated in this worthy service project.

Pillowcase Dresses for Ghana

Submitted by Devonna Hisel, CMCV

The Homemakers of the Wilderness Trail Area were asked to make pillowcase dresses to send to the Kentucky Academy in Ghana. A total of 330 dresses were sent to the academy and 316 of those were made in the WTA. The ladies enjoyed making the dresses and are ready to sew more (or whatever the children of the academy need).

Haiti Mission Connection

Submitted by Jan Joseph, CMCV

One of the ladies who learned to sew in our sewing class was invited to go on a mission trip to Haiti. Her mission goals were twofold: She was asked to teach CPR to the local medical staff and to teach teen girls in an orphanage how to sew! She wanted to take as many pillowcase dresses with her as she could as it was her desire that every girl in the orphanage have a new dress. Several of our sewing classes were spent helping her to reach her goal. She was able to take over 40 dresses with her. She has since shared pictures of the girls in their new dresses as well as pictures of the teen girls proudly displaying the skirts they had sewn. We were so inspired; we planned a Sit-and-Sew on Saturday Aug. 6, 2011 to assemble more pillowcase dresses. These dresses were donated to Hope for Women International through their "Dress a Girl Around the World" project.

Old Fashioned Tea Party

Submitted by Brenda Pinkston

For the McLean County Homemakers annual meeting this year, we had an old fashioned tea party. Twenty card tables were beautifully set, using cloth table linens, tea services, and silverware. The committee made salad, Kentucky Hot Browns and apple dumplings. For the event, I made a 48-inch square Tea Party quilt of blue and white fabrics and donated it for raffle. The raffle brought in \$75 and our Extension FCS agent was thrilled when she won it. Everyone is amazed at my sewing. If they only knew the inspirations I get from others, especially my Master Clothing Volunteer sisters!



Calendar of Events

January 16, 2012 4-H

Tailormade, volunteer leader training, Marion County Extension Office, Lebanon

January 17– 21, 2012 *Jabez Quilt*

Seminar, Lake Cumberland 4-H Educational Center

January 31, 2012 *Sewing Trunk Show*

and What You Can Learn 2:00 and 5:30 pm, Boyle County Extension Office, Danville

February 9 – 11, 2012 *Sewing and Needlework Tracks at the 4-H Volunteer Leader Forum*, Lexington

March 1, 2012 *Wallet on a String*, Kenton County Durr Annex, (Two MCV's are teaching what they learned at Jabez)

March 13, 2012 *Quilt in a Day*, Barren County Extension Office, Glasgow

April 17 – 18, 2012 *It's Sew Fine for Home and Family Sewing Expo*, General Butler State Resort Park

Magic Fleece Ear Warmer

Materials Needed:

1/8 yard fleece will make one solid colored ear warmer; 1/8 yard each of two coordinating colors will make two ear warmers.

Thread



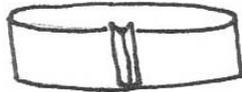
Cutting Directions:

Measure the head and subtract one inch; use this measurement to cut the length of the ear warmer across the stretch of the fleece.

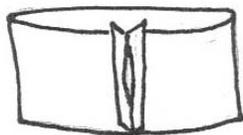
- (1) 3 1/2 inches wide by the above length
- (1) 4 1/2 inches wide by the above length

Sewing Directions:

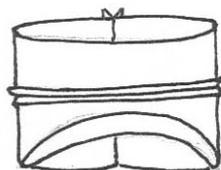
1. With right sides together, seam the short ends of the 3 1/2-inch wide piece together using a straight machine stitch and 1/4-inch seam. Finger press seam open. Optional: top stitch along each side of the seamline. Embroider a school logo or monogram.



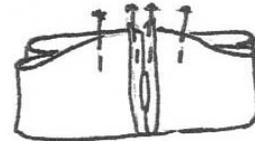
2. With right sides together, seam the ends of the 4 1/2-inch piece, leaving a 2-inch opening in the center for turning. Be sure to back stitch at the opening to secure. Finger press seam open. Optional: top stitch along each side of the seamline.



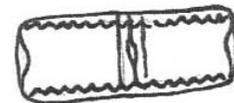
3. With right sides together, sew the two bands together along one edge using a narrow zigzag stitch and 1/4-inch seam OR use the serger to seam the two bands together.
4. Turn band wrong side out and place it on a table with the short seams on the bottom. Scrunch the top layer up towards the long seam exposing the seam underneath.



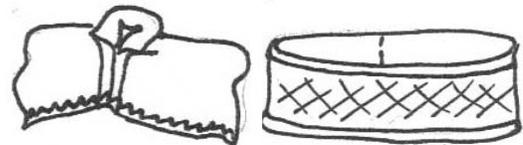
5. Hold the bottom edge at the short seam and wrap it up over the scrunched up portion until it matches the top edge at the seam. Pin edges together with short seams open and matched. Pin as much of these edges together being careful not to catch what is scrunched up in the middle.



6. Begin zigzag or serge stitching where pinned. As you sew, stop every two to three inches and pull the unsewn portion of the band towards you, reposition edges to be even and continue sewing around the band back to where the stitching began. This creates a double tube shape.



7. This is where the magic begins! Find the opening in the band, reach in, and pull the inside out.



8. Voila! Finish by invisibly hand stitching the opening closed.

Illustrations and instructions by: Marjorie M. Baker

Marjorie M. Baker, M.S.
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