



# KENTUCKY

## MASTER CLOTHING VOLUNTEER PROGRAM

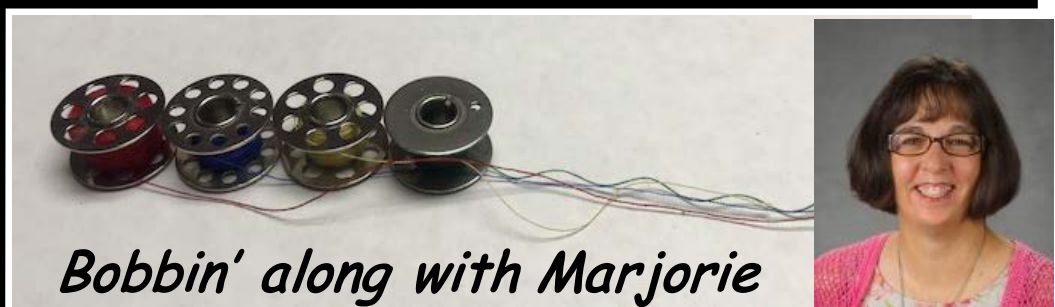
December  
2018  
Newsletter

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CLOTHING and TEXTILES PROGRAM  
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<http://fcs-hes.ca.uky.edu/content/master-clothing-volunteer-program>



### *Bobbin' along with Marjorie*

What a wonderful time we all had in October at our annual training in Jabez. We had a record crowd of over 130 people attending the recognition luncheon! Congratulations to the Class of 2016 on completing the requirements for certification. Thank you to the District 4 for all their hard work on table decorations and favors. Joan Howard and Mary Hixson presented an awe-inspiring program on using trims in the making of their Civil war era costume reproductions. I was especially happy to have Dr. Jennifer Hunter, Assistant Director for Family and Consumer Sciences Extension in attendance. Having her support is vital as we transition the leadership of the Master Clothing Volunteer Program over the next couple of years.

It's that time again, MCV Steering Committee applications are due January 15, 2019. There are two positions coming open; the county clothing leader and a certified Master Clothing Volunteer spot. This is a three year commitment and we need your help. The MCV Steering Committee plans and evaluates the annual training. We meet twice each year – once in the spring and once in the summer and arrive the evening prior to the training to put registration packets together and set the rooms up. The credential sheets are included at the end of this newsletter. Please join me in extending thanks to Angie York, FCS agent; Maryloretto Resing, county clothing leader; and Anita Cummins, CMCV for serving on the committee the past three years. Eugenia Wilson, FCS agent from the Northeast area was selected by the contact agents at their meeting in October to fill the FCS agent position for the next three years. I look forward to working with Eugenia.

*Marjorie M. Baker*

Marjorie M. Baker, M.S.  
Extension Associate for Clothing and Textiles



## SPOTLIGHT



**Robin Jergens  
Class of 2008**

### **Earliest sewing experiences:**

My mother always sewed when I was a little girl. I loved the feel of the fabrics and all the colors, it was the sixties so everything was bold and bright! I don't really remember when I first started sewing... but I remember the first sewing lessons in home economics class. I didn't like it because I had to make what the teacher said instead of what I wanted to do. But, honestly it spurred me on to make more clothes that I really liked. Commercial patterns were always a frustration as fit was a challenge for me. I then turned to home decoration and sewed curtains and drapes for years.

### **Experience as a Master Clothing Volunteer:**

I have enjoyed meeting all the other MCV's and learning so many new things, if only all my projects were finished! I am constantly amazed at the skill and creativity the MCV's display. Networking with others has opened my eyes to many new things about sewing. Working with 4-H has been fun. Kids are fun to work with and I hope to impart a love of sewing to them.

### **Family:**

I have a great husband, Dan and a beautiful daughter Danielle. We were

blessed with our first grandchild in October. Life is good. God is good to me.

### **Other:**

I am a former Army Nurse Corps officer and have lived in Asia and in Europe. My husband and I recently moved from Trigg County to Meade County to be closer to our daughter and her family.

## INTERFACING

### ***Highlights from 2018 annual reports***

Over the past two year rotation, **123 active volunteers reported a total 25,905 volunteer hours and made 58,246 contacts.** Thank you for your reports and all your hard work to promote sewing across the Commonwealth of Kentucky!

### ***Green River***

**Brenda Pinkston** shared: Recently a lady that I met through Master Farm Homemakers suddenly lost her husband in a farming accident. I asked the lady if she would like an apron made from one of his shirts. She sent the shirt and I upcycled the shirt into a really cute apron. After the apron was returned to the grieving lady, she wrote back in a letter saying, "The apron is so beautiful and so very meaningful. A family treasure!" Through the Master Clothing Volunteer Program, Brenda has had the opportunity to make many upcycled and new items and share with so many people. The blessings are truly hers and so are the friends she has made.

### ***Purchase***

**Linda Lawrence** shared: Purchase area MCVs often teach adult beginner sewing classes. It is always rewarding to see

these ladies who are eager to learn to sew and who are amazed to see that they can to it. That makes it all worthwhile.

### *Lincoln Trail*

**Judy Greenwell** shared: In my beginning 4-H sewing group this spring, there was a boy that came from a large family where the children are home-schooled. He was fascinated with the sewing machine and made several projects while the other students struggled with techniques. One of his sisters was unable to join the group due to having a cast on her arm. He taught her the techniques that he had learned at home. Hopefully, she will be able to join the group next year.

### *Northeast*

**Joetta Maynard** reported: Pike County Master Clothing Volunteers planned a holiday sewing class at their extension office. Kits were prepared to make Christmas table runners. Participants only needed to bring their sewing machines.

**Claudine Williamson** wrote: I am one of the superintendents of the 4-H building at the Greenup County Fair, held in late August and early September. My duties entail signing up booths for 4-H, Homemakers, and schools. She helped design and install her Homemakers booth and the Sewing Volunteers booth. I assign helpers to the departments of Food, Home Furnishings, Crafts, Arts, and Floral and am part of a team that welcomes the public to the 4-H building. The Greenup County Fair is a wonderful place to gather old and new friends and to promote our programs in sewing, 4-H, and Homemakers.

**Rita Spence** shared: The two Greenup County Master Clothing Volunteers in Clothing attended a style show on "Historic Costumes" held at the McConnell House in Wurthland, Kentucky. They discussed with their FCS agent the possibility of having this style show as the program for the Northeast

Area Homemakers annual meeting the following September. The two volunteers coordinated and secured the two professionals who presented the historic costumes fashion show to approximately 200 Extension Homemakers. (Editor's note: The two presenters were Joan Howard and Mary Hixson who also presented at our annual training in October.)

**Cathy Harville** reported: Prompted by an email directed to our FCS agent, Leslie Workman, a sewing class for beginners was created. The want-to-be sewers worked in town and needed the sewing class to be offered after business hours. Living close to town, the request was given to me to plan the class. After contacting the one making the request, it was decided to meet at the Extension office one day a week from 5-8 pm until our objectives were accomplished. The objectives were to teach the basics of using a sewing machine and completing a simple project practicing the skills learned. The project selected was a pajama bottom with an elastic waistband using straight and curved seams. The class was open to the public with five showing interest and attending the first class. After the first class, three returned to finish the project. The three students were eager to broaden their skills so a second and third class were offered. After each class, I would encourage them to continue practicing at home what they had learned. I was pleased to receive an email on June 15 with pictures of one of the class members wearing another garment she had made along with a quilt she had finished. Seeing the joy that comes from learning was worth the time donated to the MCV program!

### *Northern Kentucky*

**Kathy Lauer** shared: Unlike most in this group, I didn't start sewing until I was 25 years old. I grew up on a farm with 7

brothers and sisters so there really was no time for sewing. After I had my children, I decided to try my hand at sewing. I made clothes mostly for my two girls. They were so excited at the age of 10 and 6 to have us all in matching dresses for Easter (NOT). But they wore them. I could make clothing my way which would get the job done, but don't look too close at them. Then I became part of the Master Clothing Program. I have learned so much from this program. I realize every year after our training that there is always more to learn.

**Joyce Hildreth** wrote about the Kenton Elementary quilt project where students used fabric markers to draw pictures of something they learned this year. Memories included social studies, flash chats with White House Historical Society on varied topics, sports, and other favorite activities. Each student did the finishing tie and told the story of his/her block. The children were actually very enthusiastic and participated well. Surprising to me, the boys were especially enthused with 100% telling about their block. The girls had about 80% telling about their blocks and everyone cheered for a child with a speech impediment as he got up and spoke with great confidence about his block. My heart was warmed.

### *Fort Harrod*

**Anne Hillard** wrote: The MCV program gives us the opportunity to share our program for sewing with others. It is rewarding to witness the joy of a student, whether young or adult, when they successfully complete a project using their sewing machine or serger. The program aides us as instructors with guidelines to teach and assist others. As passionate sewers, we are pleased to nurture and pass on our love of sewing to all who are willing to hold a needle or push a pedal. Sewing is a life skill and we

as MCVs are doing our best to pay it forward and pass it on.

### *Mammoth Cave*

**Sheryl Bailey** reported: As part of our scholarship program in our 4-H area, we have a requirement of a "good project". My daughter did a fleece throw project back in high school for her project. She purchased fleece throw fabric and did some prep work, set dates with the Extension office and had kids and adults work on the throws. About 15 throws were made the first year. They were donated to the Camp for Courageous Kids at Scottsville. For the kids next year, we worked together and did about 18 throws, but that year we donated them to our county child care service department. Thus making a "Project Linus" program of our own. It helped that our quilt club joined with us to make the project bigger and better. This past year we donated over 32 throws to the Child Care Services. These throws are given to kids in the foster care program and are in part a comfort for the kids as well as to keep them warm when they need them.

JOANN



### **Save 15% with JOANN 4-H Rewards!**

Current and lifetime members, parents of members, volunteers and 4-H staff can **save 15% off total in-store and online purchases every day with 4-H Rewards**. JOANN will give a minimum of 2.5% of every eligible transaction to support 4-H programming.

If you haven't signed up for this deal, you are missing out and Kentucky 4-H is



losing out on revenue that could be coming our way to support the 4-H clothing and textiles program. If you have a smart phone, download the store's app and go to "more" from the menu. Select "Loyalty Programs". You will be instructed to fill in your name and county, among other things. Once your information is complete you will receive an electronic rewards "card" right there on your phone to use when you make your purchases. It shows up under "Coupons" and it can be used on your entire purchase with exception of those items you use percentage off coupons for. It's as easy as that. You can also sign up for the program on the JoAnn website: <https://www.joann.com/4-h/>

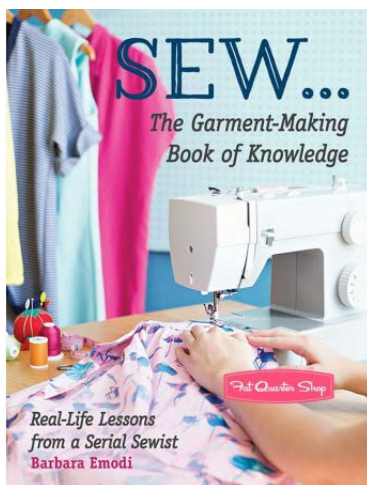
Coming again in February and March the stores will run a "paper clover" campaign to benefit 4-H, similar to the one Tractor Supply does every year.

## Book Review

***Sew...The Garment-Making Book of Knowledge*** by Barbara Emodi

I've recently discovered sewing related podcasts. Not only can I sit and sew, I can now listen while I sew and learn as a go! The author of this book was

being interviewed on one of the podcasts and I was delighted with what she was saying which led me to investigate her further. Barbara Emodi, a lifelong sewist and teacher of the craft, published her "Real-Life Lessons from a Serial Sewist"



earliest this year. I think that if I was to write a book, I would have written many of the same words of advice that she did. It's everything your mother would teach you about sewing if she knew how to sew!

In her testimonial of why we sew, Barbara says: "When you sew, I think what you make most often is a life, not just clothes. Sewing is deceptive that way. As an activity, it looks practical and seems sensible. This is just a cover. Sewing gives those who engage in it so much more than something to wear." The book includes a multitude of sewing tips and information that all new sewing enthusiasts will find very helpful and those of us who have been sewing for a lifetime, will also appreciate. I found this an easy to read book and one I would share with anyone who wants to learn and love to sew. It's great to be a partner in the resurgence of garment sewing.

✓ **DOROTHY DO RIGHT** ✓

## Use Your Critical Thinking Skills

I am constantly challenged to use my critical thinking skills when I am sewing a new pattern. I always seem to come up with an easier way (at least easier for me) to accomplish the same end result. I recently taught a class on making the [Sew Together Bag by Sew Demented](#). I've taught this class three different times and each time I find that the steps to sewing the zippered pockets seems to confuse most people in the class. There are three pockets that are all connected with lining for each! Often times, pattern directions will leave out steps that the designer either takes for granted that the maker knows to do or they don't think are important enough to mention. These are the times that you have to analyze how

best to accomplish the end result and then come up with the easiest way to explain it to your students. In the above mentioned pattern there are 3 zippers, 4 pocket pieces, and 6 lining pieces that all get sewn together. This alone is confusing to the students because the numbers just don't match up! At this point you can carefully follow the pattern step by step or do what I do. I baste all the zippers to their corresponding lining pieces. Basting was not a step that the pattern included, but I find that basting the two layers together first and then adding the third prevents the fabrics from shifting or stretching as they are all sewn together. Basting the zippers to the lining pieces means that you sew the zipper face up on top of the lining fabric, right side up – wrong side of the zipper is against the right side of the lining fabric. At this point, we're down to 3 zippers with lining attached and 4 pocket pieces. Put one zipper section aside, sew the 4 pocket pieces to their corresponding lining pieces. The remaining zippered pocket/lining section gets sewn between bottoms of the two completed pockets and now all the pieces are together as one!

Rearranging the order of things and taking each step one step at a time makes quick work of a complicated process.

That's what critical thinking does and that's why teaching children to sew develops essential life skills that



transfer to other areas in their lives. If you haven't made this pattern, you should check it out as it makes a great bag to keep sewing tools, art supplies or small toys for a child all contained for travel.

## Save the Date:

Its Sew Fine Sewing Expo

April 9-10

New Location:

Boone County Extension Center

You won't want to miss this year's keynote speakers. Sarah Gunn and Julie Starr, co-authors of the *Tunic Bible* will be sharing their story and teaching a tunic class during the 2019 Its Sew Fine Sewing Expo for Home and Family. Thanks to the generous support of Kentucky State University, we are able to bring these two award winning authors to the Commonwealth in the spring.

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## Calendar of Events



**April 9 – 10, 2019** *Its Sew Fine Sewing Expo*, Boone County Extension Center, registration available on the Owen County Extension Website after January 1

**October 21-25, 2019** *Mid-rotation Statewide Training Week*, Lake Cumberland 4-H Educational Center (week will be split into two sessions)



## Memo Pad Cover with Pen Holder

Turn an ordinary note pad into something special by making this fabric cover with pen holder. This cover is designed to hold a 3 ½" x 5" mini writing tablet. Make one to match each of your purses!

### Fabric needed:

Outer cover – cut one 11 ¾" x 4 ½" (You may want to interface this piece for more stability)

Lining – cut one 11" x 4 ½"

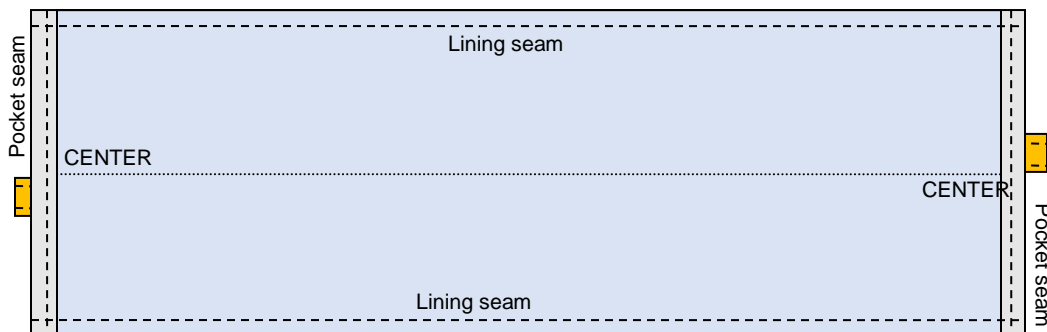
Pockets – cut two 11" x 4 ½"

Penholder –cut one 2" x 4"



### Instructions include 1/4" seams:

1. Pockets – Fold each pocket wrong sides together matching the short ends. Press the fold and set aside.
2. Pen holder – Fold in half matching long edges wrong side together. Press folded edge. Open up and fold long edges to center crease, press and refold on center crease. Edge stitch close to both folded edges. Cut into two 2" pieces.
3. Mark pen holder placement – On the outer cover, mark the center of each short edge within the seam allowance.
4. Attach pen holders – place one folded 2" pen holder with the edge-stitched edge at the center marking on the right side of the cover and raw edges together. Pin or tape in place. The length may need to be adjusted so that it fits the pen when the pen is inserted, remember you have a ¼" seam allowance. Repeat on the opposite end matching the edge on the opposite side of the center marking so that when the cover is closed, the pen holders lay side by side and not overlapping.
5. Pocket Placement – Position pockets matching raw edges to each short end of the outer cover fabric right side, covering the pen holders. Sew the pockets to the outer cover.
6. Attach the lining – with the pockets facing up, place the lining right side down covering the pockets. The ends of the lining should not extend beyond the pocket seams. Sew the lining to the cover along the long edges.



7. Turn right side out and press.

Marjorie M. Baker  
August 2016



**MASTER VOLUNTEER IN CLOTHING CONSTRUCTION PROGRAM**



**Steering Committee Member Positions**

**Term: 3-year**

**Qualifications:**

**For the Certified Master Clothing Volunteer** position must be a *Certified Kentucky Master Clothing Volunteer* in good standing with the Kentucky Master Volunteer in Clothing Construction Program.

**For the County Clothing Leader** position may, or may not, be a current participant in the *Kentucky Master Volunteer in Clothing Construction Program*.

Is recommended and/or approved by his/her local county Extension office and/or the MCV Contact Agent.

Is a team member/player, having demonstrated the ability to work well and communicate with others in an effective manner.

Can be described as a "thinker" and a "doer" when it comes to planning and putting together a program or activity.

Is willing to give of their time and expertise to assist with the policy-making activities necessary to maintain and continually improve the Master Volunteer in Clothing Construction Program.

**Committee Responsibilities:**

Is willing and able to attend three or four MCV Steering Committee meetings a year in a location determined by committee members.

Is willing to contribute or assist with an article for the *Master Clothing Volunteer Newsletter* at least once a year.

Is willing to assist other committee/program members with the planning, preparations, and conducting of training for the volunteers and agents participating in/working with the Master Clothing Volunteer Program.

Is willing to serve as a spokesperson for the Master Clothing Volunteer Program, and act as a liaison between the *master* and *certified master* clothing volunteers who are actively involved in the Kentucky Master Volunteer in Clothing Construction Program.



## Master Volunteer in Clothing Construction Steering Committee

The Master Clothing Volunteer Steering Committee is composed of volunteers, Extension professionals, and other key individuals who meet three to four times a year to discuss, set policy, plan, and prepare for program trainings. Committee members are expected to attend meetings, actively participate in the decision-making process for the program, contribute to the MCVP Newsletter at least once a year, and share their knowledge and expertise in planning and conducting trainings. You are invited to submit a credential form if you would like to be considered for this position. *Type, print, or write legibly, completing all information requested.* Your application will be reviewed by the current MCV Steering Committee. Candidate will be selected and notified before the March meeting. Steering Committee terms run for three years.

### Application for: **Certified Master Volunteer**

**NAME:** \_\_\_\_\_ **TELEPHONE:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**EXTENSION AREA:** \_\_\_\_\_ **YEARS AS MCV:** \_\_\_\_\_

**Directions:** Complete the information below and send/submit a copy to:

Marjorie M. Baker  
Master Clothing Volunteer Program  
University of Kentucky  
240 Scovell Hall  
Lexington, KY 40546-0064

Or email: [Marjorie.baker@uky.edu](mailto:Marjorie.baker@uky.edu)

**Due Date: January 15, 2019**

1. List the leadership positions you have held within the past 10 years. (Attach additional sheets if necessary)

**Professional/Job related:**

\_\_\_\_\_

\_\_\_\_\_

**County:**

\_\_\_\_\_

\_\_\_\_\_

**Area:** \_\_\_\_\_

\_\_\_\_\_

**State:**

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**Other:** Viewing yourself, how would you rate yourself and why?

\_\_\_ Team member    \_\_\_ Leader of team    \_\_\_ Follower

Explain your response: \_\_\_\_\_  
\_\_\_\_\_

2. Total number of Master Credit Units (MCUs) earned (approximately): \_\_\_\_\_
3. What activities, on behalf of the MCV program, do you enjoy most? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
4. Would you be willing/able to attend and/or participate in committee meetings three times (approximately) a year?     Yes     No
5. Would you be willing to assist with training sessions? Check appropriate response.  
 No, I would not be able to assist.                       Yes, only in planning the activity.  
 Yes, if the training is during the day.                       Yes, and I can stay overnight.  
 Yes, with the following limitations.                       Other: explain below:
6. What has been your most successful activity and/or learning session while involved in the Master Clothing Volunteer program?  
Explain. \_\_\_\_\_  
\_\_\_\_\_
7. What unique experiences, skills or expertise do you feel you could bring to the Master Clothing Volunteer Program? List or discuss below. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
8. On a separate sheet of paper, respond to the following question. What has the **Master Volunteer in Clothing Construction** program meant to you, your county and/or your area? Confine your answer to one type-written page.