



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

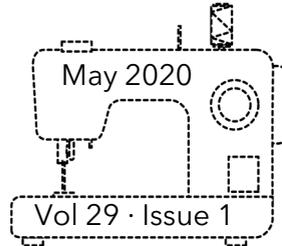


University of Kentucky *Master Clothing Volunteer Program*

Sharing Knowledge and Skills with Others

1990 - 2020
30 Years of Inspiration

Jeanne's NEWS Thread



It's here! It's here! My first Master Clothing Program Newsletter! I have been looking forward to this since I started last August, and I am very excited to share this with you all.

I have thoroughly enjoyed getting acquainted with many of you over the past nine months and I am thankful that you have welcomed me as your new State Coordinator. I want to honor the rich history of this Program and I will do my best to keep traditions in place while also introducing some fun updates. My goals are to make the Program enjoyable and rewarding for Volunteers and Agents and make sure that you have the support you need to teach others while also enriching your own skill set.

In case you were unable to attend the MCV Training last October or you are not familiar with my background, here is a brief overview: I received my degrees from UK. Both my B.S. and M.S. are in Merchandising, Apparel, and Textiles, earned in 2000 and 2017, respectively. My "specialties" are fibers and fabrics. I have some sewing experience and I am very familiar with clothing construction. I started taking sewing lessons with Marjorie and I am in the process of completing the samples in the MCV Notebook...and I really like to sew French Seams. More about me later. Right now, I want to know more about you!

You can email me or call me anytime, and I will get back to you as soon as I'm able (my contact information is below). It has taken me a while to get settled in my position and I am now trying to focus on making sure I connect with each of you. Thank you for your patience while I do this. Look for more information to come, but please know that I do not mind questions. So if you are ever unsure about anything, just ask me.

Enjoy the Newsletter. All feedback is welcome...that's how I can improve and know how to best support you. Do you have an idea or submission for a future Newsletter? I'd love to hear about it.

Jeanne Badgett
Senior Extension Associate



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<http://fcs-hes.ca.uky.edu/content/master-clothing-volunteer-program>

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Disabilities
accommodated
with prior notification.



Fall Training dates are October 26 - October 30.

As a result of Covid-19 and precautions we want to take, training will look different this year. The MCV Steering Committee is monitoring Covid-19 Guidelines set forth by the State and the University. The MCV Steering Committee met on 5/21 to discuss class ideas and a training schedule, and we've come up with some creative ways to share knowledge! **I will be mailing a letter to you in early June with details.**

Recruitment for the Class of 2020 is underway.

Let's encourage interested persons to apply to the Master Clothing Volunteer Program to be part of our Class of 2020. We hope we are able to support the training of an incoming class in the midst of Covid-19, and we can discuss resourceful ways to make this happen while adhering to Covid-19 Guidelines. Recruitment is done at the County level and then proceeds to the Area level. If you know of someone who would like to apply, talk with your local Extension Agent, or feel free to reach out to me at jeanne.badgett@uky.edu. I have been working on updating some recruitment materials as well as the application.

Class of 2018 Teaching Responsibilities for this Fall are yet to be determined.

Congratulations to the Class of 2018! It won't be long before you become "Certified." Typically the Class of 2018 would be responsible for some teaching of the incoming Class of 2020. I will be reaching out to you individually to assess your comfort level with this and to discuss the proposed curriculum. I will make sure that you know well ahead of time what your responsibilities would be and what supplies you might need to prepare in order to teach.



Volunteer Hours Report Forms

- **No minimum hours this year**
- Submit to your County Agent or Area Contact by July 15th
- Agents should turn in Reports to Jeanne by July 31st

Reports should still be completed to the best of your ability and submitted to your County Agent or Area Contact Agent by July 15th. This is the second year of our two-year rotation; therefore you should ideally have accrued at least **100 Volunteer Commitment Hours** between **July 1, 2018 to June 30, 2020**. However, because of the recent Covid-19 restrictions, **it is okay** if you have not reached 100 hours for this two-year period. You will be notified of your total hours accrued for the time between July 1, 2018 to June 30, 2020 by the end of this October. The new two-year period for accruing **100 Volunteer Commitment Hours** is July 1, 2020 to June 30, 2022.

The 100 hours should be split by:

- **50 Teaching Hours** (includes preparation and travel time)
- **30 Continuing Education Hours**
- **20 Leadership & Service Hours**

If you have questions about the status of your Volunteer Hours, feel free to email me at jeanne.badgett@uky.edu or call me at 859-257-1146.





Marjorie Baker



Former MCV
State Coordinator

What has been your favorite part about retirement?

Having the time to do what ever I want to do is my favorite thing I like most about retirement.

What are some goals or things you'd like "to do" now that you are retired?

One goal is to learn to speak and understand Japanese. Two of my grandchildren are bilingual so I would like to be able to know what they are saying and be able to read their Japanese story books to them. Goal number two is cleaning up and organizing my sewing room. It's pretty organized in my mind as I usually

can find whatever I am looking for. It's all the little piles of leftovers that need to be sorted and organized. Goal three is traveling. I traveled to Arizona in early spring with my family. We were lucky to get this trip in before the shutdowns went into affect. We hiked the hills, watched sunsets, toured Taliesin West, and took in three Major League Baseball spring training games.

What do you miss most about being the MCV State Coordinator? I haven't been gone long enough to miss anything about my former position. However I anticipate missing the fall training and the planning that goes into putting it all together. I am fortunate to still be a part of the MCV Facebook group which keeps me in touch with many of the wonderful and talented volunteers around the Commonwealth. This group is an incredibly supportive and loving sisterhood of friends.

In honor of the invention of the sewing machine...



Saturday, June 13th is National Sewing Machine Day

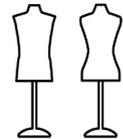
Several creators are credited with early sewing machine designs. Many innovations occurred in the mid to late 1800's. Some of the "perks" of this automated marvel: women had more hours for "leisure time" and increased opportunities to seek employment.

What about just having more time to sew?



Fashion Forward

Foulard Smocked Waist Pocket Skirt
by Ann Taylor Clothing



This skirt recently caught my eye. I hadn't seen anything made with foulard fabric in a while. I got to thinking, "Is foulard the style of fabric or print? Or is it the name of the weave type? What is foulard?" Foulard is a lightweight **fabric** made of silk or cotton with a twill weave (or sometimes plain weave). It traditionally has a printed pattern that is geometric in nature. Foulard can also refer to accessories made with this fabric such as a handkerchief.

<https://www.annataylor.com/foulard-smocked-waist-pocket-skirt>





Volunteer Opportunities

Are you interested in filming a short video demonstrating a sewing or needlework skill? Isaac Hilpp, our 4-H Youth Development Specialist, is coordinating lessons to post on the 4-H Facebook page as part of their "Virtual Experience" curriculum <https://www.facebook.com/kentucky4h/>. He is interested in posting a series of videos related to sewing and needlework and he has asked for our help. Would any of you be comfortable or able to assist with this? We are looking for about three Volunteers.

- Lessons are geared towards the Beginner Level
- Demonstrations requested: crochet, embroidery, hand sewing stitches
- Isaac and I would provide some lesson guidance; however, you would also have some flexibility and input about the specific project you create to teach the skill
- Videos do not have to be super fancy and can be somewhat informal; they could be anywhere from 15 minutes to 30 minutes, keeping in mind the audience and topic
- You can record your own video, or we can try to help you (depends on location)
- If you are interested in learning more, please email me at jeanne.badgett@uky.edu
- This may be counted on your Teaching Hours Report - but remember we are waiving the minimum for Teaching and Leadership Hours this year due to Covid-19, so please do not feel pressure to help with this

Visiting with Volunteers

I was so delighted to be invited to join the Louisville Area MCV's in January for one of their "Area Workdays" coordinated by Sheila Fawbush and Kelly Smith. Volunteers were busy prepping, cutting, and sewing the table favors for the Wednesday banquet planned for October 28th at Jabez. It is the Louisville Area's turn to be in charge of the decorations and theme for this year's Certification Ceremony. They have some great ideas in the works to celebrate 30 years of fellowship and sharing knowledge!



Wanda Reed, Edith Webb, Elaine Lyverse, and Linda Sanford compare techniques for cutting fabric.

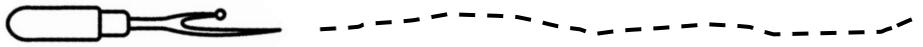


Iris Brown, Laura Dennison, and Sandy Clark enjoy catching up with each other while prepping the table favor for the Fall Banquet.



"Ripped" From the Headlines

What's Happening in the World of Sewing?



Have you heard the latest news? You all have SUPERPOWERS! For most of you, sewing has always been a part of your life - - but lately, it's a big part of everyone's life! Of course I'm referring to how the spread of Covid-19 has impacted our lives and the need for face masks or "cloth face coverings." It has been amazing to see how many people have risen to the challenge to meet the needs of healthcare workers, front line responders, as well as the general public by sewing face masks, gowns, and other needed supplies. It's unfortunate that many areas our country initially lacked enough personal protective equipment to keep everyone safe; but I think we have learned a lot about humanity as a result. Certainly, there are many ways Covid-19 has impacted our communities. Including lost wages, limited social services, interrupted routines, diminished human connections, added stress and, of course, lives lost. But I believe we have been reminded to put things in perspective. We have seen the selfless acts of those dipping into their fabric stash or using their own money to buy "mask making" supplies... sewing and sewing until they could sew no more. It was back on March 19th when Claudia Smith (Class of 2012, Jefferson County) shared on our MCV Facebook Page a request from a physician for substitute face masks due to a dwindling supply of medical grade masks. Right away you all started to figure out ways to help. And once our Extension Leaders worked out the liability aspects and logistics, it's been non-stop mask making.



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I remember on April 3rd, when the CDC FINALLY issued guidance about "cloth face coverings," and posted patterns for the general public.... I was so relieved, because now it was clear that the efforts and contributions of our Volunteers had even more support. Yay! Although there were many patterns for sewn cloth face coverings available up to that point - including two on the UK HealthCare website - there was still no "official way" to sew a face covering until that time because the CDC had not issued a pattern. Fast forward almost two months later and we now have a lot of information available about the "best fabrics," pattern modifications, and guidance for how to wear and care for a cloth face covering. As face coverings become part of the "new norm," you all should feel proud knowing that, even if you weren't personally able to sew any face coverings, you probably influenced the life of someone who did sew them. And just think...to help with the sewn cloth face covering effort, there have been several people who have bought sewing machines and "learned to sew" only in the past couple of months. That means there a lots of people out there who will probably want to learn more about sewing and creating, once our communities have moved on from sewing cloth face coverings. I hope we can help by teaching them the other things that can be done on a sewing machine. Let's get ready!



Cloth Face Coverings

What You Should Know

Regardless of which style of cloth face covering you choose to make or wear, the Centers for Disease Control wants to make sure your face covering:

- Fits comfortably, but snugly across the sides of your face
- Covers your nose and your mouth
- Consists of at least two layers of fabric (preferably 100% cotton fabric that is "tightly woven" - such as quilting cotton)
- Does not restrict your breathing (don't go too crazy with "filters")
- Can be machine washed and dried without damage or change in shape

Who / When / Where to Wear

- Cloth face coverings should be worn by those over the age of 2, those who DO NOT have breathing problems, and those who can remove the face covering on their own
- They should be worn when we go out to public places where social distancing may be difficult - such as the grocery store, pharmacy, or other business locations
- If you are just taking a walk outside, away from others, you do not need to wear a face covering
- Cloth Face Coverings are believed to help slow the spread of Covid-19

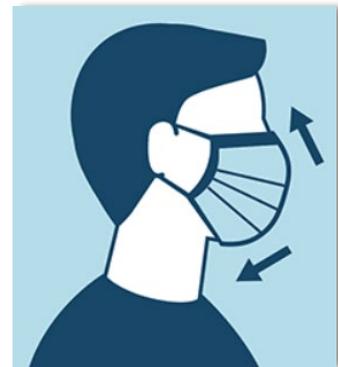


For more information about all things related to Covid-19, check out the CDC website:

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

More Face Covering Information:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>



Remember to always **consider the source of information** you are

receiving or listening to.

Now, more than ever, there is a lot of false or inaccurate information being shared.

Try to look for answers in more than one place.

Your local Extension Office is a good place to start.

Or feel free to call me at (859) 257-1146 or email me at jeanne.badgett@gmail.com

if you are not sure where to go for information. I can try to help point you in the right direction.



Thimble for Your Thoughts

A Riddle or Joke for You to Enjoy • Answer is on Page 8

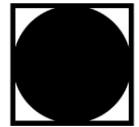


Mike's father had three sons. Tom, Dick, and ?

If you have a Riddle or Joke you'd like to submit for a future issue, email: jeanne.badgett@uky.edu (remember to include the answer)

Symbol Sense

Tumble Dry Heat Settings



No Heat



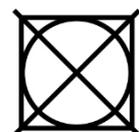
Low Heat



Medium Heat



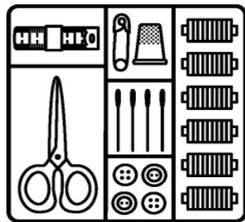
High Heat



Do Not Tumble



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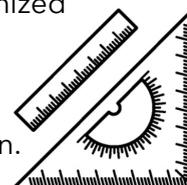


Keeping Things Straight

Tips for a Tidy Sewing or Craft Space

What does it really mean to "tidy" your space or to "get organized"? A simple way to think about it is having "a place for everything and having everything

in its place." But what happens when you start to run out of places to put things, or you just don't feel like putting them back in their place? In the case of your sewing space or craft area, it might be helpful to set physical boundaries that limit the amount of items you keep. Are you laughing now? If you are fortunate enough to have enough space in your home to have an entire room dedicated to your craft, think of that room as the giant "container" for your equipment and supplies. Then use the shelves, bookcases, bins, drawers, cabinets and other storage spaces as ways to set limits for particular items. For example, if you keep your fat quarter bundles on shelves, sorted by color, and you start to run out of space, consider evaluating your inventory first, and possibly donating some fabric first, before you install more shelves. (*Really? Is Jeanne being serious? Ha Ha.*) Or if you have a decent sized bin where you keep all of your zippers and then one day you notice it's overflowing and you can't even find the zipper you are looking for, how about you "let go" of some zippers? I am sure this might seem funny or even unrealistic to some of you who would never consider parting with anything in your sewing room. I completely understand that you would want a lot of items available to foster your creativity or have "just in case." My main point here is that before you start to organize or tidy, look at what you've got first. Is it worth keeping? Is it just taking up space, so you don't have room for something else? Remember sometimes it's "hard to see the forest for the trees." Don't be afraid to let go of old fabric or notions that you know you will never use. (*Again, is Jeanne really being serious?*) Unused items might be making it hard to find or access the things you really love. That's all I'll say about that for now. I am by no means "totally organized" myself, and I have plenty of "untidy" spaces. And what little fabric I do have, I've already become attached to it...afraid to cut it, because I feel certain that I'll use it for a special project "someday"...that will probably never come to fruition. But still - - I could never part with it!



Dorothy Do-Right

The Tradition Continues...

Oh, boy! I've got some big shoes to fill. So many interesting Tips, Tricks, and Teachings. Before Marjorie retired, she did her best to explain to me the history of "Dorothy Do-Right." And even though I never had the pleasure of meeting the original Dorothy, it was clear to me that the tradition of her column means a lot to everyone. Sadly, we learned that Dorothy Schwantes passed away on May 15th. Below is a portion of her Obituary that was posted in the local Georgetown News-Graphic. Thank you to Marjorie for passing this information along.

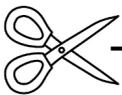
Remembering Dorothy Schwantes

Dorothy will best be remembered for her work with the Scott County Homemaker's Program through the Scott County Extension Office. She served as President of her Homemaker's Club, as the Scott County President and the Bluegrass President of the Homemaker's Program. Dorothy was named along with five ladies to the Steering Committee for the formation of the Kentucky Master Volunteer in Clothing Construction Program. This organization formed a newsletter to communicate with the ever-growing number of persons in this new Program. Dorothy had a major role, which was to write a column named DOROTHY DO-RIGHT; that column remains today. However, she was the exclusive author for many years. The column was designed to focus on helpful sewing hints and reminders such as "Always remember to press as you sew." "Fabrics are a lot like people, each has its own personality." In the years that followed, Dorothy began to be fondly referred to as the "mother" of the Kentucky Master Volunteer in Clothing Construction Program.

Source: http://www.news-graphic.com/obituaries/dorothy-may-haese-schwantes/article_b917112a-9ad6-11ea-8f0b-db0c40c078e5.htm

There is also a touching interview with Dorothy that was recorded just last July. Her interview by Mike Key was part of the Scott County Extension Homemakers Oral History Project. It is in the archives of the Louis B. Nunn Center for Oral History at the University of Kentucky Libraries. You can listen to it here: https://kentuckyoralhistory.org/ark:/16417/xt721wkgkpv7s?fbclid=IwAR0v4SaZLVwrBgjp-R_18M11HIZ7Su0mntTZSVVpU1let8njGSYzPjG3Ezc

The next "Dorothy Do-Right" column will feature clever ways to complete a project when the quantity of fabric you have is just a little bit less than the quantity you need.



On Pins and Needles

Looking Ahead to the Next Newsletter...



- Updates on the October 2020 Training
- Refresher on Who's Who and What's What
- **30 Years of Sharing:** to celebrate 30 Years of the Master Clothing Volunteer Program, please email me, call me, or send a note and briefly describe **what the MCV Program means to you...**

