Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Casey County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to live independently longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** that recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available, and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2013-2014, Family and Consumer Sciences Extension made 7,378 contacts with Casey County individuals and families.

**COOKING MATTERS FOR PARENTS**

The Cooperative Extension Service provided “Cooking Matters for Parents,” a six-lesson series that focused on preparing healthy balanced meals for a family of four for $10 or less and involved kids in the kitchen. Each participant took home the ingredients to make the main dish with their families. Group members went from having little or no involvement of children in the kitchen to active involvement. One participant said, “I have a large family. We have been through a lot this past year. My husband lost his job and I lost mine. My oldest daughter had so many health problems. I wish I had had this class sooner. It’s helped a lot and I plan to take other classes after this.”

**CASEY COUNTY**

Deborah Shepherd, County Extension Agent, Family and Consumer Sciences
Housing has long been recognized as a basic human need. Yet, because housing is often a family’s largest expense and largest debt, it can be a stumbling block for many. Safe, lower-cost housing options are often limited for struggling families, and this can lead them into crisis. Family and Consumer Sciences Extension helps people improve home safety, lessen their environmental footprint, and strengthen financial stability. It also helps communities promote healthy lifestyles throughout the lifespan by supporting strong family home environments. Please tell us ways you think we can do more.

### AVAILABILITY

In 2010, in Casey County, there were…

- 1,415 renter households
- 4,936 homeowner households
- 143 vacant housing units for rent
- 74 vacant housing units for sale

According to the Kentucky Department of Education, in 2012-2013, 15 children were homeless or were precariously housed in Casey County.

**Number of households by housing type* in Casey County (2010)**

<table>
<thead>
<tr>
<th>Housing Type</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Owner Occupied</td>
<td>2,786</td>
</tr>
<tr>
<td>Renter Occupied</td>
<td>1,494</td>
</tr>
</tbody>
</table>

*Estimated percentage of households without a vehicle (2008-2012)

### AFFORDABILITY

According to American Community Survey estimates for Casey County, in 2008-2012…

- 47.4% (+/- 9.6) of renter households paid 35% or more of their income for rent and utilities
- 24.5% (+/- 5.5) of homeowner households with a mortgage and 12.8% (+/- 4.9) of homeowner households without a mortgage paid 35% or more of their income for housing costs
- 52.4% (+/- 3.8) of homeowner households did not have a mortgage
- 25.7% (+/- 3.5) of all housing units were mobile homes

According to the most recent poverty estimates, in 2012, 27.9% (+/- 5.5) of residents in the county were living below poverty.

In 2013, residents needed to earn $10.87 an hour (or work 1.5 jobs at $7.25 an hour**) to afford a two-bedroom apartment at Fair Market Rent in Casey County.

### HEALTH AND SAFETY

In Casey County, it is estimated that in 2008-2012…

- Half of all renter-occupied housing was built before 1970 (+/- 5 years)
- Half of all owner-occupied housing was built before 1980 (+/- 2 years)

According to 2008-2012 American Community Survey estimates in Casey County…

- 5.3% (+/- 1.7) of all households had no landline or cell phone
- 42.4% (+/- 5.3) of workers living in Casey County worked in Kentucky but outside the county and 0.6% (+/- 0.6) worked outside the state
- Half of all workers traveled 27.6 (+/- 2.3) or more minutes to work

### SOURCES:

1. Kentucky Cooperative Extension reporting. FY 2014
2. 2008-2012 American Community Survey 5-Year Estimates, U.S. Census Bureau
3. 2010 Decennial Census, U.S. Census Bureau
4. Kentucky Dept. of Education http://education.ky.gov/federal/progs/hc/States/KY-Dec-2010 (Data for school districts were combined to produce the county total.)
5. Small Area Income and Poverty Estimates, U.S. Census Bureau
6. Out Of Reach 2014. National Low Income Housing Coalition
7. Data refer to housing tenure (owner or renter).
8. ** The current federal minimum wage