



TODD COUNTY

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BUILDING STRONG FAMILIES FOR KENTUCKY 2014



OUR FOCUS

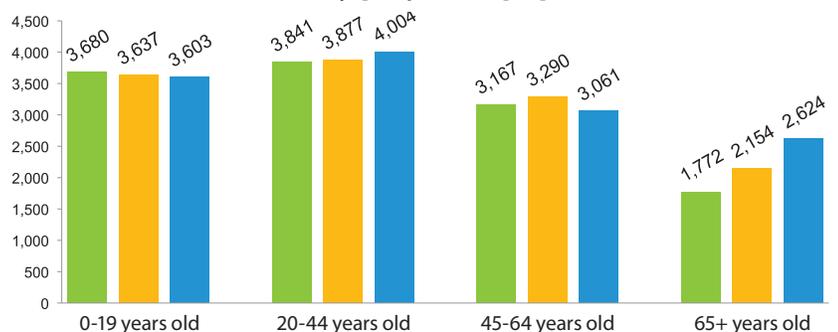
Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Todd County. To help families make wise decisions, our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2012-2013, Family and Consumer Sciences Extension made **11,959** contacts with Todd County individuals and families.²

OUR PEOPLE

Todd County projected population¹



SPOTLIGHT ON ...

FAMILIES LEARN TO PRESERVE FOOD

Preserving food from the family garden enables families to enjoy the taste of home-produced food and control preservatives, pesticides, and allergens in what they eat. The Todd County FCS staff taught two food preservation classes focusing on healthy and safe preservation methods, increasing access to nutritious food, stretching food dollars, and providing food products that are fresh from farm to table. A follow-up evaluation conducted 11 months after the class revealed that 80 percent had preserved an approximate total of 135 cans of food since the class ended. All reported using research based methods and recipes to preserve the food, and 60 percent said they plan to preserve food the following summer.

<http://hes.uky.edu/StrongFamilies>

FAMILY ACCESS

According to the 2007-2011 American Community Survey,³ in Todd County...

- **23.1%** (+/- 5.0) of families with children were below poverty
- **19.4%** (+/- 6.0) of those ages 65 and over were below poverty
- **15.9%** (+/- 3.1) of households had retirement income
- **8.4%** (+/- 2.3) of households had no vehicle

The USDA Food Environment Atlas⁴ indicates that in 2010, Todd County had **896** people, **211** children and **143** seniors with low access to a supermarket or large grocery store.*

In addition, **502** residents had **both** low income **and** low access to stores.

As a result of participating in Todd County Extension programs:²

- **450** people demonstrated an increase in practical living skills.
- **63** people in Stand Up to Falling understand how to reduce the risk of falling.
- **57** people increased leadership knowledge and skills.

COMMUNITY AVAILABILITY

In 2011, Todd County had:

- **5** Grocery stores (any kind)⁵
 - **4** Grocery/supermarkets (except convenience)⁵
 - **1** Convenience store (i.e. food marts – no gas)⁵
- **5** Gasoline stations with convenience stores⁵

In the county, there were:

- **3** Roadside markets that served the county⁶
- **1** Farmers market location⁷
- **8** SNAP** authorized stores (food stamps)⁴
- **3** WIC*** authorized stores⁴

In 2011, there were **\$218,869.06** in SNAP redemptions/per SNAP authorized store in Todd County.⁴

As a result of participating in Todd County Extension programs:²

- **417** people increased knowledge of healthy food consumption.
- **103** people increased knowledge of lifestyle changes to improve personal health.
- **250** people understand the benefits of spending time together in physical activity.

FOOD ASSISTANCE

In Todd County...

- **1,025** was the average monthly number of children who received SNAP** (food stamps) in 2011, up from **796** children in 2007 (**up 28.8%**).⁹
- **60.0%** of students attending public schools were eligible for free or reduced-price meals.⁹
- There were **1,069** SNAP cases and the monthly SNAP benefit level was **\$274.68**.⁸

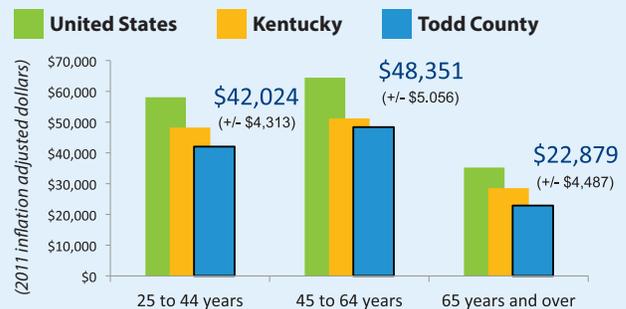
Todd County is served by Feeding America, Kentucky's Heartland of the Ky. Assoc. of Food Banks.¹⁰

As a result of participating in Todd County Extension programs:²

- **50** people adopted practices to increase food access and affordability.
- **1,250** people were reached with information on eating healthy foods.
- **940** youth increased their knowledge of healthy food consumption.

HOUSEHOLD INCOME

Median household income in past 12 months by age of householder in Todd County (2007-2011)³



SOURCES

- ¹ Kentucky State Data Center
- ² Kentucky Cooperative Extension Service Reporting, FY 2013
- ³ 2007-2011 American Community Survey, 5-Year Estimates
- ⁴ USDA, Economic Research Service. <http://www.ers.usda.gov/data-products/food-environment-atlas.aspx>
- ⁵ US Dept of Commerce, County Business Patterns, 2011.
- ⁶ Kentucky Farm Bureau. <https://www.kyfb.com/federation/markets>
- ⁷ Kentucky Dept. of Agriculture Farmer's Market directory. <http://www.kyagr.com/marketing/farmers-market-directory.aspx>
- ⁸ Kentucky Cabinet for Health and Family Services, Data Book, June, 2013. http://chfs.ky.gov/dcbcs/data_book.htm
- ⁹ Kids Count Data Center, KY Youth Advocates.
- ¹⁰ Kentucky Association of Food Banks. <http://www.kafb.org>
- * Low access is defined as more than 10 miles in a rural area and more than 1 mile in an urban area.
- ** Supplemental Nutrition Assistance Program
- *** The Special Supplemental Nutrition Program for Women, Infants and Children