

TAYLOR COUNTY

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2013

BUILDING STRONG FAMILIES FOR KENTUCKY



OUR FOCUS

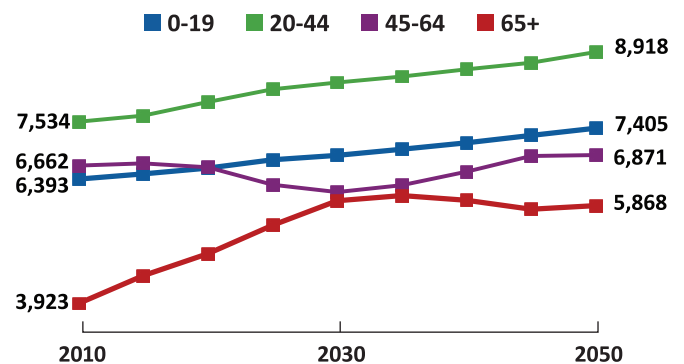
Family and Consumer Sciences Extension is committed to improving the health and well-being of individuals and families in Taylor County. To help families make wise decisions our educational programs focus on:

- **Making Healthy Lifestyle Choices** that influence health and well-being
- **Nurturing Families** as they cope with fewer resources and more demands
- **Embracing Life as We Age** to strive for independence longer
- **Securing Financial Stability** in a turbulent economic period
- **Promoting Healthy Homes and Communities** to recycle, reduce waste, and protect our environment
- **Accessing Nutritious Food** that is affordable, available and safe
- **Empowering Community Leaders** as we all work to sustain and improve our communities

In 2011-2012, Family and Consumer Sciences Extension made **12,649** contacts with Taylor County individuals and families.²

OUR PEOPLE

Population projections by age group for Taylor County¹



SPOTLIGHT ON ...

BECOMING A TRAIL TOWN

Led by the Taylor County Cooperative Extension Service, Taylor County has produced a Second Sunday event each year. The Healthy Living Coalition decided to take the next step beyond awareness by writing and distributing a health survey of public opinion. The coalition has also held a Trail Towns Development Seminar with the director of Adventure Tourism in Kentucky as guest speaker. The assembly of 66 people representing Cooperative Extension Service, schools, city and county government, tourism, business owners, bicyclers, hikers, boaters, Corps of Engineers, state parks, and Kentucky Transportation Cabinet unanimously agreed to apply for the Trail Town designation. Extension health programs on health and fitness have helped bring the concerns to attention and were key to bringing the people together for joint decision making and volunteerism.



OUR FAMILIES

According to the 2010 American Community Survey,³ between 2006 and 2010 it is estimated that in Taylor County:



- **29.7% (+/- 6.1)** families with related children were below poverty
- **13.5% (+/- 4.1)** of those over the age of 65 were below poverty

In addition:

- **22.5% (+/- 2.2)** of those ages 18-64 did not have health insurance in 2010⁴
- **460** children on average received Kentucky Children's Health Insurance Program (KCHIP) benefits in 2010⁵
- **5,383** people received Supplemental Nutrition Assistance Program (SNAP) benefits in 2012⁶

As a result of participating in Taylor County Extension programs:²

- **107** people implemented practices to make food more accessible or affordable.
- **2,629** people increased their knowledge about healthy foods.
- **140** people were reached on the importance of physical activity.

OUR COMMUNITY

In Taylor County:

- **62.0%** of births were to mothers who received early and regular prenatal care in 2009⁷
- **65.0%** of ordered child support was collected in 2011⁸

Of the **22** primary care physicians in Taylor County:⁹

- **36.4%** are family practice
- **9.1%** are pediatricians
- **18.2%** are OB/GYN

As a result of participating in Taylor County Extension programs:²

- **195** people are involved in addressing community issues.
- **65** people experienced a change in knowledge of healthy food safety practices.
- **105** people were able to utilize new decision-making skills for health.

OUR HEALTH

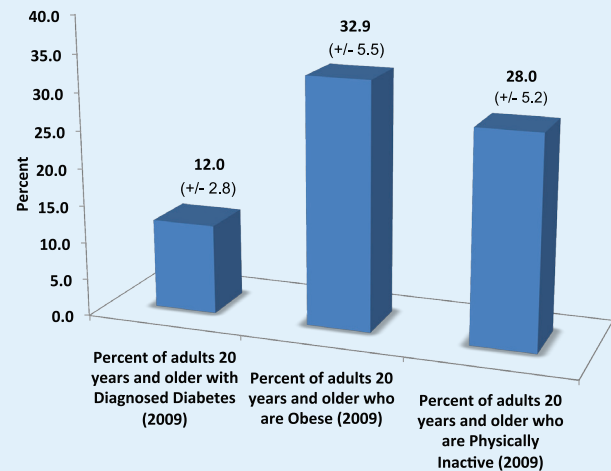
According to Kentucky Health Facts,¹⁰ between 2008 and 2010 in Taylor County:

- **15.8% (9.8 - 24.3)** did not pursue health care due to cost, compared to **18% (17.0 - 18.6)** in the state
- **23.8% (17.0 - 32.3)** of adults reported their health status as less than good, compared to **23% (22.0 - 23.6)** in the state
- **33.4% (25.2 - 42.7)** of adults reported having received a flu vaccine in the past year

As a result of participating in Taylor County Extension programs:²

- **553** people increased knowledge of diet and exercise changes to improve health.
- **139** people implemented personal health protection practices.
- **150** people experienced a change in knowledge of healthy home practices and stress management.

Health Snapshot: Taylor County¹¹



SOURCES

- ¹ Kentucky State Data Center
- ² Kentucky Cooperative Extension Service, Impact Reporting, FY2012
- ³ U.S. Census Bureau, 2010 American Community Survey, 5-Year Estimates
- ⁴ U.S. Census Bureau, Small Area Health Insurance Estimates
- ⁵ Kids Count Data Center, Kentucky Department for Medicaid Services
- ⁶ Kentucky Cabinet for Health and Family Services, Data Book, June 2012
- ⁷ Kids Count Data Center, Kentucky Cabinet for Health and Family Services
- ⁸ Kids Count Data Center, Kentucky Division of Child Support
- ⁹ Kentucky Health Facts, Kentucky Board of Medical Licensure
- ¹⁰ Kentucky Health Facts, Behavioral Risk Factor Surveillance System
- ¹¹ Centers for Disease Control, National Diabetes Surveillance System

<http://hes.uky.edu/StrongFamilies>