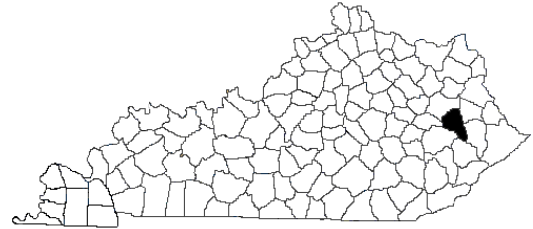


Building Strong Families for Kentucky

..... in Magoffin County

Brooke Jenkins, County Extension Agent,
 Family and Consumer Sciences



Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Magoffin County resulting in strong families for Kentucky. Educational programs focus on:

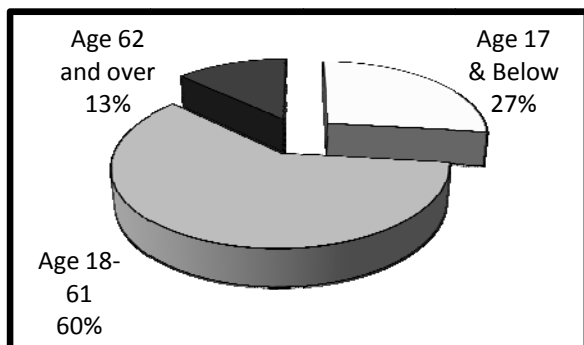
- Making Beneficial Lifestyle Choices***
- Nurturing Families***
- Embracing Life as You Age***
- Securing Financial Stability***
- Promoting Healthy Homes and Communities***
- Accessing Nutritious Food***
- Empowering Community Leaders***

Family and Consumer Sciences Extension made **18,954** contacts with Magoffin County families during 2007-2008.¹

Our People

The 2000 U.S. Census reported total population as **13,332**.² The graph below indicates the percentage by age group.

Figure 1. Population by Age Group² (n=13,332)



Spotlight on . . .

Accessing Nutritious Food



Magoffin County statistics show that approximately 1,000 children go to bed hungry every night. In an effort to provide nutritious foods for hungry children, the FCS agent organized the Backpack Program and the mobile food pantry for our community. One hundred and twenty-three youth from local schools were identified by school personnel to participate in the Backpack Program. School personnel reported that as a direct result of the program: 93% of students looked healthier; 85% of students were more alert and less sleepy; 93% of students attended school more regularly; 77% of students' grades improved; and 63% of students were less aggressive or had fewer mood swings.¹

Our Families

Using data from the 2000 U.S. Census, Magoffin County families can be described as follows:²

- **3,884** families reside in the county.
- **1,210** families (**31.2%**) live below poverty level.
- Median family income is **\$24,031**.
- **135** grandparents are responsible for the care of their grandchildren.

According to the Kentucky Cabinet for Health and Family Services, **4,597** people in Magoffin County receive food stamps. The average family food stamp benefit is **\$197.71** per month.³

In the county, **20** children live in out-of-home care.⁴ In 2004, there were **52** incidents of adult abuse and **134** incidents of child abuse.⁵

As a result of participation in Magoffin County Extension programs:¹

- **50** people increased their knowledge and skills related to parenting and personal relationships.
- **50** adult, dependent, and child care providers increased their care giving knowledge.
- **100** people used safe practices to store, handle, and prepare food.
- **100%** of food stamp recipients or eligible recipients enrolled in the nutrition education program improved their diet.

Our Community

Unemployment rates are a key economic indicator. In September 2008, the rate of unemployment in Magoffin County was **10.9%**. This represented a **14%** increase from the September 2007 level of **9.6%**.⁶

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Magoffin County, **1.46%** of mortgages are 90-days delinquent and **2.81%** of bank cards are 60-days delinquent.⁷ In a six-month period (May through October 2008), **2** foreclosures were filed.⁸

Access to health insurance is another important factor contributing to family well-being. In Magoffin County, **21%** of the people under age 65 are uninsured.⁹

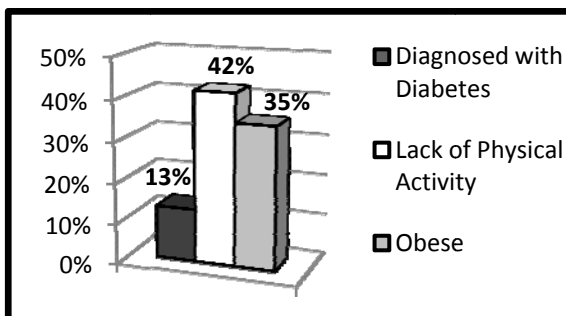
As a result of participation in Magoffin County Extension programs:¹

- **111** citizens enhanced their leadership skills by participating in leadership programs.
- **150** people adopted money management practices to reduce debt and/or increase savings.
- Magoffin County Extension is involved in **31** community coalitions.

Our Health

The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Magoffin County.

Figure 2. Health Risks.⁹



As a result of participation in Magoffin County Extension programs:¹

- **225** people made lifestyle changes to improve physical health.
- **650** people gained knowledge and skills to make lifestyle changes to improve their health.
- **150** people implemented new practices to maintain their health and well-being.

Sources

¹ Kentucky Cooperative Extension Service, Impacting Reporting, FY2008.
² U.S. Bureau of the Census, Census 2000.
³ Kentucky Cabinet for Health and Family Services, Data Book, June 2008.
⁴ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.
⁵ Kentucky Department for Public Health, County Health Priorities, 2004.

⁶ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, September 2008.

⁷ TransUnion LLC., Trend Data, Quarter 1 2008.

⁸ Kentucky Administrative Office of the Courts, November, 2008.

⁹ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.