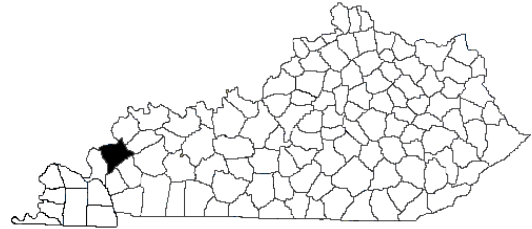


Building Strong Families for Kentucky

..... in Crittenden County

Nancy Hunt, County Extension Agent,
 Family and Consumer Sciences



Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Crittenden County resulting in strong families for Kentucky. Educational programs focus on:

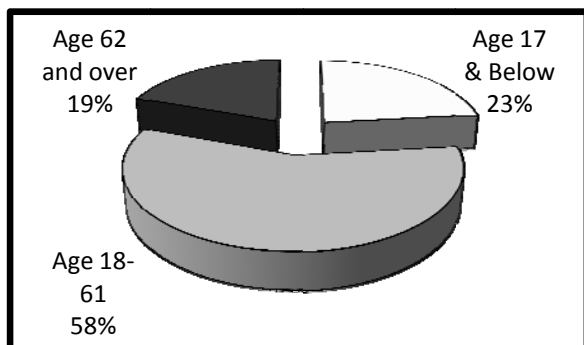
- Making Beneficial Lifestyle Choices***
- Nurturing Families***
- Embracing Life as You Age***
- Securing Financial Stability***
- Promoting Healthy Homes and Communities***
- Accessing Nutritious Food***
- Empowering Community Leaders***

Family and Consumer Sciences Extension made **22,754** contacts with Crittenden County families during 2007-2008.¹

Our People

The 2000 U.S. Census reported total population as **9,384**.² The graph below indicates the percentage by age group.

Figure 1. Population by Age Group² (n=9,384)



Spotlight on . . .

Securing Financial Stability



Everyone is potentially the victim of a scam. The Federal Trade Commission says that even savvy consumers face many fraudulent offers every day. The Consumer Beware lesson, taught by the Crittenden County FCS Agent, reached over 1,500 individuals. All participants reported the program helped them know where to go for help with consumer problems. One individual reported she was in the process of dealing with a credit card company over her number being stolen and the lesson helped her see the right people and know what to do. Four percent of the lesson leaders had used the Attorney General's toll-free number to report consumer problems since the lesson and 73% said they would in the future.¹

Our Families

Using data from the 2000 U.S. Census, Crittenden County families can be described as follows:²

- **2,748** families reside in the county.
- **405 families (14.7%)** live below poverty level.
- Median family income is **\$36,462**.
- **99** grandparents are responsible for the care of their grandchildren.

According to the Kentucky Cabinet for Health and Family Services, **1,114** people in Crittenden County receive food stamps. The average family food stamp benefit is **\$185.41** per month.³

In the county, **7** children live in out-of-home care.⁴ In 2004, there were **33** incidents of adult abuse and **7** incidents of child abuse.⁵

As a result of participation in Crittenden County Extension programs:¹

- **94 %** of food stamp recipients or eligible recipients enrolled in the nutrition education program improved their diet.
- **23** people increased their knowledge and skills related to parenting and personal relationships.
- **13** people adopted money management practices to reduce debt and/or increase savings.
- **45** people used safe practices to store, handle and prepare food.

Our Community

Unemployment rates are a key economic indicator. In September 2008, the rate of unemployment in Crittenden County was **6.4%**. This represented a **19%** increase from the September 2007 level of **5.4%**.⁶

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Crittenden County, 90-day mortgage delinquency rates have increased by **70%** and **1.18%** of bank cards are 60-days delinquent.⁷

Access to health insurance is another important factor contributing to family well-being. In Crittenden County, **15%** of the people under age 65 are uninsured.⁸

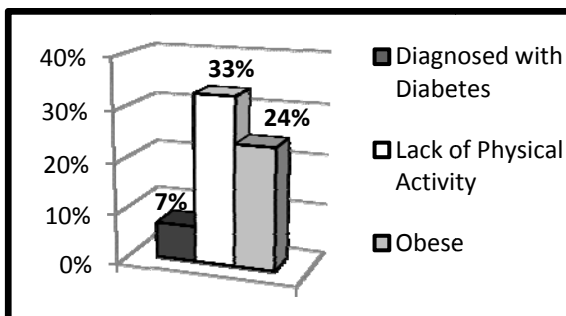
As a result of participation in Crittenden County Extension programs:¹

- **54** people expanded their knowledge of economic development.
- **125** citizens enhanced their leadership skills by participation in leadership programs.
- **54** people were involved in addressing issues of their community.
- Crittenden County Extension is involved in **7** community coalitions.

Our Health

The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Crittenden County.

Figure 2. Health Risks.⁸



As a result of participation in Crittenden County Extension programs:¹

- **20** people implemented new practices to maintain health and well-being.
- **102** people increased their use of radon testers, smoke detectors, fire extinguishers, and other devices to ensure personal safety.
- **57** people gained knowledge and skills to make lifestyle changes to improve their health.

Sources

¹ Kentucky Cooperative Extension Service, Impacting Reporting, FY2008.
² U.S. Bureau of the Census, Census 2000.
³ Kentucky Cabinet for Health and Family Services, Data Book, June 2008.
⁴ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.
⁵ Kentucky Department for Public Health, County Health Priorities, 2004.

⁶ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, September 2008.

⁷ TransUnion LLC., Trend Data, Quarter 1 2008.

⁸ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.