



MGT-SBB.004

Small Electrical Appliances

Leader's Guide

Lesson objectives:

1. Participants will be aware of current trends in small electrical appliances.
2. Participants will be able to make more informed decisions about future small appliance purchases.

Handouts for this lesson:

Leader handouts:

Half-page sketches of small appliances
Trends in appliances (4 sheets)
Baker's Dozen of healthy cooking gadgets

Member handouts:

Small Electric Appliance Buying Guide, UK-CES, August 1993.
Bread Machines (3-page fact sheet), UK-CES, April 1993.

Teaching props:

Slide set on small appliances (63 slides)

“Baker's Dozen of Healthy Cooking Gadgets”:

1. steamer
2. a wok
3. fat-removing gravy pitcher, ladles or strainers

4. cheese grater
5. yogurt funnel
6. pressure cooker
7. blender or food processor
8. nonstick pots, racks, muffin tins, and cake pan
9. fish poacher
10. microwave oven
11. garlic press
12. grill racks with closely spaced holes
13. kitchen scale

Part I. A slide set is provided for introducing leaders to the trends in appliances and to help them visualize the electrical appliances discussed. Half-page sketches of different appliances are provided for the leaders to use at club meetings. Leaders are encouraged to put their notes on the back of these sketches to use in teaching the lesson. Begin the training by showing the slides to the teaching leaders. (approx. time: 50-60 minutes)

At club meetings, leaders will use the half-page sketches to discuss the trends shown in the slide set. Slides will not be used at club meetings.

Part II. Ask leaders to bring the small appliance or gadget that they like most or least. A good way to start discussion about this lesson is to have each leader briefly mention what they liked or didn't like about this appliance or gadget. The teacher can share the "baker's dozen of healthy cooking gadgets" with the leaders. Leaders may decide whether to repeat this idea at club meetings. At club meetings, club members can be encouraged to bring a small appliance or gadget with them to the meeting.

If refreshments are served at the club meeting, try to use small appliances in making and/or serving the food.

Part III. (Optional) If a leader or club member uses a bread machine, she can demonstrate the use of the bread machine to the other club members. Other small appliances can be demonstrated at the meeting.

Part IV. Review the Small Electric Appliance Buying Guide and discuss.