

**Family Emergency Health Information Sheet
 Pandemic Flu**

During an epidemic such as pandemic flu it may be very hard to get medical records for you or your family. Take some time and fill out a brief medical history on each of your family members (including yourself). Store this in a safe place for future reference. Be sure to update as needed. For more information go to <http://www.pandemicflu.gov>

Family Member	Blood Type	Allergies	Past/Current Medical Conditions	Current Medication and Dosage

Emergency Contact Sheet

	Contact Name	Contact Number
Local Emergency		
Doctor's Office		
Hospital		
Mortuary		
Pharmacy		
State Public Health Department		
Employer		
School		
Church		
Veterinarian		

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