



Suggested Readings on Death & Bereavement

T*he books listed below cover a variety of topics that will probably be of interest to you. Many of these resources will be available through local libraries and bookstores. They are written by a wide range of authors, each with his or her own perspective on the subject. Of course, there are many readings on death and bereavement that are not included in the titles below. In addition, new resources are published each year. You will need to decide which books will be most helpful given your particular needs and values.*



Akner, L. & Whitney, C. (1993). **How to Survive the Loss of a Parent: A Guide for Adults.** New York: Morrow.

Allen, M. & Marks, S. (1993). **Miscarriage: Women Sharing from the Heart.** New York: Wiley.

Angel, M. (1987). **The Orphaned Adult.** New York: Human Sciences Press.

Arnold, J. & Gemma, P. (1994). **A Child Dies: A Portrait of Family Grief.** Philadelphia: Charles Press.

Bloomfield, H. (1983). **Making Peace With Your Parents.** New York: Ballantine.

Bluebond-Langner, M. (1978). **The Private Worlds of Dying Children.** Princeton, NJ: Princeton University Press.

Bolton, I. & Mitchell, C. (1984). **My Son, My Son: A Guide to Healing after a Suicide in the Family.** Atlanta: Bolton Press.

Borg, S. & Lasker, J. (1989). **When Pregnancy Fails: Families Coping With Miscarriage, Ectopic Pregnancy, Stillbirth and Infant Death.** New York: Bantam Books.

Bramblett, J. (1991). **When Good-bye Is Forever: Learning To Live Again After the Loss of a Child.** New York: Ballantine Books.

Buckingham, R. (1992). **Among Friends: Hospice Care for the Person With AIDS.** Buffalo, NY: Prometheus Books.

Buckman, R. (1992). **I Don't Know What to Say: How to Help and Support Someone Who Is Dying.** New York: Vintage Books.

Brett, D. (1986). **Annie Stories.** New York: Workman Publishing.

Brothers, J. (1990). **Widowhood.** New York: Simon & Schuster Trade.



- Davidson, G. (1990). **Living with Dying: A Guide for Relatives and Friends**. Minneapolis: Augsburg Fortress Publishers.
- Callanan, M. & Kelly, P. (1992). **Final Gifts: Understanding the Special Awareness, Needs, and Communications of the Dying**. New York: Poseidon Press.
- Campbell, S. & Silverman, P. (1987). **Widower: What Happens When Men Are Left Alone**. New York: Prentice Hall.
- Carr, G. & Carr, G. (1990). **The Fierce Goodbye: Hope In the Wake of Suicide**. Downers Grove, IL: InterVarsity Press.
- Childs-Gowell, E. (1992). **Good Grief Rituals: Tools for Healing**. Barrytown, NY: Station Hill Press.
- Coleman, J. (1993). **Forever Friends: Resolving Grief After the Loss of a Beloved Animal**. Las Vegas, NV: J.C. Taraent Enterprises.
- Colgrove, M., Bloomfield, H. & McWilliams, P. (1991). **How to Survive the Loss of a Love**. Los Angeles: Prelude Press.
- Curry, C. (1993). **When Your Parent Dies: A Concise and Practical Source of Help and Advice for Adults Grieving the Death of a Parent**. Notre Dame, IN: Ave Maria Press.
- Curry, C. (1990). **When Your Spouse Dies: A Concise and Practical Source of Help and Advice**. Notre Dame, IN: Ave Maria Press.
- DeFrain, J. (1991). **Sudden Infant Death: Enduring the Loss**. Lexington, MA: Lexington Books.
- DeFrain, J., Martens, L., Stork, J., & Stork, W. (1986). **Stillborn: The Invisible Death**. Lexington, MA: Lexington Books.
- Enroth, C. (1990). **If There's Anything I Can Do: A Practical Guide for Helping Others Cope With Grief**. Spokane, WA: Marciel.
- Feinberg, L. (1994). **I'm Grieving As Fast As I Can: How Young Widows and Widowers Can Cope and Heal**. Far Hills, NJ: New Horizon Press.
- Feinstein, D. & Mayo, P. (1993). **Mortal Acts: Eighteen Empowering Rituals for Confronting Death**. San Francisco: Harper San Francisco.
- Fitzgerald, H. (1994). **The Mourning Handbook**. New York: Simon and Schuster.
- Flynn, E. (1990). **Hard Decisions: Foregoing and Withdrawing Artificial Nutrition and Hydration**. Kansas City, MO: Sheed and Ward.
- Froman, P. (1992). **After You Say Goodbye: When Someone You Love Dies of AIDS**. San Francisco: Chronicle Books.
- Goldman, L. (1994). **Life & Loss: A Guide to Help Grieving Children**. Muncie, IN: Accelerated Development.
- Gootman, M. (1994). **When a Friend Dies: A Book for Teens About Grieving and Healing**. Minneapolis, MN: Free Spirit.
- Grollman, E. (1987). **Time Remembered: A Journal for Survivors**. Boston: Beacon Press.
- Grollman, E. (1993). **Straight Talk About Death for Teenagers: How To Cope With Losing Someone You Love**. Boston: Beacon Press.
- Guntzelman, J. (1994). **Blessed Grieving: Reflections on Life's Losses**. Winona, MN: St. Mary's Press.
- Hartnett, J. (1993). **Different Losses, Different Issues: What to Expect and How to Help**. South Burlington, VT: Good Mourning.
- Hartnett, J. (1993). **The Funeral: An Endangered Tradition: Making Sense of the Final Farewell**. South Burlington, VT: Good Mourning.
- Hayslip, B. (1993). **Helping Older Adults Cope with Loss**. Dallas: TLC Group.
- Jacobsen, G. (1990). **Write Grief: How to Transform Loss with Writing**. Menomonee Falls, WI: McCormick & Schilling.
- Kennedy, A. (1991). **Losing a Parent: Passage to a New Way of Living**. San Francisco: Harper.
- Kramer, K. (1988). **The Sacred Art of Dying: How World Religions Understand Death**. New York: Paulist Press.
- Kubler-Ross, E. (1969). **On Death and Dying**. New York: Macmillan.
- Kubler-Ross, E. (1975). **Death—The Final Stage of Growth**. New York: Prentice Hall.

- Kubler-Ross, E. (1982). **Living With Death and Dying**. New York: Macmillan.
- Kubler-Ross, E. (1983). **On Children and Death**. New York: Macmillan.
- Kubler-Ross, E. (1991). **On Life after Death**. Berkeley, CA: Celestial Arts.
- Kushner, H. (1981). **When Bad Things Happen to Good People**. New York: Schocken Books.
- Larson, D. (1993). **The Healer's Journey: Working With People Facing Grief, Loss, and Life-Threatening Illness**. Champaign, IL: Research Press.
- Lewis, C. (1963). **A Grief Observed**. Greenwich, CT: Seabury Press.
- Levine, S. (1982). **Who Dies? An Investigation into Conscious Living and Conscious Dying**. New York: Doubleday.
- Lord, J. (1987). **No Time For Goodbyes: Coping with Sorrow, Anger and Injustice after a Tragic Death**. Ventura, CA: Pathfinder Publishing.
- Manning, D. (1984). **Don't Take My Grief Away: What to Do When You Lose a Loved One**. San Francisco: Harper San Francisco.
- Montgomery, M. & Montgomery, H. (1991). **Good-bye My Friend: Grieving the Loss of a Pet**. Minneapolis: Montgomery Press.
- Moody, R. (1975). **Life after Life**. New York: Bantam.
- Miller, J. (1993). **Healing Our Losses: A Journal for Working Through Your Grief**. San Jose, CA: Resource Publications.
- Osis, K. & Haraldsson, E. (1977). **At the Hour of Death**. New York: Avon Publishers.
- Rando, T. (1988). **Grieving: How to Go On Living When Someone You Love Dies**. Lexington, MA: Lexington Books.
- Ring, K. (1984). **Heading Toward Omega**. New York: William Morrow.
- Robinson, R. (1989). **Survivors of Suicide**. Santa Monica, CA: IBS Press.
- Rosof, B. (1994). **The Worst Loss: How Families Heal From the Death of a Child**. New York: Henry Holt.
- Rupp, J. (1988). **Praying Our Goodbyes**. Notre Dame, IN: Ave Maria Press.
- Selder, F. (1994). **Enduring Grief: Intimate Stories of Loss**. Philadelphia: Charles Press.
- Shannon, T. & Faso, C. (1987). **Let Them Go Free**. Kansas City, MO: Sheed and Ward.
- Stearns, A. (1984). **Living Through Personal Crisis**. Chicago: Thomas More Press.
- Temes, R. (1992). **Living with an Empty Chair: A Guide Through Grief**. New York: New Horizon Press.
- Veninga, R. (1986). **Gift of Hope: How We Survive Our Tragedies**. New York: Ballantine Books.
- Ward, B. (1993). **Good Grief: Exploring Feelings, Loss, and Death with Over Elevens and Adults: A Holistic Approach**. Philadelphia: Jessica Kingsley Publishers.
- Ward, B. (1993). **Good Grief: Exploring Feelings, Loss, and Death with Under Elevens: A Holistic Approach**. Philadelphia: Jessica Kingsley Publishers.
- Wolfelt, A. (1988). **Death and Grief: A Guide for Clergy**. Muncie, IN: Accelerated Development.
- Wolfelt, A. (1983). **Helping Children Cope with Grief**. Muncie, IN: Accelerated Development.
- Wolfelt, A. (1992). **Understanding Grief: Helping Yourself Heal**. Muncie, IN: Accelerated Development.
- Wyle, B. (1991). **Beginnings: A Book for Widows**. New Brunswick, NJ: Transaction Pubs.
- Zunin, L. & Zunin S. (1991). **The Art of Condolence: What to Write, What to Say, What to Do At a Time of Loss**. New York: Harper Collins.



BOOKS FOR YOUNG CHILDREN

Alderman, L. (1989). **Why Did Daddy Die?** New York: Pocket/Simon & Schuster.

Carson, J. (1992). **You Hold Me and I'll Hold You.** New York: General Offset Company.

Clifton, L. (1983). **Everett Anderson's Good-bye.** New York: Holt, Rinehart & Winston.

Douglas, E. (1990). **Rachel and the Upside Down Heart.** Los Angeles: Price Stern Sloan.

Jordan, M. (1989). **Losing Uncle Tim.** Niles, IL: Albert Whitman.

Kroll, V. (1992). **Helen the Fish.** Morton Grove, IL: Albert Whitman & Company.

Mellonie, B. & Ingpen, R. (1983). **Lifetimes.** New York: Bantam Books.

Pank, R. (1991). **Under the Blackberries.** New York: Scholastic.

Sanford, D. (1986). **It Must Hurt a Lot.** Portland, OR: Multomah Press.

Stein, S. (1974). **About Dying: An Open Family Book For Parents and Children Together.** New York: Walker.

Stiles, N. (1984). **I'll Miss You Mr. Hooper.** New York: Random House.

Thomas, J. (1988). **Saying Good-bye to Grandma.** New York: Clarion Books.

This list was compiled from an array of sources. Among these are Patricia Zalaznik's *Bibliography on Grief*; Pauline Hunter's *Grief Resolution Reference List*; Ann Arbor, MI Compassion Book Service; Linnemann Funeral Home, Erlanger, KY; and a 1992 *Kaleidoscope* article by S. Quick, D. Quick, K. Boyd and S. Brown.

If you are interested in a more in-depth and regularly updated list of readings, one excellent source is *Bibliography on Grief: Your Guide to the Right Resources to Cope With Loss and Death*, by certified death educator Patricia Zalaznik, M.A., 15655 40th Avenue—North, Minneapolis, MN 55446, (612) 557-0272.

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