



SILVER THREADS FOR THE GOLDEN YEARS

Wardrobe Tips for Men

- ✧ Select clothes that make the most of your appearance. Pleated trousers distract from a large stomach. Sufficient shoulder padding in jackets and coats can help conceal a less-erect posture.
- ✧ Trousers with elasticized waistband sections will stay in place for individuals on the move.
- ✧ For a slenderizing effect, choose coats or jackets with medium length or longer lapels; semi-fitted or traditional styling rather than tapered trousers; solid or vertically patterned fabrics; medium-width ties with slender knots.
- ✧ To broaden a slender physique, select wider lapels of medium length; double-breasted jackets; patch or flap-style pockets; patterns such as plaid, checks, and herringbones; wide ties with wide knots or bow ties; coordinated fabric or knit vests.

Changes to Hair Color or Hairline

- ✧ Growing hair on your face does not compensate for hair loss on the top of your head; rather, it generally calls attention to baldness. Letting the hair grow long on one side to comb across a balding head also calls attention to the situation.
- ✧ If you happen to be one of those men who became bald, consider it the luck of the draw. Surveys show that women are charmed by men who are bald! If you are uncomfortable with baldness, consider getting a hairpiece. A good stylist will blend your hair with the hairpiece to give you a natural appearance.
- ✧ Update hairstyle as hairline begins to change.
- ✧ Complement gray or white hair by wearing dark blue, blue-gray and black suits. Choose light tones of blue, green, pink, or white for dress shirts. Avoid browns. Select ties with bright colors which express your personality and enhance your outfit.



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