# University of Kentucky – College of Agriculture

# KENTUCKY

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### MASTER

CLOTHING VOLUNTEER PROGRAM



"extending clothing knowledge and skills"

http://www.ca.uky.ed u/fcs/MVP/index.html

> July 2007 Newsletter

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It's county fair time! If you are like me you look forward to this exciting time. County fair is great for keeping us inspired. It gives us a chance to see what others have been working on and creating over the past year. It gives us a chance to collect your own creations and marvel at all that we have accomplished over the past year. That is, if you haven't given it all away as gifts! And if you work with 4-H'ers, isn't it wonderful to see them show off the skills they have learned? County Fair can be a lot of work, too. Many of us are actively involved with checking in, judging, and setting up displays. As I write this, I have just returned from doing just that in my own county. There was one exhibit that caught my eye. It was a beautiful quilt with silk ribbon embroidery embellishment and it had been awarded the "Best of Show" for household furnishings. I had to examine it. I found that the label on the backside was even embellished with ribbon embroidery. The creator had paid a lot of attention to detail and left a blank for naming its future recipient. From the looks of it, there must be a baby on the way. I hope that each of you will get to experience the joy of a county fair this summer.

October will be here before we know it. Contact agents will be forwarding fall training registration forms to you shortly. Remember, space is limited so get your registrations in early for your best shot at getting the classes you want. Look for a listing of classes further on in this newsletter.

Have a great summer! Marjorie M. Baker

Marjorie M. Baker, M.S. Extension Associate for Clothing and Textiles

# **Fall Training Schedule**

Class descriptions and schedule are available on the MCV Web site: <u>http://www.ca.uky.edu/fcs/MVP/Class\_descriptions\_2007.pdf</u>

Registration forms are available through your contact agent.

Everyone is invited to join Karen Maslowski, author and nationally known speaker, for two classes: *Fabric Royalty* and *Secrets of Pattern Drafting Software*. Karen promises to have lots of handouts and resources to share with us. Also, our own Sheila Fawbush will lead us in a class on *Sewing Fitness and Body Recall*.

#### **Class Opportunities for CMCVs**

- Serger Sampler Pillow
- Intro to Felting Wool
- Sewing Skill-a-thon
- Mae West Sewing Vest
- Couture Techniques, Loops and Fasteners
- Advanced English Smocking
- Everyone Isn't a Size 9! The LBD (Little Black Dress)
- Flat Pattern Design (with pencil and paper)
- Altering Ready-to-Wear

#### **Class of 2006 Opportunities:**

- Advanced Seams and Seam Finishes
- Serger Techniques Beyond the Basics
- Intro to Sewing Knit Fabrics
- Zippers Invisible and Fly
- Handling Bulk (review)
- Teaching Techniques

Once again we will be having a silent auction. Everyone is encouraged to bring items for sale and to purchase items that others bring.

Area demonstrations will be conducted on Thursday evening in the dining hall. This was done in a round table fashion two years ago and will be done the same way this year. Work with your fellow MCVs to prepare a project to share with others so that everyone goes home with some new ideas.

### Pattern Master Boutique Software Training

For those of you that want to learn more about using Wild Ginger's software, an inservice training will be offered October 15 and 16, at the Leadership Center prior to the mid-rotation training. A portion of this training will be devoted to using the *Pattern Editor* feature of the program for design changes and other projects. This software can be used to design more than just clothes! This training is open to Master Clothing Volunteers and agents. Space is limited. If Master Clothing Volunteers are interested, please indicate so on your mid-rotation registration form.

## INTERFACING

#### COOLIES FOR SOLDIERS

Jefferson County 4-H'ers and the Louisville area Master Clothing Volunteers have been busy since last November with workshops making neck coolies for the troops in Iraq. Neck coolies



are fabric tubes filled with special water absorbing beads that provide a cooling comfort to the neck in hot temperatures. "Digital army camouflage" fabric that matches the soldier's uniforms was used. With temperatures over the 100 degree mark, the coolies have been a welcomed gift. A total of 543 coolies were sent to Baghdad in May. Great work ladies!

If your area has been involved with projects that reach outside your areas, please submit your information to appear in this column.

# SPOTLIGHT



Ann Beard CMV Taylor County, Class of 2000

The highlight of my year is going to Jabez to sew, socialize, renew old friendships and make new ones. This may seem strange to some, but to the chosen, we understand. Becoming a Certified Master Clothing Volunteer was so important to me. Being graded and checked was a little nerve-racking, but still important to me. It was interesting to see where I fit in and how I measured up with all the other sewers.

I have sewn since I was very young. Mom taught us how to use the needle and thread, sewing scraps of material together to make guilts. My first experience with an electric sewing machine was a good one. I borrowed my neighbor's portable sewing machine and then I wanted one of my own, but with no means of getting one. However, Daddy had given each of the girls a heifer calf to raise to make a little money. A sewing machine salesman came by with a portable Brother sewing machine for \$75.00. I didn't have \$75.00. but I did have the calf. We made the trade with Daddy's help and I was one happy sewer. That summer, I sewed all sorts of clothing. I used the sewing machine until I traded it on my first Singer sewing machine in its own cabinet.

Four years of home economics further instilled the love of sewing. The first day of class for Master Clothing, I discovered that my former high school home economics teacher, Anglee Smith, was a CMV. My sewing had made a full circle.

One of the most important sewing projects was for my daughter Paula's wedding. I made her wedding dress and the bridesmaids, maid of honor, and flower girl's dresses. But, I ran out of time and had to purchase my dress. During her school years, I made most of her clothing which included her prom dresses.

Participating in Master Clothing gives me inspiration to be bold and go forth and sew. However, time constraints and procrastination is part of my downfall and I don't sew as much as I used to. Teaching young people to sew and to love it is well worth the effort.

Thank you Ann, for sharing your story with all of us.

## Special Thanks!

The 4-H Fashion Revue was held during Teen Conference in June. The following CMVs served as judges: Patti Bridge, Greta Nichols, and Coetta Combs. Thank you to these ladies and to the many Master Clothing

Volunteers across the state who teach the 4-H youth sewing skills throughout the year.



## **State Fair Judges**

A list is being compiled of interested CMVs for judging the 4-H Sewing Skill-a-thon and the Sewing and Needlework projects at the State Fair. Anyone interested should let Marjorie Baker know ASAP so this information can be relayed to the superintendent.

## °DOROTHY DO RIGHT°

### A SEWING KIT TO START THE SCHOOL YEAR

Do you have a son, daughter, or grandchild heading off to college in the fall? Everyone, male and female alike, who is responsible for the care and maintenance of their clothing needs at least a basic mending kit. Why not fix the student up with a handy sewing kit to take with them. Items may be assembled in a small zippered bag or plastic storage box.

#### **Basic Sewing Kit**

- Hand needles package of assorted sizes (3/9)
- Pins stainless steel
- Safety pins assorted sizes
- Scissors
- Liquid fray preventer found at notion counter in fabric store.
- Thread white or beige: black, brown or navy to match the basic color of the wardrobe; medium shade of gray or other color similar to colors in wardrobe.
- Assorted snaps, hooks and eyes
- Seam gauge or small 6-inch ruler
- Seam ripper
- Needle threader
- Fusible bonding web
- Pin cushion
- Iron-on mending tape
- Assorted buttons

Hopefully with the right equipment and a little coaching, you won't be seeing the repairs come home for you to do!



## JUST SEW YOU KNOW

## Come Sew With Us Sewing Smorgasbord

2007

Come celebrate National



Home Sewing Month by relaxing at Greenbo Lake State Park, September 11 to 13, 2007. This event will be hosted by the Northeast Area Master Volunteers in Clothing Construction. A variety of classes will be conducted to include beginners through advanced. Classes will be taught by Cooperative Extension professionals, professionals in business and master volunteers. Some of the classes to be offered are: Hobo Handbag; Cut Work Sweatshirt Jacket: Quilted Christmas Table Runner: Snowman Placemats: Wallet & Coin Purse: Cording on a Pillow: Making Pillowcases; Tatting Techniques I and II; Fat Quarter Serger Jacket; Making A Simple Apron; English Paper Piecing – Dresden Plate; Quarter Square Triangles; Creating Fashionable Luggage; Braided Quick Step Quilt and Watercolor Heart Wall hanging.

In addition to classes a number of vendors will be available for your sewing needs.

Evening tours to local shops can be arranged. Registration due by August 15. For more information, contact your county FCS agent or the Greenup County CES office at (606)473-9881.

### 12 Month Report due August 1

According to the new guidelines introduced at the fall training, a 12 month report is due August 1. This report should reflect the work you have done since your last report. (August 1 - July 31). If you need copy of the new report form, you may print one from the Master Clothing Volunteer Web site. The new guidelines are also there. **No reports** using the old forms will be accepted. Good news the new forms can be filled out on the computer.

http://www.ca.uky.edu/fcs/MVP/forms.html

# Make It Yourself with Wool Contest

Application forms are available from Dorothy Vale, state director. Contact her



at <u>valerdv@aol.com</u>. Don't know if your piece of wool is at least 60 percent wool? Dorothy can get your wool tested. Send her a swatch before you make your outfit. Entries are due October 1 to Dorothy Vale. The state competition will be held October 28 in Winchester at the Clark County Extension Office. Please encourage youth in your counties to participate. There are three age divisions for youth, Preteen, Junior (13-16), and Senior (17-24); as well as the adult division.

## FUN FIBER FACTS \$\$\$\$\$

According to the Bureau of Engraving and Printing, paper currency is composed of 75 percent cotton and 25 percent linen. Red and blue synthetic fibers of various lengths are distributed evenly throughout the paper. Prior to World War I the fibers were made of silk. But did you know you can make a shirt from a dollar bill?



Here's a clever way to entertain the kids this summer. For folding instructions and other cotton related games, go to: <u>http://www.accesscotton.com/Lifestyle/Co</u> <u>ttonDollarShirt/</u>



#### **Calendar of Events**

July 18 MCV Steering Committee, Fayette County Extension Office

**July 19-21** National Volunteer Outreach Network (NVON), Lexington, KY. "Gifts from the Heart," Purchase Area MCVs

July 26 Princeton Field Day

August 13-14 Kentucky State Fair 4-H Judging

August 25 Kentucky State Fair 4-H Sewing Skill-a-thon

September 11-13 Come Sew with Us, Greenbo Lake State Park

**October 15-16** Pattern Master Boutique Training, KY Leadership Center, Jabez

**October 17-19** Mid-rotation Training, KY Leadership Center, Jabez

**October 27** Kentucky Make it With Wool Contest, Clark County Extension Office

**November 28** 4-H Sewing Project inservice training, Princeton Education and Research Center

**November 30** 4-H Sewing Project inservice training, Scott County Extension Center