



University of Kentucky  
College of Agriculture,  
Food and Environment  
Cooperative Extension Service

# KENTUCKY

## MASTER

## CLOTHING

## VOLUNTEER

## PROGRAM

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Newsletter

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### CLOTHING and TEXTILES PROGRAM

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## *Bobbin' along with Marjorie*

I'm writing this today with a thankful heart. I'm thankful for the friendships and support that the Master Clothing Volunteer Program has afforded me over the past 13 years. It's hard to believe I've been the state coordinator that long. I'm saddened by the loss of valued members as they get old and pass away. But I'm delighted that we continue to add new volunteers and build leaders across the state.

Join me in thanking Loretta Haley and Wanda Teagarden for serving on the MCV Steering committee for the past three years. I appreciate their willingness to help plan and teach for the fall trainings. With that being said, We're looking for two more qualified people to fill the Certified Master Clothing Volunteer spots. Please see more information and application at the end of this newsletter.

Thank you to the 87 people that completed the evaluation survey following the 2017 Mid-rotation training. Everyone had such positive comments. The responses overwhelming reflected that you learned more about garment fitting, which is of course what our intent was this year. Even though you may not sew for others, your mission in this program is to teach others to sew for themselves. Knowing how to fit a pattern is fundamental to this process. Many people have given up sewing for themselves because they simply do not understand how to make the pattern fit their unique body. It is a rare person that can make something exactly from the pattern resulting in a proper and comfortable fit.

The holidays are quickly approaching. For the first time, ever, my grandchildren will be at my house for Christmas. Many of you know that my oldest son moved his family to Japan earlier this year. I've not seen them since the end of March. I've got several sewing projects in mind to get done before they arrive, not to mention baking and wrapping gifts to go under the tree. With the hustle and bustle of the season, I hope everyone will take time to appreciate the time we have with our friends and family.

Happy Holidays!

*Marjorie M. Baker*

Marjorie M. Baker, M.S.  
Extension Associate for Clothing and Textiles



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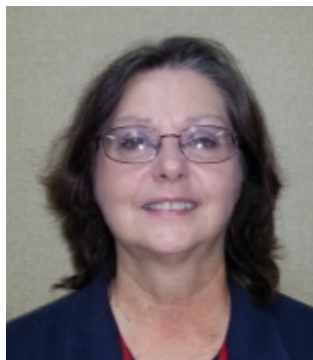
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LEXINGTON, KY 40546



Disabilities  
accommodated  
with prior notification.

## SPOTLIGHT



**Jo Ann Smith**  
**CMCV Fayette County**  
**Class of 2014**

I want to share with you some of the best things I have enjoyed about being a Kentucky Master Clothing Volunteer and the opportunities that have come my way.

Being a MCV, has given me the opportunity to make many new friends, work with some great kids in the 4-H program, and the training at Jabez has helped to improve my sewing skills and my self-confidence.

At one of the Jabez training sessions, I learned about classes for flat pattern drafting at Eastern Kentucky University. After further investigation, I started taking one class a semester. I then found out about the certificate program for Apparel Design and Merchandising. I have one more class to finish before I earn my certification.

For one of the classes we were asked to design a garment for the spring 2017 Lions Club 20/20 Vision Fashion Show. The challenge was to include eye glass lenses in every design. My design was a gown with a peacock feather skirt. I glued lenses on the eye of the feathers that bordered the skirt hem. Josie Psimer was the model. (See photo)



In January, 2018, I have the opportunity to study abroad in Florence, Italy. I'm so excited and can't wait for the adventure to begin. I've already started packing and learning Italian (well, listening to the CDs anyway) and picking up some of it. We will be learning about the Italian culture, visiting Rome, museums, a vineyard, fabric shops, fashion show, taking a cooking class, and so much more. I am looking forward to checking out the fabric shops – I hope I have room in the suitcase for all the fabrics I can't live without.

## *In Remembrance*

### **Mary Jean Grief**

departed her earthly home on February 2, 2017. Mary Jean was a member of the Class of 1996. She served on the MCV Steering committee from 2004-2007 and was an active volunteer in her community and the Purchase area for many years. She became an Emeritus Master Clothing Volunteer in 2010. Diagnosed with Parkinson's disease, Mary Jean continued to be involved as long as she could. She was 80 years old at the time of her death. I will always remember her as a gracious and talented lady with a beautiful smile.



## **Kentucky Make it With Wool Contest**



**Congratulations** to Julie Donahue, Owen County CMCV on winning the adult

division for the 2017 Kentucky Make it with Wool Contest. The contest was held October 7 in Bowling Green.

Pictured above, from left to right: Senior division winner - Anna Arthur, Cynthiana, Junior division winner - Molly Eby, Bloomfield (Marion Mulligan, CMCV is her sewing teacher) Adult division winner Julie Donahue, Sparta; Adult division runner-up Patti Bridge, Georgetown. Ruth Moyers, Warren County CMVC served as one of the judges for this year's contest. Julie will submit her ensemble and a video for the 2018 national competition which will be held January 29-31 in San Antonio, TX. Molly and Anna will represent Kentucky in the Junior and Senior divisions.

Those of you that work with youth, please encourage them to sew with wool and enter the MIWW contest next fall. The fabric must be at least 60% wool.

Kentucky is currently looking for someone to take over being the state director. Dorothy Vale has been the volunteer director for the past 20 years. Please contact Dorothy if you are interested at [kymiww@aol.com](mailto:kymiww@aol.com).





## 2017 Statewide Mid-rotation Training in Review



**Community Service Project** – Laura Dennison displays Kangaroo Keepers for the University of Kentucky Neonatal Intensive Care Unit. We completed 60 pieces for the hospital. Thank you to all that helped.

### Quotes from the online evaluation:

*"This program has greatly improved my life and my sewing and teaching skills. As a child and until my first semester of college, I planned to become a teacher -- college class totally turned me off to that idea. And now many years later, I confidently say that I AM a teacher - a SEWING teacher! Without MCV program, I would not have known what I was missing. I love teaching both children AND adults! I visited my sister recently. While helping her do a few alterations on a very unfamiliar to me sewing machine, I kept giving her suggestions of better ways to accomplish various sewing tasks. As we worked together she said she had learned so much from me! The knowledge came from this program!"*

*"The benefits of attending the 2017 MCV Training were certainly worth using my fall break to participate. Knits are no longer an obstacle, but something I jump into enthusiastically and share with others in the same fashion."*

*"Great program. I've learned so much since I have been attending this program. It is so much fun, and you meet and have so many*

*friends. I've learned to sew clothes as if you had bought the garment in a store. This program is so beneficial in so many ways. I love it."*

*"I want to sew for myself. The training provided the knowledge base to sew clothes that fit me. I really liked the speaker's suggestion that when you are teaching sewing, you should be wearing something that you made for yourself. I was so ready to quit Master Clothing Volunteers until there was an emphasis on how to sew clothes that fit."*



Pants fittings by Susan Kipp



Squared Away – 4-H quilting Projects

# INTERFACING

## *2017 Reports*

### *Green River*

**Brenda Pinkston** reported that she planned and taught a “Magic Knit Top” class. Participants took their measurements to create a one piece pattern. They decided whether they wanted a long or short hem length, sleeve bands or waistband and neck binding width. The pattern was drawn on paper and double checked for correct measurements. Pattern was then placed onto a stretchy knit, placing the shoulder line on the crosswise fold of the fabric. Bands were cut for neckband sleeves. They began to sew. Everyone was excited to only have 5 seams and a hem to sew. When they were done they had a stretchy loose and long top made just for them.

### *Lincoln Trail*

**Anne Rae Wright** reports that their Stitchin’ Time 4-H Sewing Club will hold December workshops at the Nelson County Extension Office on the 2<sup>nd</sup> Saturday in December. On that same Saturday, the Civic Center next door also has their holiday bazaar where local crafts are sold. Some of the vendors include 4-Hers who are from the 4-H Means Business Club so the members

can sell their creations. Office sewing machines are used during the workshop time to make creations for the holidays. They sign Christmas cards that were created in their 4-H Holiday Card contest. The cards are to be delivered to one of the local nursing homes for the residents. To add to this, members bring and donate a multitude of toiletries and personal items to be distributed to the nursing home residents. Secret Santa gifts are exchanged and following a light lunch, they go off to the nursing homes to entertain staff and residents with caroling and to deliver their cards and gifts. It is a very special day for leaders, parents, members, and especially the nursing home residents.

**Judy Greenwell** reports that her beginning 4-H sewing group made 6 pillowcases that were donated to Camp Courageous in Scottsville. They used the magic pillowcase instructions. The intermediate 4-H sewing group transformed the fabric stash that was donated to them from a local 96-year old quilter who had retired from quilting, to design, sew, and quilt a twin size quilt. They plan to enter the quilt in the Larue County Fair and Lincoln Day quilt contest then donate it to Project Linus.

### *Louisville*

**Sandy Davis** reported the Sew What! Community sewing group continues to meet monthly at the Jeffersontown public library, January through November, to learn new and challenging sewing techniques and projects in addition to doing community service sewing projects.

**Kathleen Demuth**, co- leader, has taken on more of the teaching responsibilities. The group has experienced some growth during the first half of 2017, which is quite encouraging. One new member even taught the community service project in February. This group, since 2011, has sewn and delivered a total of 2,494 cough pillows, 43 T-shirt dresses, 1000 pillowcases, 42 toiletry bags, 20 receiving blankets, 77 preemie burial gowns, 1900 comfort caps, 17 project Linus quilts and 15 doll dresses.

✓ **DOROTHY DO RIGHT** ✓

### Rotary Cutting Safety Tips:

1. Keep the safety shield closed at all times when cutter is not in use.
2. Always use a rotary cutting mat and ruler when cutting fabric.
3. Always stand when rotary cutting and cut away from your body.
4. Keep your fingers away from the ruler edge, wear a protective glove.
5. Steady the ruler by holding your little finger off the edge of the ruler on the opposite side of the cutting edge.
6. Store rotary blades in a safe place and handle with care.
7. Dispose dull blades with care – wrap and tape blade in layers of paper or cardboard or in the original packaging.



### Calendar of Events



**January 16 – 20** *Jabez Quilt Seminar*, Lake Cumberland 4-H Educational Center  
<https://www.facebook.com/jabezquiltseminar/>

**February 9 – 10** *4-H Volunteer Leader Forum*, Hyatt Regency, Lexington

**April 9 – 11** *It's Sew Fine Sewing Expo for Home and Family*, General Butler State Resort Park  
<https://www.facebook.com/itssewfine/>

**October 22-25** Session I Statewide MCV Training, Lake Cumberland 4-H Educational Center

**October 23-26** Session II Statewide and Class of 2018 Training, Lake Cumberland 4-H Educational Center





## Coin Purse with Gusset

Supplies: 8" x 10" piece of fabric for purse  
8" x 10" piece of fabric for lining  
16" x 10 piece of fusible interfacing  
1 gripper style snap  
Thread to match  
Hand sewing needle  
Sewing machine



Using pattern provided, cut one each from the purse and lining fabrics, cut two from the fusible interfacing.

### Instructions:

1. Trim seam allowances from the fusible interfacing. Center interfacing with fusible side to the wrong side of the purse and lining pieces. Fuse interfacing according to interfacing instructions.
2. With right sides together, sew the lining and purse pieces together, starting at one dot and stopping at the second dot, creating an opening for turning.
3. Clip corners and notch curves as needed. Turn purse right side out. Press.



4. Edge stitch around the entire outer edge, securing the opening as you sew.



5. Fold side along fold line A with lining fabric together. Fold back along fold line B with purse fabric together. Stitch close to the edge of fold line B through the lining and purse fabrics. Repeat for the second side. This creates a permanent fold for the purse gusset.

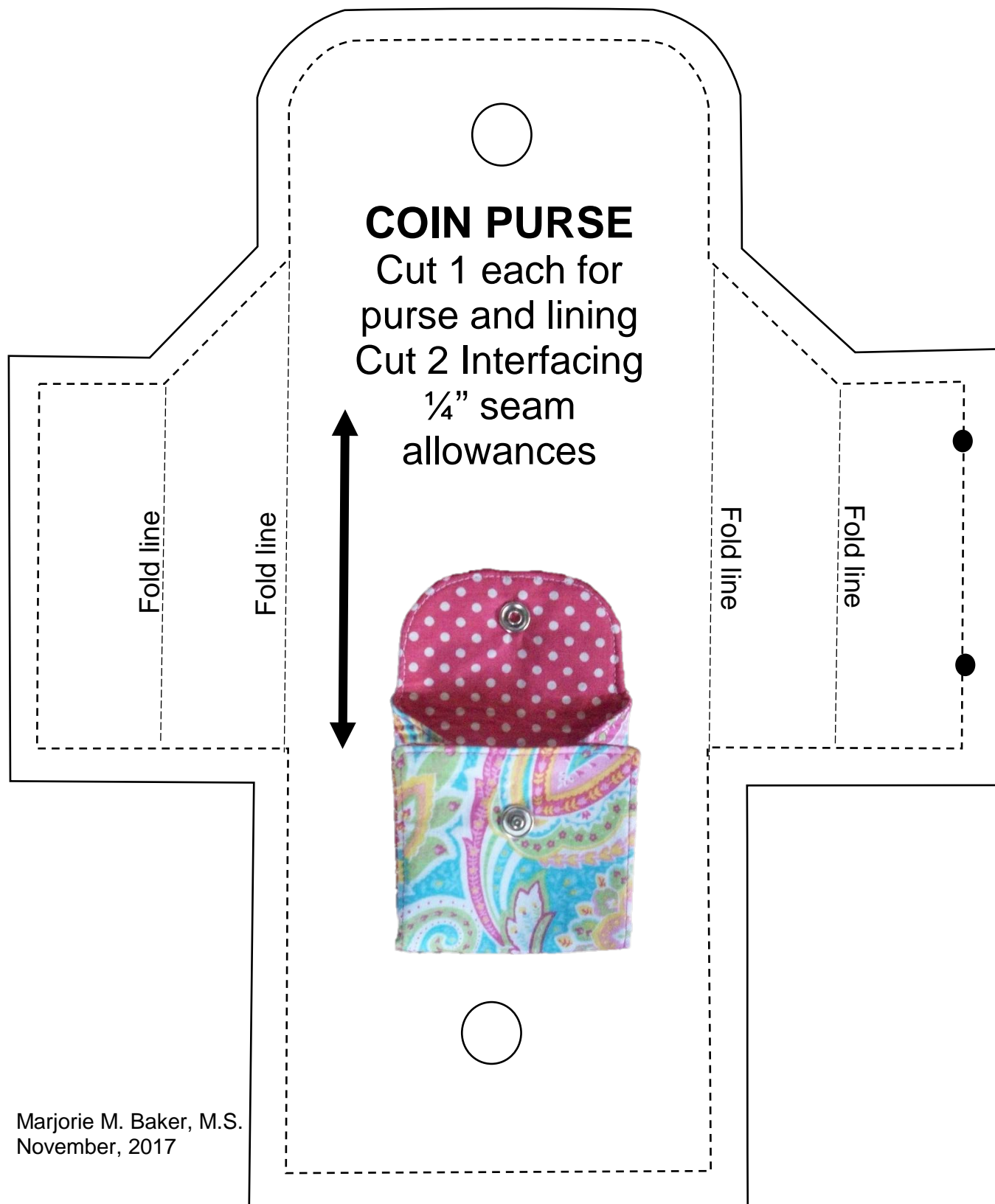


6. Bring square ends up and match to the gusset edges. Edge stitch by machine or hand sew purse front to gusset along each side.



7. Apply gripper snap as indicated on pattern.





Marjorie M. Baker, M.S.  
 November, 2017

## MASTER VOLUNTEER IN CLOTHING CONSTRUCTION PROGRAM



University of Kentucky  
College of Agriculture,  
Food and Environment  
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### Steering Committee Member Positions

**Term: 3-year**

#### **Qualifications:**

**For the Certified Master Clothing Volunteer** position must be a *Certified Kentucky Master Clothing Volunteer* in good standing with the Kentucky Master Volunteer in Clothing Construction Program.

**For the County Clothing Leader** position may, or may not, be a current participant in the *Kentucky Master Volunteer in Clothing Construction Program*.

Is recommended and/or approved by his/her local county Extension office and/or the MCV Contact Agent.

Is a team member/player, having demonstrated the ability to work well and communicate with others in an effective manner.

Can be described as a "thinker" and a "doer" when it comes to planning and putting together a program or activity.

Is willing to give of their time and expertise to assist with the policy-making activities necessary to maintain and continually improve the Master Volunteer in Clothing Construction Program.

#### **Committee Responsibilities:**

Is willing and able to attend three or four MCV Steering Committee meetings a year in a location determined by committee members.

Is willing to contribute or assist with an article for the *Master Clothing Volunteer Newsletter* at least once a year.

Is willing to assist other committee/program members with the planning, preparations, and conducting of training for the volunteers and agents participating in/working with the Master Clothing Volunteer Program.

Is willing to serve as a spokesperson for the Master Clothing Volunteer Program, and act as a liaison between the *master* and *certified master* clothing volunteers who are actively involved in the Kentucky Master Volunteer in Clothing Construction Program.

## CREDENTIAL SHEET



### Master Volunteer in Clothing Construction Steering Committee

The Master Clothing Volunteer Steering Committee is composed of volunteers, Extension professionals, and other key individuals who meet three to four times a year to discuss, set policy, plan, and prepare for program trainings. Committee members are expected to attend meetings, actively participate in the decision-making process for the program, contribute to the MCVP Newsletter at least once a year, and share their knowledge and expertise in planning and conducting trainings. You are invited to submit a credential form if you would like to be considered for this position. *Type, print, or write legibly, completing all information requested.* Your application will be reviewed by the current MCV Steering Committee. Candidate will be selected and notified before the March meeting. Steering Committee terms run for three years.

#### Application for: **Certified Master Volunteer**

**NAME:** \_\_\_\_\_ **TELEPHONE:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**EXTENSION AREA:** \_\_\_\_\_ **YEARS AS MCV:** \_\_\_\_\_

**Directions:** Complete the information below and send/submit a copy to:

Marjorie M. Baker  
Master Clothing Volunteer Program  
University of Kentucky  
242 Scovell Hall  
Lexington, KY 40546-0064

Or email: [Marjorie.baker@uky.edu](mailto:Marjorie.baker@uky.edu)

**Due Date: January 15, 2018**

1. List the leadership positions you have held within the past 10 years. (Attach additional sheets if necessary)

**Professional/Job related:**

\_\_\_\_\_

\_\_\_\_\_

**County:**

\_\_\_\_\_

\_\_\_\_\_

**Area:** \_\_\_\_\_

\_\_\_\_\_



**State:**

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**Other:** Viewing yourself, how would you rate yourself and why?

\_\_\_ Team member     \_\_\_ Leader of team     \_\_\_ Follower

Explain your response: \_\_\_\_\_  
\_\_\_\_\_

2. Total number of Master Credit Units (MCUs) earned (approximately): \_\_\_\_\_
3. What activities, on behalf of the MCV program, do you enjoy most? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
4. Would you be willing/able to attend and/or participate in committee meetings three times (approximately) a year?     ☐ Yes     ☐ No
5. Would you be willing to assist with training sessions? Check appropriate response.  

<input type="checkbox"/> No, I would not be able to assist.	<input type="checkbox"/> Yes, only in planning the activity.
<input type="checkbox"/> Yes, if the training is during the day.	<input type="checkbox"/> Yes, and I can stay overnight.
<input type="checkbox"/> Yes, with the following limitations.	<input type="checkbox"/> Other: explain below:
6. What has been your most successful activity and/or learning session while involved in the Master Clothing Volunteer program?  
Explain. \_\_\_\_\_  
\_\_\_\_\_
7. What unique experiences, skills or expertise do you feel you could bring to the Master Clothing Volunteer Program? List or discuss below. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
8. On a separate sheet of paper, respond to the following question. What has the **Master Volunteer in Clothing Construction** program meant to you, your county and/or your area? Confine your answer to one type-written page.