

# **KENTUCKY**

MASTER

**CLOTHING and TEXTILES PROGRAM** 245 Scovell Hall Lexington, KY 40546-0064 Phone (859) 257-7772 Fax (859) 257-7565 http://www.ca.uky.edu/hes/fcs/MVP/index.html

**CLOTHING VOLUNTEER PROGRAM** 







"extending clothing knowledge and skills"

Is winter finally behind us? I've been waiting for what seems to be forever to be inspired to get started on my spring newsletter. Sorry that this is a little later than usual but spring has been very slow in coming. The past month has been filled with sewing events and checking samples from the new class. I'm happy to report that more than half of the class has successfully completed their technique samples and I am sure the others are soon to follow. This group of ladies has a tremendous amount of talent, I am very proud of their accomplishments.

Newsletter

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The MCV Steering Committee met in March to plan the Mid-rotation training. Some of the classes have been confirmed. All are sure to inspire. I'd like to introduce two new committee members. Elaine Boer, MCV Emeritus joins in the capacity of Certified Master Clothing Volunteer. Elaine is from Oldham County in the Louisville area and has been in the program since 1998 and brings a wealth of knowledge and expertise to the committee. Filling the capacity of County Clothing Leader is Jennifer Klee, retired Extension Agent and now a volunteer clothing leader in Woodford County. Jennifer has been a longtime supporter of the program with a strong desire to teach and love for anything clothing and textiles related. Please welcome Elaine and Jennifer as they begin their three years of serving you and the program.

Spring is always a time when we think of color. After a long, dreary winter, that is exactly where my mind is. The Pantone colors for this spring are nothing short of a rainbow: Poppy Red, Nectarine, Lemon Zest, Tender Shoots (pale green) Grayed Jade, Emerald, Dusk Blue, Monaco Blue, African Violet, and Linen. According to their online survey Emerald, which looks more like teal to me, appears to be the leading color for women's fashion while Monaco Blue leads the way for men's. What are you sewing this spring?

Marjorie M. Baker

Marjorie M. Baker, M.S. Extension Associate for Clothing and Textiles

NO. 1









# **SPOTLIGHT**





Margaret Hunter
CMCV Jackson County
Class of 2004

# Margaret's earliest sewing experiences:

When Margaret was very young, her mother and grandmother taught her to sew and embroider by hand. Her experience with learning to sew on their treadle sewing machine was quite challenging, though. She remembers that every time she would go to "peddle", the machine would go backwards. Eventually she did master the technique of making it go forward. Margaret also learned to quilt and make her own clothes. Her mother was a wonderful seamstress, one who could look at a pretty dress in the Sears Roebuck catalog, cut a pattern, sew it, and make it fit.

# Margaret's experience as a Master Clothing Volunteer:

Margaret says that the Master Clothing Volunteer Program has been wonderful. It has taught her how to read a pattern as well as how to sew all the right ways. She now is able to teach sewing and quilting to 4-H kids and adults. Her 4-H agent

honored her by asking her to embroider a square for a quilt that was displayed in Cloverville at the Kentucky State Fair.

## Margaret's family:

Margaret's husband, J.D Hunter, passed away in 2009. She has two sons, Stephen and David and one granddaughter, Angel who is a freshman at the University of the Cumberlands where she is studying music and theater. Margaret and her daughter-in-law make Christmas ornaments for the state tree at the Kentucky History Center in Frankfort.

#### Other Comments:

"I would like to say a big thank you to the University of Kentucky and Marjorie Baker for the great Master Clothing Volunteer Program. It has been so good for me to work with such a nice group of ladies. Love it!"



# INTERFACING

# **Promise Neighborhood**

Devonna Hisel, CMCV is working with Promise Neighborhood (PN), a Berea College/ Federal Grant, as a fiber artist. She goes with a team of quilters (Margaret Hunter is one) into the schools in Jackson, Clay, and Owsley Counties where they teach quilting, colors, and math; triangles, squares, etc. They have been making quilted pillows with the students. They begin their week of instruction with a power point presentation the first day which leaves 4 days for hands on activities in multiple classrooms, lots of students. Classroom time averages 45 minutes per class. The kids love using the sewing machines; this winter/spring semester they worked with second thru fourth grade. Devonna admits that it is hectic at times, but her MCV training has been very beneficial.

Devonna is also doing a "solo" (no team of seamstresses) project for Oneida Elementary, designing costumes for the *Willy Wonka* production. With a limited budget of \$150, she has found the thrift stores to be her friends! Again, because it is a PN project with educational requirements, she has to teach as well as make costumes. She has been researching costumes and their importance to theatre, etc.

## **NVON Conference**

Devonna will be presenting two sessions on simple sewn gifts and project ideas at the National Volunteer Outreach Network (NVON) meeting to be held in Frankfort in July. Conference attendees are expected from eight states; Wisconsin, Illinois, Arkansas, Kentucky, South Carolina, North Carolina, Indiana, and West Virginia.

# ✓ DOROTHY DO RIGHT ✓

# Color in your Wardrobe

Each person has a unique skin, hair, and eye coloring. Selecting clothing and cosmetics that compliment an individual's coloring makes a person appear healthier and more attractive. The color of clothing worn can create an illusion of size for achieving visual balance for the body. Selecting the right value and intensity of a hue can smooth your complexion and add a healthy glow to your face.

**Color Terms:** The primary colors are red, blue and yellow. All colors are a combination or a variation of the primary colors. Pure color is referred to as hue with the exception of white and black. Value is the lightness or darkness added to a hue. The higher the value the more attention is drawn. Shade refers to black being added to a hue. Darker colors tend to absorb more light and create an illusion of reduced size. Tint refers to white being added to the hue to create a pastel color. Lighter colors reflect light and create an illusion of added dimension. Intensity or brightness verses dullness is changed by combining colors. For example, the intensity of red changes when gray is added to create burgundy.



To identify the colors that are the most flattering, a person should consider their natural skin tones. Try holding fabric or clothing next to your face while standing in natural light. Compare white and beiges as they are close to your face. Black and browns, or pinks and yellows. Changes are, one of these pairs will bring out that healthy glow you are trying to achieve.

When choosing accessories for an outfit, color is also one of the most important aspects to consider. The brightest colors of a color wheel will stand out over the lighter colors. For example: if you have a light blue dress and use a bright orange necklace, the necklace will not harmonize with the outfit but take it over. All anyone will see is the necklace. If on the other hand, you wear a pale blue dress and use the lightest orange color as an accessory, the colors will flow, neither having more of a dominance than the other. If you like the high contrast, make the outfit the brightest color and the accessory in the light shade.

For more information on color in your wardrobe, check out **FCS2-844 Color is Key** from the *Becoming Body Wise Series.* 

## **NATIONAL SERGER MONTH**

April has been designated as National Serger Month by Baby Lock. I thought it fitting to celebrate as well. I purchased my first serger exactly 30 years ago this month back in 1983! And yes, it was a

Baby Lock. I remember reading about the 2-3 thread Serger and a 3-4 thread serger in Sew News Magazine.



I knew I had to have one. Not long after reading about them. I went to Sandy's Sewina Center in Lexington and she had just received



one of each. I bought the 2-3 thread and a week later my neighbor bought the 3-4 thread serger. It was quite a coup to have the first sergers on the block! Learning to thread it correctly, of course was the first challenge. After I mastered the correct sequence, I went to the aid of my neighbor. She thought about the 3-4 thread was that the more threads, the better. Only in this case we found out that it was not the same machine at all. The 3-4 thread did a chain stitch with an overlock edge. It was great for sewing seams but not as versatile as the 2-3 for other stitches. I paid for my first serger by making Clogging outfits. The rolled edge feature was a great time saving tool for all those ruffles.

Once I became proficient on the serger I was excited to share my knowledge with others. Betti Jo Dedic, UK Extension Clothing and Textiles Specialist had been asked to provide serger demonstrations at a Lexington fabric store. She invited me to do the demonstrations and the rest is history. I went on to do many demonstrations for Extension programs; my favorite was the 10-minute T-shirt. I recently returned from teaching two classes at the It's Sew Fine for Home and Family Sewing Expo. Inspiring people to love their sergers is so much fun.

# Louisville - A Fashion Mecca

Fall 2013 will bring multiple fashion events to Louisville Kentucky. Check out what is coming to our own backyard.

## Mary Ray coming to Kentucky

Mary Ray is an award-winning garment and accessories designer who has been featured in shows and galleries nationwide. She is a contributing editor to Threads Magazine and is an instructor at Appalachian State University in Boone, NC. Mary is teaching on Craftsy.com. Her unique style in creative garment making that fits and flatters is fabulous. The Louisville Chapter of the American Sewing Guild is bringing Mary Ray to the Louisville Hilton Garden Inn on September 20 and 21 for two presentations. The Friday evening program will be a Lecture/mini trunk show on clothing design. The lecture will also include tips on using quilting fabric in garment construction. The Saturday program will be a Hand-on Workshop with limited enrollment. The workshop will feature the making of *The Perfect Little* Purse as a means of using beautiful fabrics and easy techniques that combine textures, print, and colors. For more information on cost and registration, go to http://asglouisville.org/Events.html

## **Sew Original Quilt and Creative Expo**

After the Kentucky State Fair vacates the Kentucky Exposition Center in August, vendors and sewing classes will take over. There will be three days of classes you won't want to miss. Check out their Website <a href="http://gscexpos.com/louisville.html">http://gscexpos.com/louisville.html</a> There appears to me multiple offering for us garment sewers who want to know more about fitting and construction.

#### **Waterfront Fashion Week**

Fall 2012 marked the first annual Waterfront Fashion Week in Louisville. The event returns again this October. It features an emerging designer and modeling competition. Six designer finalists are selected to show their designs on the red carpet.

http://waterfrontfashionweek.com/

# Calendar of Events

June 1 – 11 HES trip to Scotland June 12 State 4-H Fashion Revue

University of Kentucky, Lexington June 30 Annual reports due to Area

Contact agent

July 1 Registration opens for Mid-**Rotation Training** 

July 16 - 18 NVON conference, Frankfort

August 12 - 13 State Fair Cloverville

Judging, Louisville

August 30 – September 1 Sew Original Quilt and Creative Expo. Kentucky

Exposition Center, Louisville

September 20 – 21 American Sewing

Guild presents The Perfect Little Purse

with Marv Rav. Louisville

October 9 - 11 2013 Mid-Rotation

Training, Lake Cumberland 4-H Educational Center, Jabez

October 16 - 19 Waterfront Fashion

Week, Louisville



# **Serger Coupon Caddy**

Celebrate National Serger Month by making a handy carrying pouch for your grocery coupons. Try out a new technique for covering narrow elastic with decorative thread. This technique can also be used to make elastic button loops for your next jacket project.

#### **Materials Needed:**

½ yard fabric
12 inches of 1/8-inch wide elastic
Heavy decorative thread (2 spools)
Serger thread (4 spools)
Wash away basting tape (Wonder® tape)
Liquid seam sealant (Fray Check)



Light weight cardboard or other material for adding stiffness (Cut two pieces 3 3/8 inches by 6 5/8 inches)

## **Cut the following from fabric:**

Outside: 7 ¼ inches by 8 inches Lining: 7 ¼ inches by 7 ¼ inches

Inside pockets: (2) 7 1/4 inches by 7 1/4 inches and (2) 7 1/4 inches by 6 inches

## Serger set up for covered elastic:

Narrow balanced 3-thread stitch, 1.75 stitch length, and decorative thread in both loopers

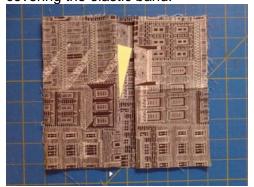
Place 1/8" elastic under presser foot with needle on the left side of the elastic. Begin serging over the elastic being careful to not stitch through the elastic. Adjust stitch length as needed to allow threads to lay flat over elastic. You do not need to stretch the elastic as it feeds into the serger. Serge the desired length of elastic. Cut to desired length (7 ¼ inches) and apply liquid seam sealant to both ends to prevent serger stitches from unraveling. Allow to dry.

## **Assemble the Coupon Caddy**

 At the center of one 7¼-inch end of the outside piece, position a 1-inch piece of wash away basting tape. Put ends of covered elastic together and press them to the center of the tape.



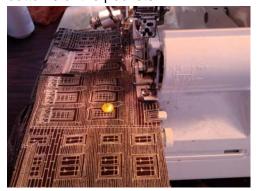
Fold the 6-inch pocket pieces in half, press. Position them with raw edges even to the right side of the outside piece, covering the elastic band.



3. Fold the 7¼-inch pocket in half, press. Position it over the first set of pockets. Pin through all layers away from edge.



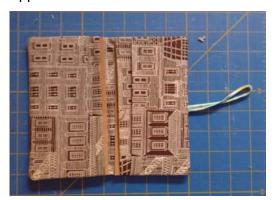
 Set serger to a balance 4-thread stitch with serger thread in both needles and loopers. Serge both edges along the bottoms of the pockets.



 Position the lining piece right side down to pockets with remaining raw edges, even.
 Serge the remaining raw edges. Notice, lining does not cover the first lines of serger stitching.



Turn right side out and insert lightweight cardboard behind larger pockets for support.



Marjorie M. Baker, M.S. Extension Associate for Clothing and Textiles May 2012

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