

UK COOPERATIVE EXTENSION SERVICE

University of Kentucky – College of Agriculture

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*"extending clothing
knowledge and skills"*

KENTUCKY MASTER VOLUNTEER IN CLOTHING CONSTRUCTION PROGRAM June / July 2002

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LINDA'S LINES

I hope your summer is going well! Many of you have been extremely busy this spring getting 4-Hers ready for county and state fashion revues, conducting a multitude of workshops for youth and adults as well as serving on various councils, committees and groups. You are doing lots of good things in your communities and across the Commonwealth. Let me just share a few of the things of which I am aware.

Brenda Pinkston, CMV McLean County, was recognized in April as a state Kentucky Master Farm Homemaker at the 2002 annual KEHA meeting in Louisville. One of the photo used in her recognition featured her sewing room along with the fact that she is a Kentucky Certified Master Clothing Volunteer. Peggy Cox, CMV Caldwell County, is also a Kentucky Master Farm Homemaker!

Jo Ann Ellegood, CMV Carlisle County; Jo Farley, CMV Calloway County; Sara Counts, MV Graves County; Brenda Pinkston, CMV McLean County; Edna Gunsaulas, CMV, and Ann Beard, MV Taylor County, modeled and assisted me with the *Fashions & Fabrics Kentucky Style* workshop at the KEHA annual meeting. The session was a great success! We tried to show off some of the things you all have done in workshops as well as talk about the Master Volunteer Clothing Program.

Several individuals will be giving clothing demonstrations at the Family & Consumer Sciences booth at the state fair. They include Sandy Palmer, CMV Jefferson County; Brenda Pinkston, CMV and Nell Jordan, CMV McLean County; Marilu Stevens, CMV and Peggy Cox, CMV Caldwell County; Sarah Scott, CMV Webster County and I believe a group from the Purchase Area will be doing *Gifts from the Heart*.

Jean Carlson, MV Mason County, was at the 2002 State Fashion Revue show supporting one of her 4-Hers. I suspect there were others of you in the audience that I did not see!

Linda Heaton

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Pressing . . . how good are you at it?

Every one of us knows just how important pressing is to our sewing. However, just how good are we at this very important sewing technique?

Fill in the blanks below with the proper terms! Test your knowledge and your technique. Look for the answers on the back page of this newsletter.

- ☐ Always test on a scrap of fabric for _____ and _____.
- ☐ To properly press a seam open, press the seam allowances _____ first, then press the seam allowances _____.
- ☐ Generally speaking, pressing is done on the _____ side of the fabric.
- ☐ All pressing should be done following the _____ of the fabric.
- ☐ Pressing can best be described as a/an _____ and _____ motion of the iron.
- ☐ Curved seams should be pressed over a _____.
- ☐ A _____ is recommended for pressing and maintaining the shape of darts.
- ☐ The direction for pressing is from _____ to _____.
- ☐ To keep a seam from “marking” or showing through to the right side when pressed, use _____.
- ☐ A needle board is used to press _____ fabrics.

Contributed by Linda Heaton, Ph.D., Extension Professor Textiles & Clothing and MVP State Coordinator.

News Flash

Reports Due SOON !



As we all know, this is the year for certification (Class of 2000) or re-certification. Because it was necessary to change our fall training date from October to September 17 - 20, the date

when final reports are due had to be changed as well. Reports are due in my office on or before July 15.

The date given to the MVP Contact Agents at the May 2002 Agent Inservice Training was July 1. However, some of you may not receive word of this new date prior to this newsletter. Any reports reaching my office after the July 15 date, MAY NOT get checked in time to be counted prior to certification.

Report forms can be accessed from the MVP web site, www.ca.uky.edu/agcollege/fcs/mvp, or you can make a copy of the forms in your notebook. If you did not attend last year's training, be sure to get a copy of the new forms from the web site, or ask your MVP Area Contact Agent to send you copies of the current forms.

The July date hopefully gives us enough time to check your report and get it back to you. In some cases, individuals may be short a few hours which can be made up or logged in time to be certified or re-certified.

Please understand there is a great deal to do in preparation for a large, multi-dimensional training such as the one conducted when a new class of volunteers are trained. The MVP Steering Committee is a *tremendous* help in planning, putting together notebooks and getting fabrics and notions ready for each workshop. However, there is a LOT of other things to be done in my office such as communicating with all presenters, putting together supply lists based on information from presenters, getting letters and supply lists to you, securing donations, etc., etc., etc.! And, this is not the only activity or program with which our office is involved. We want to be fair to everyone; we ask that you be understanding with us!

2002 MVP Training

Everyone should have their calendar's marked for ***September 17 - 20.***

The MVP Steering Committee should be congratulated on the planning they have done on

this fall's training. There are several new and exciting workshops scheduled. The enclosed registration form only gives you a quick glimpse of each session. Only two of our sessions are repeats—*Creating a Chenille Vest* and *Working with Napped Fabrics*. Here is a bit more insight into a few of the workshops.

Creating Fashionable Luggage will be taught by Jennifer Klee and Mary Hixson, FCS Agents from the Ft. Harrod Area. These agents conducted an Agent Inservice Training last September on this topic which was a big success. Along with several other agents, Jennifer and Mary have been creating and refining luggage patterns and teaching these classes in and around the Commonwealth. In their class you will have the opportunity to select two pieces (overnighter, garment bag, large tote) to make. In addition, you will learn some helpful hints and ideas to help you teach this session to others as well as the importance of copyright rules as it applies to sewing and selling items.

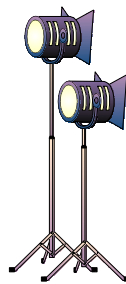
Clothing for Special Needs will be taught by Dr. Jane Lamb, another one of Linda's colleagues. Dr. Lamb has just retired from the University of Delaware, and is internationally known for her work in the area of clothing for persons who have special needs including those with physical limitations (wheel chair bound, spinal bifida, arthritis, etc.). She has a wealth of information to share including where to find patterns, ideas on how to design garments as well as pointers on sewing those items. I believe she is planning to have you actually make one or more items.

Janie is also very knowledgeable in the area of sewing, and will also be teaching some in the Class of 2002 basic training session. She and I taught several college sewing classes when we were both professors at Georgia Southern University. I know you will give her a great Kentucky welcome! She is excited about coming and being a part of our training.

Ribbon Flower Embellishment is to be taught by Rita Smart, Madison County FCS Agent (outgoing Bluegrass MVP Contact Agent). If you know Rita, you have probably seen her wear

some of her lovely sweaters. It is my understanding she has taught this workshop in several of the Bluegrass Area counties. She is a great teacher as well as a creative lady!

Reporting — On Wednesday evening we have planned a session to discuss reporting. This will be for everyone in the Classes from 1990 to 2000 who are already certified, or will be certified Thursday evening. Bring your questions as well as any concerns you might have. We will have copies of the new forms for the Class of 2000 and anyone else who does not have them.



MVP SPOTLIGHT



Eleanor Little
Class of 1996

Eleanor is a CMV from Pike County. She was introduced to the Master Volunteer Program by Carol Bailey, one of the Family & Consumer Science County Extension Agents.

Eleanor has lived in Pike County all her life and has been married to the same man for 44 years. They have five children, three girls and two boys, and five grandchildren.

Like many others, Eleanor learned to sew while in grade school, while enrolled in 4-H. She says, "I think my first project was an apron and my sewing box was a cigar box. We have come a long way."

She continued sewing in home economics in high school. After high school Eleanor married and started her family. She tells us that the sewing skills she had learned came in handy, sewing for the girls and friends.

While raising her family she became a

cosmetologist and worked for about 25 years. Eleanor became involved with the County Homemakers Clubs and they heard about the Master Clothing Volunteer Program. "After being selected to be a participant and attending my first training session, I realized just how little I knew about sewing" she says.

When talking about the program she says, "this program has taught me so much and I have made so many new friends which to me is as important as the sewing knowledge I have received."

During the past two years Eleanor has had a lot of sickness in her family. She feels as though she has let a lot of people down, especially in her community but says she will continue to teach as often as she can.

In her own words, Eleanor says "the Master Volunteer Program is a wonderful service. You've always had good instructors and friendly ones, making it very comfortable to participate." And, she hopes to see everyone in September.

Eleanor, you have certainly been an asset to the Master Volunteer in Clothing Program. We are pleased to call you a Certified Master Clothing Volunteer!

Quick and Easy Lapels

There are many styles of jackets, coats and dresses some of which have the design feature of a collar and lapels. When deciding on this style, consider these guidelines:

- Narrow lapels are the best choice if you are full-busted, short-waisted or broad through the shoulders.
- To avoid overwhelming a small-busted individual, select lapels that are narrow to medium in width.
- Very wide lapels are best on a well-proportioned, larger framed individual.
- When constructing a garment with standard lapels, take time to fit *carefully* before

cutting. Lapels that are too long will gap or break over the bust line.

Always read and consult the pattern guide sheet *before* beginning construction. Specific information on handling may be given which should be followed to achieve a quality look. If the directions for applying and treating collar, lapel and neckline area vary from the technique you generally used, analyze the new information carefully. If possible, try the method on scrap fabric and examine the results. You now have sufficient information on which to determine the best construction techniques to use on your garment

Taken from Fact Sheet CT-LMH.189 by Linda M. Heaton, Ph.D., Textiles & Clothing Specialist. For additional information, refer to the fact sheet.

Important Dates



July 15 - MV and CMV report forms due in state office.

July 17 - MVP Steering Committee Meeting, Caldwell County Extension Office, Princeton.

July 18 - Princeton Field Day, Research & Education Center, Princeton (MVP exhibit).

July 26 - MVP workshop registration due in state office.

Applications for MVP Class of 2002 due in state office.

September 17 - 20 - 2002 MVP Training Kentucky Leadership Center, Jabez.

Answers to Pressing Quiz

1. moisture heat
2. together open
3. wrong
4. grain
5. up down
6. pressing roll
7. pressing ham
8. wide / large narrow / small
9. paper between seam and garment
10. napped