

KENTUCKY

MASTER

CLOTHING

VOLUNTEER

PROGRAM

CLOTHING & TEXTILES PROGRAM

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Bobbin' along with Marjorie



*"extending clothing
knowledge and skills"*

July
2009
Newsletter

VOL. 18
NO. 2

Summer is flying by! By the time many of you get this, I will be exploring Alaska, our northern most state! Bring on the cooler temperatures. This year, Alaska celebrates its 50th year as a part of the United States. After having met only one person from Alaska when I was in seventh grade, I have always thought it would be fun to visit. It will be an adventure to say the least. My husband and I are setting our own schedule and travel from place to place; a day cruise to Prince William Sound is the only thing for sure at this point. Maybe I can locate a fabric or yarn shop to make the adventure complete.

The Mid-rotation training materials are now available. This year will focus on technique classes essential to creating custom clothing. From couture hand worked buttonholes to mastering the illusive mitered corner, you are sure to learn something new to take home and apply to your next sewing project or class. See the complete list of classes at the end of this newsletter. We are so fortunate to have so many talented ladies in the MCV program who can teach these ongoing classes. We will have one guest presenter. Shelby Smarte will be joining us to teach two classes. Shelby is an active member of the Louisville chapter of the American Sewing Guild, where she started the Fit 'n Style neighborhood group, and serves as their newsletter editor. Known nationally for her creative use of detail, she was a national finalist in a Nancy Zeiman creative sewing contest, modeled in the National ASG style show, and has taught classes across the country. Before moving to central Kentucky from California, she served on the Chapter Advisory Board for the Riverside and San Bernardino County ASG chapter and won Best of Show at the Los Angeles County Fair for her sewing entry.

Marjorie M. Baker

Marjorie M. Baker, M.S.
Extension Associate for Clothing and Textiles

SPOTLIGHT



Edith Webb

CMV Shelby County, Class of 2002

Edith, tell us about your earliest sewing experiences.

My mother taught me to embroider at about age 7. Every year I took 4-H sewing and was very happy when some items went to the state fair. I had 4 years of sewing in high school home economics class. I learned to make perfect bound buttonholes as a freshman and made my Easter outfit each year as a home ec project. I have always sewn for myself, my children and grandchildren, and anyone else who asks me. This keeps me busy.

How about your experience as a Master Clothing Volunteer?

I always help with the monthly sewing club in Shelby County, teaching 4-H students and anyone else who needs me, occasionally going to people's homes. I felt honored as a Southville Homemaker and MCV to be asked to stitch the Shelby County Christmas ornament for the state tree at the Kentucky History Center in Frankfort.

How about your family?

Husband, Tommy

Three sons – Barry, Brady, and Brian

7 grandchildren and 2 great grandchildren

Any other thoughts?

I was always thrilled as a small child to get a sewing kit from Santa, but disappointed when Christmas came on Sunday. My mother (I suppose considered sewing work) wouldn't let me play with it on Sunday. She always said, "Any stitch you put in on Sunday, you will have to pick out with your nose." Now at my age, after all those years, I still have a hard time sewing on Sunday.

SPOTLIGHT



Coetta Combs

CMV Madison County, Class of 2002

Coetta, tell us about your earliest sewing experiences.

The day I was born, October 18, 1932, Dad bought Mom the fanciest and best Singer treadle sewing machine on the market. I don't remember ever seeing her open it up. She couldn't sew and had no desire to learn. As I aged, I began to try to sew – with little success. Being the oldest child, I soon learned how to do minor repairs. I sewed through my finger and nail twice, but never became discouraged. When I was 12, we moved close to a lady whose girls were grown and gone. Lucky me, she would let me do chores for her and in return, she gave me feed sacks and instructions to make "broom-stick" skirts. I'm sure now that I must have "worried warts" on her. I wanted to learn to sew so badly. We advanced to cutting and piecing quilts. She taught me to hand quilt on frames that hung from the bedroom ceiling. At night they were rolled up, so there was access to the beds. At this stage my mom got interested and my dad made frames for us. She learned to quilt, but never used the sewing machine. When I went to high school, I took home economics. I loved the first semester of sewing; the teacher was so knowledgeable and patient. Second semester was cooking – okay, but no sewing. (One main thing I learned was how to clean and care for a machine.) I began sewing all kinds of things – I even made a little money from neighbors, mostly kin folks, and of course my siblings. My first Christmas present as a new bride in 1955 from my husband was an automatic 305 Singer, which I still have and use regularly. Sadly he traded in my treadle which dad had given me when I got married –

what did he know. I bought myself a Singer 5 thread Quantum Serger about 20 years ago. Sometime after I joined Extension Homemakers, I began teaching 4-H and adults as well as judging county 4-H projects. **How about your experience as a Master Clothing Volunteer?**

I was encouraged by my FCS and 4-H agents to apply for the MVC program for several years. Finally in 2002 I made up my mind and “wow” what I have learned! I love it and regret the years that I hesitated.

Any other thoughts?

Many thanks to the University of Kentucky for such a beautiful program.

By the way, my mom at 95 never learned to sew and neither did any of my 6 sisters or one brother.

“Sew” now you know the rest of the story.

State 4-H Fashion Revue

A big thank you goes to Alice Newman, Carol Stine, and Patti Bridge for serving as judges for the 2009 State 4-H Fashion Revue. There were 17 girls that competed this year. Ashley Bradford from Harrison County was the overall winner. For winning, she will receive a new sewing machine.

✓ **DOROTHY DO RIGHT** ✓

Piped Binding

Try this finishing technique on your next sewing project:

Piping: From contrasting or coordinating fabric cut a 1¼-inch wide strip to cover a piece of small cording. Fold fabric strip over cord. Using a zipper foot or cording foot, stitch close to cording. This can be bias or straight but should be the length needed for the project.

Binding: From binding fabric, cut a 2 ½-inch wide strip the same length as piping. Fold the binding fabric wrong sides together and press a lengthwise crease along the fold. Open binding strip up and position it right side up on flat surface. Align piping seamline along the lengthwise crease of binding strip. Sew piping to binding along seam line as positioned. Refold binding in half and press.

Piping will extend beyond the folded edge of the binding.

Attaching to project:

Sew the piped binding to the wrong side of project with a scant 3/8-inch seam allowance. The piping raw edges should be positioned on top.

Bring piping edge around to front side of project to cover seam. Stitch in the ditch between the piping and the binding through all layers.



JUST SEW YOU KNOW

Facebook update. Since our last newsletter, the MCV Facebook group has grown to include 27 members. For those of you who have joined and can't seem to find their way back to the group page, you can find the link at the bottom of your “info” page under groups. Don't be shy, share your pictures and stories, or join in on a discussion. The MCV group on Facebook is a private group just for volunteers and agents. This is a great way to share information on upcoming events, too.

facebook

YOU ARE INVITED

The 2010 “It's Sew Fine for Home and Family” Sewing Expo will be held April 13 and 14 at the General Butler State Resort Park in Carrollton, Kentucky. The planning committee invites you to teach at the Sewing Expo. Instructors are asked to submit their ideas along with detailed class information prior to September 1, 2009. Forms can be obtained at <http://ces.ca.uky.edu/qwen/fcs>. Contact Judy Hetterman, Owen County Extension Agent for Family and Consumer Sciences at (502) 484-5703 if you have further questions.

INTERFACINGS

The Louisville Area Master Clothing Volunteers, visitors, contact and assistant contact agents, and a prospective MCV enjoyed a very productive work day on Tuesday, June 16, at the Shelby County Extension Office. From 9 a.m. until noon many of the group taught 11 young people basic sewing skills so they could each complete a pillow and a laundry bag (4-H Unit 1 non-clothing option). Two of the young people left their projects to be entered in the Shelby County Fair; others expressed an interest in bringing their projects to the fair. Others in the MCV group spent the morning cutting out pieces for 30 pillowcases and serging baby blankets. After enjoying a salad luncheon, the Louisville area MCVs and guests made 30 pillowcases for the Ronald McDonald House in Louisville (a Louisville Area ASG Community Service Project). The 15 baby receiving blankets will be given to Loving Choices, a Shelby County Crisis Pregnancy Center. We even had an hour of the day left to work on our end-of-the-year reports! The Louisville Area MCVs really enjoyed their community service day together. We are already thinking about what we can do the next time.



Louisville Area Master Clothing Volunteers
Photo by: Sheila Fawbush



Come Sew With Us Sewing Smorgasbord 2009

August 28-29, 2009
Lawrence County Extension
Service

Sponsored by the Northeast Area
Extension Master Volunteers in Clothing
Construction
and the Northeast Area Extension
Homemaker Association

FEES: General Registration...\$15.00
(Includes 2 continental breakfasts;
one lunch; and one refreshment break)

Classes: Individual class fees will be
charged. ALL CLASS FEES ARE TO BE
PAID AT TIME OF REGISTRATION.

Classes include Hobo Handbag, Sewing
Machine Mat, A Christmas Tea-
sweatshirt or Wall Hanging, Blue Jean
Apron, Basic Sewing Machine
Maintenance, Stack and Whack Quilt
Block Technique, Pillowcases, and
Machine Appliqué Technique. Leslie
Workman, former county Extension agent
and MCV contact agent will be guest
speaker.

Registration is on a first-come, first-
served basis and closes on August 1,
2009. A registration is not a registration
unless it is paid. To get the classes you
want, register (and pay) early.

**Contact Stephanie Derifield for a
registration form and other questions
at: (606) 673-9495**

FIELD DAY 2009

July 23rd

Family and Consumer Sciences Events



UK
UNIVERSITY
OF KENTUCKY
College of Agriculture



Research &
Education Center
Hwy. 91 South
Princeton, KY
9:00 a.m. - 2:00 p.m.
CDT



Fruit and Vegetable Taste Testing
Coupons 101, Greening Your Environment with Vinegar
more than 20 exhibits on family and consumer issues
Nine Patch Quilt, 2nd Sunday exhibits

For more information, contact: **Your county Cooperative Extension Service Office or the Research & Education Center, (270) 365-7541, Extension 215. Visit our web site at: www.ca.uky.edu/wkrec**

The College of Agriculture is an Equal Opportunity Organization.

Clothing as Art

with Mary Ray

Mary Ray is a designer, clothing maker, and teacher, as well as a contributing editor for *Threads* magazine. She has a long and varied career in the sewing industry and is a designer of award-winning wearable art which has been featured in shows and galleries around the country. The Louisville chapter for the American Sewing Guild is hosting a day with Mary Ray on September 19, 9:30 a.m. – 4:30 p.m. at Springdale Presbyterian Church.

Mary will teach how clothing can be art, have distinctive details, and fit at the same time. Learn the secrets to creating quilted garments that fit and flatter; how to choose patterns, fabric, and batting; how to machine quilt easily; how to include detail and embellishment; and how to finish seams and edges.

Registration cost is \$55 if you are an ASG member and \$60 for non members. Save \$10 if mailed before July 20 (\$45/\$55). Registration ends August 20 and includes lunch and snacks. Contact Marilyn Neel at neelsneedles@insightbb.com for a registration form or other questions.



Calendar of Events

July 16 – *Steering Committee Meeting*, Taylor County Extension office, 1:00 p.m.

July 23 – Agriculture All Commodity Field Day, University of Kentucky, Research and Education Center, Princeton, Kentucky

August 17 thru 30 – *Kentucky State Fair*, Judging: August 17, 18; Louisville, Kentucky

August 28, 29 – *Come Sew With Us, Sewing Smorgasbord*, **Lawrence** County Extension Office

August 29 – *4-H Sewing Skillathon*, Kentucky State Fair

September 19 – *Clothing as an Art with Mary Ray*, Louisville, Kentucky

October 14-16 – Mid-rotation training, Lake Cumberland 4-H Educational Center, Jabez, Kentucky

October 17 – Kentucky Make it with Wool Contest, Franklin County Extension office

April 13 – 14, 2010 – It's Sew Fine for Home and Family Sewing Expo, General Butler State Resort Park, Carrollton, Kentucky

Mid Rotation Training October 14-16

The MCV Steering Committee has put together the following list of classes for the fall training. In order to attend the training you must have completed and turned in an annual report to your contact agent for your 2008-2009 volunteer activities. Couture Techniques: Hand Pricked Zipper and Hand-worked Buttonhole, Junior 4-H Sewing Projects – Tips and Techniques, Welt Pockets and Plackets, Pattern Alterations for the Mature Figure, Flat Pattern Design 102, Taped Sewing Double, Magic Pillow Case, Zippered Travel Bag, Pincushion/Thread Catcher, Rip it Off with Tape (demonstration), Transforming Sweatshirts into Wearable Art, Mastering Miters – Tamari Apron, Working with Bias, and Subversive Sewing – Garment Alterations.

Each area is also asked to come prepared with an exhibit/demonstration to share with the group. This activity will take place on Thursday evening. It is a time to showcase your area's activities or tell about your favorite notions or quick sewing projects. Everyone looks forward to this bi-annual event.

Personal Can Cozy

Materials needed:

Outer fabric – 12 1/4 inches by 5 1/2 inches

Liner fabric – terry cloth, 4 1/4 inches by 10 inches

Velcro® – 4 1/4 inches x 3/4 inch

Thread to match

Embroidery design

Directions:

- Cut outer fabric and liner.
- Center embroidery design on outer fabric and stitch.
- With right sides together, position liner along one long side of outer fabric, one inch in from end, and sew or serge together using a 1/4 inch seam. Outer fabric should extend 1 1/4 inches out from other end.
- Repeat on other long side. Make sure ends are equal.
- Turn right side out. Press so that liner lays flat and outer fabric wraps over the seam edge on each side.
- Press under 1/4 inch on each end of outer fabric extensions matching with seam. Trim out bulk if necessary.
- Press 1/4 inch to inside on the 1 1/4 inch extension end. Fold each end extension over end of liner and press in place using iron on basting tape. Stitch in the ditch and across ends of extensions.
- Using a zigzag stitch, sew Velcro® loop side to liner end, covering the raw edge of the outer fabric.
- Using a zigzag stitch, sew Velcro® hook side to right side of outer fabric on opposite end from loop side.
- Wrap around cold beverage can and enjoy!



Marjorie M. Baker, M.S.
Extension Associate for Clothing and Textiles

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Photos by: Marjorie Baker

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