



## UNDERSTANDING THE BASICS OF CANCER SUCCESS STORY

In the United States, cancer is the second leading cause of death each year. Kentucky faces the highest cancer occurrences and death rates in the United States. Fortunately, through prevention and treatments, we can reduce those numbers.

In order to equip people living in Kentucky to better understand and manage cancer, the XXXXX County Extension office hosted the Kick Kentucky Cancer: Understanding the Basics of Cancer program for the (COUNTY AND AUDIENCE). Emphasis was placed on learning about cancer and prevention. Agents also explored ways to increase a patient's confidence in asking health-care providers about cancer treatment and management.

(Insert # of participants and participant demographics) participated in the workshop. Of those surveyed, XX % indicated a better understanding of the different causes of cancer, and XX % stated they better understand how certain lifestyle choices can prevent or improve the chances of beating cancer. XX % indicated feeling more comfortable using common cancer terminology. Further, XX % expressed the intention to try at least one new lifestyle change to prevent cancer, and XX % plan to incorporate asking questions into their health-care visits.

Insert any personal testimony from participants as conclusion.

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