KICK KENTUCKY CANCER

TAKING CARE OF MENTAL HEALTH DURING CANCER
SUCCESS STORY

Mental health issues after a cancer diagnosis are common and costly. Proven community-based prevention programs can increase participants' knowledge and create positive changes in behavior. These programs could save thousands of dollars in health-care costs and even prevent deaths by suicide.

(Name of County) County presented Taking Care of Mental Health during Cancer to (#) participants. After the program, (# or %) participants reported that they increased their understanding of how to identify symptoms. Also, (# or %) reported that they could identify questions to ask their health-care team, while (# or %) increased their understanding of mental health best practices.

[Use participant open-ended statements about the things they learned because of the program to demonstrate the success of the program.]

Cooperative Extension Service | Agriculture and Natural Resources | Family and Consumer Sciences | 4-H Youth Development | Community and Economic Development