



INTERACTING WITH SOMEONE WITH CANCER SUCCESS STORY

According to the American Cancer Society, there will have been an estimated 1,762,450 new cancer cases and 606,880 cancer deaths in the United States by the end of 2019. That equals three new cases and one death every minute (2019). The 2019 estimates for Kentucky, which has the highest mortality rate in the United States, include 26,400 new cases and 10,580 deaths. The bottom line: "Cancer affects all of us, whether you're a daughter, mother, sister, friend, co-worker, doctor, patient" (Jennifer Aniston, actor). Yet, many of us do not know what to say or do when around someone who has cancer. That could be because of our own fears and uneasiness with the disease.

To help people feel more comfortable talking to someone with cancer, the FCS Extension agent in County taught the *Kick Kentucky Cancer: Interacting with Someone with Cancer* lesson. This lesson focused on helping participants respond from heart and emphasized appropriate things to say and do with someone who has cancer. XX [look at roster] participants attended the program. XX [count completed evaluations] completed post-lesson evaluations. Specifically, XX [Q1] reported that they are better aware of personal fears and uneasiness related to cancer. XX [Q2] reported being able to identify appropriate things to say. XX [Q3] reported that they have a better sense of what to do for someone with cancer because of the program. In summary, *Interacting with Someone with Cancer*, increased XX [Q9] understanding about the importance of acting normal with someone who has cancer.

XX participants are white, black, Asian, etc. They range in age from XX-XX. XX are female. XX [Q4] are current cancer caregivers.

Participants reported learning valuable lessons [summarize open-ended questions]:

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Reference: American Cancer Society. (2019). Cancer Statistics Center. Retrieved from https://cancerstatisticscenter.cancer.org/#!/