

"extending clothing knowledge and skills"

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COOPERATIVE EXTENSION SERVICE

INTERDISCIPLINARY EXTENSION PROGRAM 300 Erikson Hall (606) 257-7775 FAX (606) 257-4352 \$

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LINDA'S LINES

I hope each of you is having a great summer with some time for family, friends, fun as well as work! It is wonderful to see, hear and read about all the things you are

doing. Sewing is truly alive and well in Kentucky!

Many of you will be interested to learn of Nadine's progress since her knee accident and retirement. I had a chance to visit with her recently at a professional meeting in Atlanta. She looks rested and is truly enjoying retirement! Most recently she has redesigned her sewing room. The knee is coming along somewhat slower than Nadine would like it to; however, it is doing well according to her doctors. The only thing it has slowed down is her walk down stairs!

An extra special "thank you" to Ada Blair, CMV and Anglee Smith, CMV (Laurel County) for serving as judges for the state 4-H Communications Day in May. As usual, they did an outstanding job.

Congratulations should also go out to Edna Gunsaules, CMV and Joan Loy, CMV (Taylor County), Frances Sparks, CMV (Green County), and Barbara Hayes, Class of 1996 (Breckinridge County) for an outstanding job with the state 4-H Fashion Revue! There were also a number of Master Volunteer supporters in the audience whom we appreciate for their attendance at the event and continued work with Kentucky youth. Also during 4-H Week, Patsy Fields, CMV and Bonnie Glass, CMV (Grant County) taught a workshop. Our hats off to all of these individuals for their untiring efforts.

I know there are *many* more of you that need recognition for some of the special things you are doing. Please help me identify who you are and what you are doing by asking your local agent to send me an e-mail message or note! This is a great way to share with others what we are doing.

Plans for our training are taking shape thanks to your MVP Steering Committee! Please read on for additional information about workshop registration. *And*, if you know of someone who you think would enjoy being a part of the program, ask them to contact their local county Extension office for information. *This is the year for the new basic training! Applications will soon be due, so act quickly!*

I hope to see each of you this fall at Jabez!

Linda H eaton



Internet Relay Chats

Dr. Wendy Stivers

Extension Specialist for 4-H Youth Development Education - (Clothing and Textiles)

Internet Relay Chats (IRC's) are a great way to build a virtual community on the Internet. If you have access to the Internet through an Internet Service Provider (like America Online, Prodigy, CompuServe, campus MCI, etc.) you can literally use your keyboard and fingers to carry on conversations with experts and novices throughout the world who are interested in similar topics.

Join in the following chats with sewing celebrities on the Sew News Web site. Go to:

"www.sewnews.com" and follow the chat instructions.

August 5, 1998, 9-10:00 p.m. EDT

Pamela Burke, ThreadPro, "Sewing with Metallic Threads"

August 19, 1998, 9-10:00 p.m. EDT

Ruthann Spigelhoff, Great Copy Patterns, "Polarfleece Pizzazz".

Internet Relay Chats are definitely a new way to learn to communicate. Below are a few hints for doing chats.

- 1) Keep your sentences short.
- 2) Do not be afraid to interrupt people. Just type what you want to say in as conversational a manner as possible.
- 3) If you want to address a specific person's comments made several sentences ago, then type their name at the beginning of a message.
- 4) If you wish to have a long private conversation with a specific person, then do a private chat. Highlight their name in the box that generally appears in the upper left hand corner of your screen.
- 5) Use emotions such as smiley faces to show some expression. For example, :-) (Turn your head to the side and you will see a smiley face.)

If you need some help or someone to talk to in order to build up your courage to participate, contact me at wstivers@ca.uky.edu or 606-257-5961.

Happy chatting with lots of new friends from throughout the world who have similar interests as you!

Sewing Expos

There are several opportunities for you to attend some sewing expos. They include:

American Stitches Sewing Expos

Fashion Sewing, Quilting and Needle Arts

Villa Park, Illinois

September 18-20, 1998

King of Prussia, Pennsylvania

September 25-27, 1998

Novi, Michigan October 2-4, 1998

Indianapolis, Indiana October 9-11, 1998

Buffalo, New York October 16-18, 1998

Exciting Seminars, Shopping, Free Fashion shows, Fashion Sewing Contests, Hands-on Classes, National Needle Arts Exhibits featuring International Sewing and Needle Arts Experts. For Brochure Call: 1-800-594-9029 or check their web site at:

www.americanstitches.com

Original Sewing and Craft Expo

Sewing • Quilting • Crafts and Needlework

Baltimore, Maryland September 18-20, 1998

Columbus, Ohio September 24-26, 1998

Also this fall: **Minneapolis, Minnesota** and **Chicago, Illinois**. For more information, to register or for a FREE Expo brochure call 1-800-699-6309 or check their website address at:

http//:www.sewncraftexpo.com

Get ready for the MVP Auction!

Start planning now for the auction that we will be having at the Master Volunteer Training in Jabez in October! It will be held on Wednesday, October 28 after the banquet. We are planning a "live" auction as well as a "silent" auction. Doug Choate, Steering Committee Member and Mammoth Cave Area Program Director, will be the auctioneer for the evening. This has been a successful fundraiser for us in the past and we're sure it will be this year, too.

Items that have been auctioned in the past have been: bolts of fabric, patterns, completed crafts, completed garments, sewing books, sewing supplies and notions. Be sure to bring your auction items AND your pocketbook! See you at the auction!

Sherri Farley, Auction Coordinator Campbell Co. CEA for 4-H/Youth Development



MVP SPOTLIGHT

Hi, my name is Bonny Glass. I am married to William Glass and we live on Ridgelea Drive in Williamstown, Grant County, Kentucky. We have 4

daughters and 3 grandchildren.

Sewing has always been a part of my life, my mother, Ann Souder, is a self-taught seamstress and made all the family clothes as well as all the curtains and homedécor in our house. She passed the love of sewing on to me at an early age. I joined 4-H at the age of 10 with my mother as my leader. My first project was an apron, which I still have.

One of the first things I purchased when I married was a Kenmore sewing machine and with 4 daughters that Kenmore has been busy and faithful. It has made play clothes, dresses, prom dresses, bridesmaid's dresses and a wedding dress which was a real challenge but also rewarding.

In 1992, I was accepted into the Master Volunteer Program. This gave me an opportunity to learn new skills and techniques from some of the top professionals. Through this program my sewing knowledge has increased and my skills as a seamstress have been shared with 4-H'ers and adults through the classes which I have taught. I am presently giving lessons in my home to 3 adults on a weekly basis.

My favorite hobbies are sewing, ceramics and teaching sewing.

Bonny Glass, CMV Grant County Class of 1992



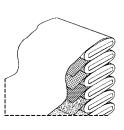
Good Bye to a Good Friend!

It saddens me to announce that Linda Berry, MVP Administrative Assistant, is leaving! Linda has recently accepted another position in the College of Agriculture Alumni

Office across campus. This is an advancement for her, and it leaves a very large dent in our program since she has been a key member of the MVP Steering Committee and the individual who has carefully checked your reports and responded to your questions. We wish Linda well in her new job beginning July 27.

What's Behind the Fabric?

What makes a garment hold its shape, look good after a number of years of wear and care? Frequently it's the fabric *behind* the fabric--in the simplest of garments it's the interfacing!



Shopping for interfacing can be a mind-boggling affair. There are choices after choices, brand names and more brand names. Some are woven. Some are knit. Others, one may not be able to easily identify the structure! There are fusibles as well as sew-in varieties. The key to success is through *trial* after trial after trial!

When a new interfacing comes on the market

in your area, purchase a quarter of a yard. Take it home-along with the directions for how to use. Cut the piece into several smaller pieces approximately three-by-three. Now apply each sample to a variety of different fabrics, leaving fashion fabric adjacent to the interfacing so that it can be turned over the interfaced segment for evaluating purposes. Store these fabric samples with your interfacing for future reference.

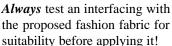
As a "master" sewer, it is important that you learn to select an appropriate interfacing not only for the particular fabric you are using, but for the specific location in the garment. This is an ongoing adventure as new interfacings come on the market, as our current interfacings take on a face-lift or change! A true *master* continues to grow and change, learning new things adapting new techniques, never afraid to step out of the mold and experiment!

Here are a few simple tried and true interfacing guidelines. *Generally speaking*,

- an interfacing should be the same or lighter weight than the fashion fabric.
- it is good to use woven interfacings with wovens, knits with knit fabrics.
- cut away all but approximately 1/8-inch of interfacing that falls within most seams.
 Even fusible interfacings should be caught by machine stitching in the edge of the

seam.

• a number of different interfacings may need to be used within the same garment to meet the specific requirements (cuffs, collar, waistband, hem, etc.)





Heads Up! CMV and MV Reports Due

Your incoming or outgoing MVP Area Contact Agent should have already contacted each of you about the due dates for your reports. That

date is *August 1*.

With Linda Berry's departure from our office, it is critical that everyone get their reports in on or before the August 1 deadline. If your report does not have a postmark on or before that date, it will not be checked before the training this fall. That means some of you may miss getting certified or re-certified. We just will not have the manpower to complete all the



tasks at hand given the circumstances this fall. *Please* recognize the situation this year and work with us on this matter!

1998 MVP Workshop Registration

Your MVP Steering Committee has been hard at work making plans for

what we believe will be an exciting training this fall! We believe it will be our best training ever because our group is getting larger and larger. This year there will be workshops for ongoing MVs and CMVs beginning on Tuesday afternoon which is a first for us. That means another full day of workshop opportunities! I hope you will plan to take advantage of it.

Please note you are to complete the enclosed *Workshop Registration Form* and *mail* it to Judy Hetterman (address on form). <u>All</u> workshops, except the Sharing Time, are limited to twenty (20) individuals. Registration will be on a first-come-first-served basis--no telephone registration accepted! The cutoff for workshop registration will be *September 4*-postmarked by *September 1*, received by September 4. On Monday, September 8, all unfilled workshops will be opened to County Extension Agents across the state.

Please only one workshop or activity per designated time slot. This includes signing up for a **Sharing Session**. We encourage each of you to consider sharing something you have been teaching, a new technique you have tried, a successful project you have done with youth or adults, etc. A maximum time limit for these session has been set for 15 minutes. The time limit will be strictly enforced. You must sign up --on the registration form--if you plan to formally share at the training. You may share more than one time if there are slots available. Please indicate your first choice if you sign-up more than once. We will accommodate you as possible.

At this writing, we know that one workshop will require a small registration fee. It is possible that the *Fashions from Fleece* workshop may also have a small fee (\$8 maximum) if we are unable to get the fabric necessary for the garment. You will be notified of the fee and other supplies you may need to bring on or after *September 21*.

See you in October!!!