



INTERDISCIPLINARY EXTENSION PROGRAM  
205 Scovell Hall  
Lexington, KY 40546-0064  
Office (606) 257-3888 FAX (606) 257-7565



*"extending clothing  
knowledge and skills"*

**MASTER  
VOLUNTEER  
IN  
CLOTHING  
CONSTRUCTION  
PROGRAM  
January 2000  
VOL 9 No 1**



**BEVERLY'S  
BRIEFS**

***Happy New Year!!!** I hope each of you had a peaceful and joyous holiday season. The new year, century and millennium are sure to bring new and exciting opportunities for continuous learning in our constantly changing world. We must understand we cannot do or learn everything, but we must choose to do the things most meaningful and fulfilling in our lives.*

*A new year is a good time to review our financial records and take an inventory of our personal items. It is also a time to get organized and set some personal goals that may include regular exercising and doing something special for ourselves.*

*Many of us work hard taking care of family members and issues, and often never taking a break to do something special for ourselves. A special treat could include spending a few hours at the local library, a new hair-do, a manicure, pedicure, mini-vacation or making ourselves a new outfit, just to name a few. Now that you have cooked those wonderful holiday meals, created festive holiday decorations, and shared with your loved ones... take a breath and plan to do something special **just for you!!** You deserve it!*

*Beverly C. Garner*

**EDUCATIONAL MATERIALS**

Videos and other educational materials are available for your use as part of the MVP program. The MVP program's educational materials and checkout procedures are included with this newsletter. Please make copies for future use. Your County Extension Agent has additional information regarding other videos, publications and materials for your use. Contact your local office for information regarding those materials.



## **START THE NEW YEAR BY BEING ORGANIZED!**

The cold winter season is a good time to get organized in your sewing room. Here are some practical storage and organization ideas for your sewing equipment space.

Wrap trims, laces and elastics around baby clothes hangers. They can be hung up or stored flat.

Gallon freezer bags work well for storage of spools of thread.

A hanging shoe organizer works well to store sewing supplies and notions. This works well when traveling with your supplies since it lies flat in a suitcase.

Try using plastic ice cube trays or egg cartons to sort and store buttons.

For hand-sewing supplies, use an old snap-closure eyeglasses case. It is a perfect size for small scissors, thimble, needle threader and holder, and, of course, your sewing eyeglasses!

Empty plastic film holders can be used to organize everything from bobbins, safety pins, buttons, long quilting pins, and snaps. Label the containers with masking tape.

Use a sticky tape-backed (lint)roller to pick up threads that fall onto the carpet. Saves the vacuum time!

Use Velcro to attach embellishments so the clothing can be washed without damaging the embellishment.

Glue a small magnet to the end of a yardstick to easily pick up pins and needles when cleaning up.

Store your old fabric softener sheets in a bag in the sewing room to use for

stabilizing buttonholes and decorative trims, as well as for appliques.

Check out hardware stores and sporting goods departments for various containers to store supplies.

*Sherry Farley,*

4-H Agent Campbell County

Source: Information from 501 Sewing Hints, Sewing With Nancy

## **MVP CLASS OF 2000**

Ten months from now we will be packing our bags for another trip to Jabez for our annual training. We encourage you to continue soliciting for the class of 2000. Application materials will be available with the July newsletter. MVP brochures and exhibit materials are also available from the state office for your use at various functions upon request.

## **DRITZ SEWING CLUB**

You have an opportunity to join the Dritz-Email Sewing Club. You can receive exciting news about Dritz products, sneak previews about special promotions and contests... and more. If you are interested you can visit their website at: <http://www.dritz.com/sewclub.html> or mail your name, mailing address, and email address to:

Amy Summers  
Prym-Dritz Corporation  
Consumer Information  
P.O.Box 692  
Spartanburg, SC 29304-0692

## **HAIR CANVAS**

You can now purchase hair canvas for your tailoring needs for \$2.25 per yard. Mail or call your request into our office, and make check payable to: Kentucky Friends of 4-H/MVP



## MVP SPOTLIGHT

*My husband and I live on a farm where we raise corn, soybeans, cattle and Belgian horses. We have one son, two daughters, and seven grandchildren.*

*Sewing has been a “way of life” for me all of my life. My mom made all the family clothes. Being the oldest of eight children, I was her number one helper. I sat at the machine sewing and she spoiled me by doing the hand work. I still prefer the machine to the tedious hand work.*

*I joined 4-H at the age of ten, under a dear, sweet lady as my leader. (Imagine 40 years later she asked me for help when lining her granddaughter’s riding habit.) When I became a teen, I wanted to share the knowledge of clothing construction. This happened when I taught my sister and three of her friends to make aprons, thus becoming a teen leader. My love for sewing and happiness in sharing what I learned with others has continued through 37 years as a 4-H clothing project leader.*

*Making a difference in a child’s life is a great reward, especially when it’s in a club that you have been associated with for many years. However, some sewing techniques have changed over the years, therefore I felt a need to increase my knowledge and improve my teaching ability. That’s why I entered the Master Volunteer in Clothing Construction program in 1992. The 4-H motto “To Make The Best Better”, the class has taught me new techniques and perfected others. I learn by doing and encourage others to focus efforts into wearable garments and useful home furnishing articles.*

*The MVP program has encouraged me to reach many different people, from adults to young children. The benefits I receive are well worth the time, effort and commitment.*

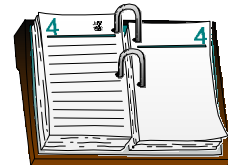
*My most rewarding project was a wedding dress for my oldest daughter. After designing the dress on paper my daughter and I worked together for 7 months to make her dream come true. It wasn’t a one time making. We made the dress first from bed sheets perfecting the pattern as we went. When it came time for the fashion fabric we knew exactly how everything was to fit. The dress has since been worn by 3 other family members. Each time I see the dress, not only does it remind me of the sewing challenge, but the memories of a mother and daughter coming together to create a once in a lifetime masterpiece.*

*I truly appreciate the Master Volunteer in Clothing Construction program for the opportunity*

*it provides me in keeping up with what is new in the sewing industry. The ability to share my knowledge and skills with fellow seamstresses is most rewarding. As a result of the program I have become the winner, because I have come away with many new and dear friends.*

*Your Sewing Sister,  
Sarah Scott*

## MARK YOUR CALENDER



Upcoming sewing & craft expos:

March 9 -11.....Atlanta, GA

March 14 - 16 ..Clearwater, FL

April 7 - 9 .....Cincinnati/Covington, OH

April 27 - 29.....Cleveland, OH

Please call Jean at 1-800-699-6309 for a brochure. Identify yourself as part of the Kentucky MVP program for discounts.

May 4.....MVP Agent In-service Training, Elizabethtown

July 1.....MVP & CMV Reports due in state office

October 3-6.....MVP Training, Kentucky Leadership Center, Jabez.

## UPCOMING MVP SPOTLIGHTS

Edna Gunsauls - April newsletter  
(due March 15<sup>th</sup>)

Henrietta Goff - July newsletter (due June 15<sup>th</sup>)