

University of Kentucky College of Agriculture, Food and Environment *Cooperative Extension Service*

KENTUCKY COUNTY PROFILES

Building 2022 **Strong Families**

IN WHITLEY COUNTY



Matti Cornelius County Extension Agent, Family and Consumer Sciences Education

OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

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In 2020-2021, Family and Consumer Sciences Extension made

2,304 direct and 340,811 indirect contacts with individuals and families in Whitley County.

SPOTLIGHT: WHITLEY COUNTY

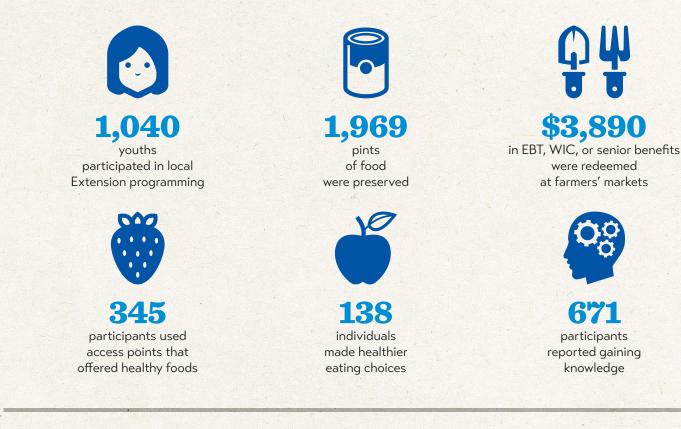
Earth Day event reaches hundreds



For Earth Day 2021, the Whitley County Cooperative Extension Office banded together in a collaborative effort to provide educational and functional materials to the community. Agents and staff from all programs contributed items and publications they hoped would be useful to participants, but also would stress the importance of being Earth-friendly. The FCS agent offered reusable cloth tote bags, recipe bookmarks, and publications with green cleaning recipes, among other things. The idea was to provide convenient, easy to reuse items, but also educational items that would inspire clientele to delve more deeply into environmentally minded practices. We gave out 200 bags. Of the participants, 88% said they had used their recipe bookmark, and 57% said they had used the green cleaning recipes.

WHITLEY COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth. Whitley County's FCS Extension programming in 2020-2021 led to the following results.



Connect with us!



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PODCAST **UKFCSExt** .podbean.com



Plate it Up!

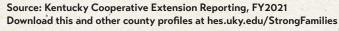
Browse and download more than 100 delicious, healthy recipes from Plate it Up Kentucky Proud.

PlateItUp.ca.uky.edu



Listen. Learn. Live Well.

University of Kentucky Family and **Consumer Sciences Extension brings** you a podcast focusing on nutrition, health, resource management, and more. Available on Apple Podcasts, Google Play and UKFCSExt.podbean.com.



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