



Building Strong Families

2022

IN WHITLEY COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2020-2021,
Family and Consumer
Sciences Extension made

2,304

direct and

340,811

indirect contacts with
individuals and families in
Whitley County.

SPOTLIGHT: WHITLEY COUNTY

Earth Day event reaches hundreds



For Earth Day 2021, the Whitley County Cooperative Extension Office banded together in a collaborative effort to provide educational and functional materials to the community. Agents and staff from all programs contributed items and publications they hoped would be useful to participants, but also would stress the importance of being Earth-friendly. The FCS agent offered reusable cloth tote bags, recipe bookmarks, and publications with green cleaning recipes, among other things. The idea was to provide convenient, easy to reuse items, but also educational items that would inspire clientele to delve more deeply into environmentally minded practices. We gave out 200 bags. Of the participants, 88% said they had used their recipe bookmark, and 57% said they had used the green cleaning recipes.

WHITLEY COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Whitley County's FCS Extension programming in 2020-2021 led to the following results.



1,040

youths
participated in local
Extension programming



1,969

pints
of food
were preserved



\$3,890

in EBT, WIC, or senior benefits
were redeemed
at farmers' markets



345

participants used
access points that
offered healthy foods



138

individuals
made healthier
eating choices



671

participants
reported gaining
knowledge

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University of Kentucky Family and
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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2021
Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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