



# Building Strong Families

2022

## IN ROBERTSON COUNTY

### OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

### OUR SUCCESS

In 2020-2021,  
Family and Consumer  
Sciences Extension made

**792**

direct and

**155,192**

indirect contacts with  
individuals and families in  
Robertson County.

### SPOTLIGHT: ROBERTSON COUNTY

## Helping health-care workers during COVID



The COVID-19 virus closed many businesses and placed a strain on health-care providers worldwide, creating a high demand for personal protection equipment for health-care workers. With such a demand on personal protection equipment, items such as isolation gowns were not available. To help address this issue, the Robertson County FCS Extension Office, neighboring county Extension offices, Goodtime Homemakers, Master Clothing Volunteers, and Trace Creek Construction all played a role in successfully providing isolation gowns for Primary Plus's nine offices, per their request. Primary Plus provided the fabric and other supplies, and we completed a total of 221 gowns. Providing these gowns to our local health-care workers helped protect them from getting sick and enabled them to continue to treat those who were sick.



## ROBERTSON COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

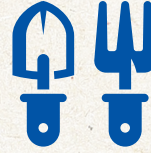
Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Robertson County's FCS Extension programming in 2020-2021 led to the following results.



**200**

pounds  
of venison  
were donated



**\$1,200**

in EBT, WIC, or senior benefits  
were redeemed  
at farmers' markets



**200**

recipe cards  
distributed throughout  
the community



**\$100**

increase in sales  
because of  
Plate it Up!

### Connect with us!



WEBSITE  
**FCS.uky.edu**



FACEBOOK  
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UKFCSExt**



INSTAGRAM  
**Instagram.com/  
UKFCSExt**



PODCAST  
**UKFCSExt  
.podbean.com**



### Plate it Up!

Browse and download more than  
100 delicious, healthy recipes  
from Plate it Up Kentucky Proud.

**PlateltUp.ca.uky.edu**



### Listen. Learn. Live Well.

University of Kentucky Family and  
Consumer Sciences Extension brings  
you a podcast focusing on nutrition,  
health, resource management, and more.  
Available on Apple Podcasts, Google  
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2021  
Download this and other county profiles at [hes.uky.edu/StrongFamilies](https://hes.uky.edu/StrongFamilies)

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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