



Building Strong Families

2022

IN MERCER COUNTY

OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2020-2021,
Family and Consumer
Sciences Extension made

9,056

direct and

812

indirect contacts with
individuals and families in
Mercer County.

SPOTLIGHT: MERCER COUNTY

Addiction education programs helps communities



Kentucky counties have seen increases in hospitalizations, infectious diseases, nonfatal overdoses, and other complications related to drug use since the pandemic began. In response to this growing issue, the Mercer County FCS Extension agent worked in conjunction with the Kentucky Extension Homemakers Association (KEHA) leader training system to offer an evening addiction education session. Collaborating among eight contiguous Central Kentucky counties, agents convened community leaders and stakeholders to discuss the nature of the addiction crisis and to explore solutions. A local county prosecutor, treatment providers, and even individuals with lived experience joined a panel discussion to help 55 participants better understand addiction, stigma, and available resources.

MERCER COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Mercer County's FCS Extension programming in 2020-2021 led to the following results.



64

youths
participated in local
Extension programming



81

adult
volunteers



89

individuals engaged in coalitions
or organizations to address
a significant community issue



53

participants improved
skills that will
strengthen families

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University of Kentucky Family and
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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2021
Download this and other county profiles at hes.uky.edu/StrongFamilies

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