



# Building Strong Families

2022

## IN MAGOFFIN COUNTY



**Cathy Sparks**  
County Extension Agent,  
Family and Consumer  
Sciences Education

### OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

### OUR SUCCESS

In 2020-2021,  
Family and Consumer  
Sciences Extension made

**52,392**

direct and

**3,905**

indirect contacts with  
individuals and families in  
Magoffin County.

### SPOTLIGHT: MAGOFFIN COUNTY

## ‘Patchwork Playdates’ goes virtual, reaches hundreds of kids



The COVID-19 pandemic has interrupted so many important programs, not the least of which is Patchwork Playdates. Our preschool program has been one of the most popular programs in our office, always with great attendance and participation. To continue this programming, a 4-H Teen Club member practiced her storytelling techniques, and we coached her on the best ways to keep the children engaged during a story. She then read, recorded, and posted the stories on our Facebook page. We reached 889 local children, with an average of 178 children viewing each story. These stories were not only entertaining, but also offered lessons. We used advertisements, notifications, and a monthly newsletter to tell parents when the story times would be. The program has been beneficial for everyone involved.



## MAGOFFIN COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Magoffin County's FCS Extension programming in 2020-2021 led to the following results.



**453**

Youths  
participated in local  
Extension programming



**3,648**

pints  
of food  
were preserved



**126**

participants used  
food labels to make  
healthy food choices



**1,472**

volunteer hours were  
reported by FCS Extension  
program volunteers



**156**

participants had intentions  
to make lifestyle changes  
to improve their health



**324**

participants used  
access points that  
offered healthy foods

### Connect with us!



WEBSITE  
**FCS.uky.edu**



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UKFCSExt**



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UKFCSExt**



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**UKFCSExt  
.podbean.com**



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Browse and download more than  
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**PlateltUp.ca.uky.edu**



### Listen. Learn. Live Well.

University of Kentucky Family and  
Consumer Sciences Extension brings  
you a podcast focusing on nutrition,  
health, resource management, and more.  
Available on Apple Podcasts, Google  
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2021  
Download this and other county profiles at [hes.uky.edu/StrongFamilies](https://hes.uky.edu/StrongFamilies)

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