



# Building Strong Families

2022

## IN MADISON COUNTY



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### OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

### OUR SUCCESS

In 2020-2021,  
Family and Consumer  
Sciences Extension made

**7,926**

direct and

**232,535**

indirect contacts with  
individuals and families in  
Madison County.

### SPOTLIGHT: MADISON COUNTY

## Facemasks help seven schools and counting



The COVID pandemic has presented several new obstacles for our local school systems. Having enough facemasks to help our kids stay safe and healthy is one of them. Several Madison County Family Resource Centers within our local schools identified as having a need for child-sized facemasks for their students. To address this issue, the Madison County FCS Extension agent, in partnership with the Family Resource Center directors, several Homemakers, and volunteers, designed and assembled masks of various sizes. These facemasks were donated to the Extension office and delivered to various Family Resource Centers around Madison County. To date, more than 250 masks have been delivered to seven schools, and more donations are brought in weekly.



## MADISON COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Madison County's FCS Extension programming in 2020-2021 led to the following results.



**54**

Youths  
participated in local  
Extension programming



**97**

individuals  
made healthier  
eating choices



**250**

recipe cards  
distributed throughout  
the community



**69**

participants had intentions  
to make lifestyle changes  
to improve their health



**47**

demonstrated  
safe handling of food



**117**

participants  
reported gaining  
knowledge

### Connect with us!



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University of Kentucky Family and  
Consumer Sciences Extension brings  
you a podcast focusing on nutrition,  
health, resource management, and more.  
Available on Apple Podcasts, Google  
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2021  
Download this and other county profiles at [hes.uky.edu/StrongFamilies](https://hes.uky.edu/StrongFamilies)

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