



Building Strong Families

2022

IN LOGAN COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2020-2021,
Family and Consumer
Sciences Extension made

2,253

direct and

2,351

indirect contacts with
individuals and families in
Logan County.

SPOTLIGHT: LOGAN COUNTY

‘Homemade Holidays’ helped bring ‘traditions to life’



During 2020, families spent more time together at home because of the global pandemic restrictions. Along with the increased time spent at home, many families faced financial struggles, food insecurity, and looked for new ways to keep children entertained during this time. To address these needs, the Logan County FCS Extension agent and 4-H Youth Development Extension agents, in partnership with community partners, worked to bring families Homemade Holidays. We distributed positive and fun educational resources and materials through grab and go kits. The program reached a total of 487 individuals in Logan County. After the program, participants reported, “The kits really helped bring some amazing holiday traditions to life.”

LOGAN COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Logan County's FCS Extension programming in 2020-2021 led to the following results.



677

Youths
participated in local
Extension programming



\$749

increase in sales
because of
Plate it Up!



165

recipe cards
distributed throughout
the community



1,560

participants
reported gaining
knowledge

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FCS.uky.edu



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University of Kentucky Family and
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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2021
Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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