



Building Strong Families

2022

IN LESLIE COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2020-2021,
Family and Consumer
Sciences Extension made

4,575

direct and

2,150

indirect contacts with
individuals and families in
Leslie County.

SPOTLIGHT: LESLIE COUNTY

Bag to go programs keep education going during pandemic



2020 Extension programming was suddenly required to shift from in-person programming to other platforms because of the COVID-19 pandemic. The Leslie County FCS Extension Office, along with many others, found creative ways to provide educational information to our community. Healthy at Home, Kids Club and Seasoned newsletters were some of the many resources we provided to hundreds of community members throughout the pandemic. Implementing the Bag to Go programs also made it possible to keep our community connected and involved in learning a variety of topics. Each bag included specialty items, activities, or lessons for families to do together and reached more than 1,480 people during the pandemic. Virtual programming provided a new avenue while Bag to Go programs kept traditional educational practices going in ways that made people feel comfortable, creative, and connected.

LESLIE COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Leslie County's FCS Extension programming in 2020-2021 led to the following results.



477

Youths
participated in local
Extension programming



74

pints
of food
were preserved



75

participants
gained financial
management knowledge



248

volunteer hours were
reported by FCS Extension
program volunteers



98

participants
adopted new
physical activity practices



123

participants
reported gaining
knowledge

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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
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Source: Kentucky Cooperative Extension Reporting, FY2021
Download this and other county profiles at hes.uky.edu/StrongFamilies

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