

University of Kentucky College of Agriculture, Food and Environment *Cooperative Extension Service*

KENTUCKY COUNTY PROFILES

Building 2022 **Strong Families**

IN KENTON COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

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In 2020-2021, Family and Consumer Sciences Extension made

9,862 direct and 1,004,984 indirect contacts with individuals and families in Kenton County.

SPOTLIGHT: KENTON COUNTY

Food preservation videos help home growers preserve produce



With the spread of COVID-19, many families decided to grow home gardens. Home growers needed information on safe and effective ways to preserve food more than ever. Yet traditional in-person classes were no longer an option. According to the Centers for Disease Control and Prevention, foodborne botulism has occurred after people ate home-canned, preserved, or fermented foods that were contaminated with toxin. Noting these two important facts, the Boone and Kenton County FCS Extension agents developed a four-part virtual series on food preservation basics. Videos were produced and shared, demonstrating how to safely freeze, dry, boiling water bath, and pressure can produce during live Zoom sessions. Programs were promoted through the local newspaper, Extension website, and social media. More than 100 participants attended one or more of the live sessions.

KENTON COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth. Kenton County's FCS Extension programming in 2020-2021 led to the following results.



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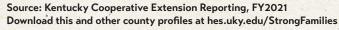
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