



Building Strong Families

2022

IN GRAVES COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2020-2021,
Family and Consumer
Sciences Extension made

8,984

direct and

15,160

indirect contacts with
individuals and families in
Graves County.

SPOTLIGHT: GRAVES COUNTY

‘Positive Employability’ helps prepare people for the workforce



Research tell us that 85% of job success comes from having well-developed soft and people skills, while only 15% of job success comes from technical skills and knowledge (hard skills). Employers are often prepared to teach technical job skills; however, the intangible skills of being a team player, time management, and positive attitude are difficult to teach on-site but are critical to success. To address this need, the Graves County FCS Extension Office partnered with The Lighthouse - A Refuge for Women and Children and offered Positive Employability: Preparing for Financial Success. This curriculum provides our clientele with the personal skill sets and resources to be workforce ready. The program offered objective-based learning through interactive learning activities, including Ten Soft Skills for Success, Communication Skills, Professional Etiquette, and Resume Building.

GRAVES COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Graves County's FCS Extension programming in 2020-2021 led to the following results.



544

youths
participated in local
Extension programming



790

pints
of food
were preserved



\$575

increase in sales
because of
Plate it Up!



1,764

volunteer hours were
reported by FCS Extension
program volunteers



1,032

adult
volunteers



\$525

in EBT, WIC, or senior benefits
were redeemed
at farmers' markets

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FCS.uky.edu



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University of Kentucky Family and
Consumer Sciences Extension brings
you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2021
Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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