



Building Strong Families

2022

IN FLOYD COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2020-2021,
Family and Consumer
Sciences Extension made

7,454

direct and

34,374

indirect contacts with
individuals and families in
Floyd County.

SPOTLIGHT: FLOYD COUNTY

‘Dinner for Two’ continues virtually



According to the United States Census Bureau, there are 18,623 households in Floyd County with an average of 2.37 persons living in each household. According to the Youth Risk Behavior Surveillance System, Kentucky is below the national average in fruit and vegetable consumption among youths. The Centers for Disease Control states that adults in Kentucky are also below the national average in fruit and vegetable consumption. The Floyd County FCS Extension Office continued offering the Dinner for Two program virtually with the same format as the 2019 in-person programming. We provided program kits to 80 participants and created a Facebook group to provide nutrition information along with recipes, weekly polls in which participants could vote on the next week’s recipe, and the pre-recorded video.

FLOYD COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Floyd County's FCS Extension programming in 2020-2021 led to the following results.



1,200
youths
participated in local
Extension programming



1,776
individuals
made healthier
eating choices



463
participants
gained financial
management knowledge



150
participants used
access points that
offered healthy foods



1,328
participants had intentions
to make lifestyle changes
to improve their health



1,933
participants
reported gaining
knowledge

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University of Kentucky Family and
Consumer Sciences Extension brings
you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2021
Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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