



Building Strong Families

2022

IN EDMONSON COUNTY



Julia Wilson
County Extension Agent,
Family and Consumer
Sciences Education

OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2020-2021,
Family and Consumer
Sciences Extension made

12,716

direct and

413,553

indirect contacts with
individuals and families in
Edmonson County.

SPOTLIGHT: EDMONSON COUNTY

‘Extension-on-the-Go’ steps in when bad internet service can’t



During 2020, most in-person Extension programming was cancelled in Edmonson County. While other counties used virtual programs, we could not because community members do not have adequate internet service. In an effort to continue programming, the Edmonson County FCS Extension agent offered Extension-on-the-Go. We individually packaged educational projects, activities, crafts, and more and left them outside the Extension office for families to pick up at their convenience. Kits were available for youths and adults and covered a variety of topics. Activities included owl pellet discovery, embroidery, knitting, crocheting, fairy garden, leaf collection binders, family mealtime, Zen garden kits, needle felting, and bird feeders. In total, community members picked up 1,265 educational kits, and 27% of participants were new to Extension programming.

EDMONSON COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Edmonson County's FCS Extension programming in 2020-2021 led to the following results.



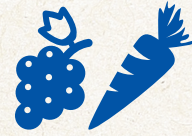
310

youths
participated in local
Extension programming



3,719

pints
of food
were preserved



97

community members purchased
fruits and vegetables from
the Plate it Up! recipe card



719

volunteer hours were
reported by FCS Extension
program volunteers



250

recipe cards
distributed throughout
the community



45

adult
volunteers

Connect with us!



WEBSITE
FCS.uky.edu



FACEBOOK
**Facebook.com/
UKFCSExt**



INSTAGRAM
**Instagram.com/
UKFCSExt**



PODCAST
**UKFCSExt
.podbean.com**



Plate it Up!

Browse and download more than
100 delicious, healthy recipes
from Plate it Up Kentucky Proud.

PlateltUp.ca.uky.edu



Listen. Learn. Live Well.

University of Kentucky Family and
Consumer Sciences Extension brings
you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2021
Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service