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Building Strong Families

IN CLINTON COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS)
Extension is committed to improving
the health and well-being of individuals
and families throughout Kentucky. Our
educational programs focus on making
healthy lifestyle choices, nurturing families,
embracing life as we age, securing financial
stability, promoting healthy homes and
communities, accessing nutritious food,
and empowering community leaders.

OUR SUCCESS

In 2020-2021, Family and Consumer Sciences Extension made

5,466 direct and

248,009

indirect contacts with individuals and families in Clinton County.

SPOTLIGHT: CLINTON COUNTY

Operation Hometown Christmas helps more than 400 people



For a number of years, community partners and advisory groups have identified the need for a coordinated system for holiday assistance and outreach. Some families were not being served while others were being served multiple times by different sponsors. The Clinton County FCS Extension agent facilitated a committee to create Operation Hometown Christmas which facilitated individuals, groups, businesses, churches, and families working together during the holiday season using one standard application for assistance, one master list for sponsors, and communicating more effectively. Eighteen committee members developed and marketed the process. More than 95 different sponsors participated to serve 414 children and adults throughout Clinton County. Families received more assistance than in the past as a result of the coordinated effort. Sponsors were pleased that an organized system was in place that avoided duplication of services.

CLINTON COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Clinton County's FCS Extension programming in 2020-2021 led to the following results.



 ${\bf 349}$

youths
participated in local
Extension programming



individuals engaged in coalitions or organizations to address

a significant community issue



7,652

participants used access points that offered healthy foods



217

participants adopted new physical activity practices



340

volunteer hours were reported by FCS Extension program volunteers



134

participants reported gaining knowledge

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University of Kentucky Family and Consumer Sciences Extension brings you a podcast focusing on nutrition, health, resource management, and more. Available on Apple Podcasts, Google Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2021
Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.

