



Building Strong Families

2022

IN CLARK COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2020-2021,
Family and Consumer
Sciences Extension made

8,558

direct and

68,285

indirect contacts with
individuals and families in
Clark County.

SPOTLIGHT: CLARK COUNTY

Book Walk launch lures more than 400



During the COVID-19 pandemic, a local organization developed a county-wide community task force. Stakeholders from various community partners met weekly to discuss local concerns that had developed because of the pandemic. During some of these meetings, members raised concerns that the COVID restrictions were adversely affecting individuals and families, both physically and mentally. In an effort to address these concerns, the Clark County FCS agent partnered with the Clark County Public Library to develop a book walk in a local park. More than 400 people came to the event, walked the trail, and learned about the benefits of the book walk. We installed a QR code with the story that allowed participants to have the story read out loud and take a survey about their experience. All participants reported enjoying the book walk.

CLARK COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Clark County's FCS Extension programming in 2020-2021 led to the following results.



1,811

youths
participated in local
Extension programming



67

participants used
access points that
offered healthy foods



\$1,400

in EBT, WIC, or senior benefits
were redeemed
at farmers' markets



2,215

volunteer hours were
reported by FCS Extension
program volunteers



71

program participants
increased their
physical activity



104

parents and/or caregivers
reported improved
personal skills

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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2021
Download this and other county profiles at hes.uky.edu/StrongFamilies

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