

University of Kentucky College of Agriculture, Food and Environment *Cooperative Extension Service*

KENTUCKY COUNTY PROFILES

Building 2022 **Strong Families**

IN BUTLER COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

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In 2020-2021, Family and Consumer Sciences Extension made

1,478 direct and 433,082 indirect contacts with individuals and families in Butler County.

SPOTLIGHT: BUTLER COUNTY

'Recovering Your Finances' helps those in recovery



Financial stress can put individuals in recovery from substance use disorder at risk for relapse, particularly during early stages of recovery. Through comprehensive financial education training, we can expand the capacity of recovery centers and other partners in the community that work with individuals in recovery thereby reducing the likelihood of relapse. To address this concern, the Butler County FCS Extension Office used the Recovering Your Finances curriculum to help build financial capability for those in recovery and thereby improve the efficacy of substance use recovery programs. Topics presented include budgeting, credit, banking, savings, and more. The program was taught to 10 men during an eight-week period meeting for two hours each week. After the program, 80% of participants reported that they understood the financial resources that may be needed to sustain recovery.

BUTLER COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth. Butler County's FCS Extension programming in 2020-2021 led to the following results.







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Source: Kentucky Cooperative Extension Reporting, FY2021 Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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