

Building Strong Families

IN WASHINGTON COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS)
Extension is committed to improving
the health and well-being of individuals
and families throughout Kentucky. Our
educational programs focus on making
healthy lifestyle choices, nurturing families,
embracing life as we age, securing financial
stability, promoting healthy homes and
communities, accessing nutritious food,
and empowering community leaders.

OUR SUCCESS

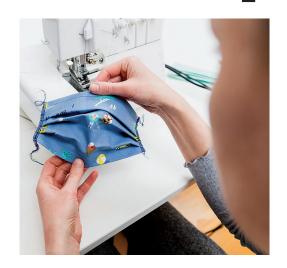
In 2019-2020, Family and Consumer Sciences Extension made

191,945

direct and indirect contacts with individuals and families in Washington County.

SPOTLIGHT: WASHINGTON COUNTY

Cloth face coverings to help prevent the spread of COVID-19



Because of the COVID-19 pandemic, the CDC recommended the use of cloth face coverings while in public. The Washington County Family and Consumer Sciences Extension Agent, along with other county Extension agents, facilitated a statewide donation of cloth face coverings to the Kentucky Children's Hospital. We set up a donation site, promoted it on social media, sent donated items to the university, and sent thank you letters to all who donated. Washington County donated 153 cloth face coverings to Kentucky Children's Hospital. We also offered free kits to community members to make their own cloth face coverings. Each kit included materials to make the face covering as well as CDC instructions and best practice guidelines. We distributed 53 cloth face covering kits that required sewing and 96 bandana-style kits that did not require sewing.

WASHINGTON COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Washington County's FCS Extension programming in 2019-2020 led to the following results.



1,065
youths participated in local
Extension programming



individuals made healthier eating choices



volunteer hours were reported by FCS Extension program volunteers



youths gained a better understanding of substance abuse



155
participants reported gaining knowledge



200
participants reported making positive behavior changes

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Source: Kentucky Cooperative Extension Reporting, FY2020 Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.

