



Building Strong Families

IN WASHINGTON COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020, Family and Consumer Sciences Extension made **191,945** direct and indirect contacts with individuals and families in Washington County.

SPOTLIGHT: WASHINGTON COUNTY

Cloth face coverings to help prevent the spread of COVID-19



Because of the COVID-19 pandemic, the CDC recommended the use of cloth face coverings while in public. The Washington County Family and Consumer Sciences Extension Agent, along with other county Extension agents, facilitated a statewide donation of cloth face coverings to the Kentucky Children’s Hospital. We set up a donation site, promoted it on social media, sent donated items to the university, and sent thank you letters to all who donated. Washington County donated 153 cloth face coverings to Kentucky Children’s Hospital. We also offered free kits to community members to make their own cloth face coverings. Each kit included materials to make the face covering as well as CDC instructions and best practice guidelines. We distributed 53 cloth face covering kits that required sewing and 96 bandana-style kits that did not require sewing.

WASHINGTON COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Washington County's FCS Extension programming in 2019-2020 led to the following results.



1,065

youths participated in local
Extension programming



80

individuals made healthier
eating choices



354

volunteer hours were reported
by FCS Extension program
volunteers



200

participants reported
making positive
behavior changes



98

youths gained
a better understanding
of substance abuse



155

participants reported
gaining knowledge

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Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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