



Building Strong Families

IN TAYLOR COUNTY

OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020,
Family and
Consumer Sciences
Extension made
42,273
direct and indirect contacts
with individuals
and families in
Taylor County.

SPOTLIGHT: TAYLOR COUNTY

Manners to Go makes everyday etiquette easy



Basic manners are important skills that children of all ages can learn. This skill provides a way for children to be confident in every aspect of their lives. The Taylor County Family and Consumer Sciences Extension agent provided the Manners to Go program at Taylor County Primary School. This program focuses on reading and math skills, good nutrition, community, and life skills. Manners to Go was a weekly program focusing on table manners, first impressions, and communication skills. As a result of the program, it was reported that all participants learned how to set a table, how to introduce themselves to adults, and the importance of eye contact. Unfortunately, because of the COVID-19 pandemic, we were not able to complete the program in its entirety. The teachers, however, plan to continue the program next year.

TAYLOR COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Taylor County's FCS Extension programming in 2019-2020 led to the following results.



2,013

youths participated in local
Extension programming



126

individuals made healthier
eating choices



215

volunteers reported actively
practicing leadership skills



419

adult volunteers



169

participants ate
4 to 6 servings of veggies
a day after Plate it Up!

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University of Kentucky Family and
Consumer Sciences Extension brings
you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at hes.uky.edu/StrongFamilies

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