



Building Strong Families

IN OHIO COUNTY

OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020,
Family and
Consumer Sciences
Extension made
16,235
direct and indirect contacts
with individuals
and families in
Ohio County.

SPOTLIGHT: OHIO COUNTY

To-go kits help locals grow gardens



The onset of COVID-19 created a new paradigm for many across the U.S. and Kentucky. With so many people off work, raising vegetables in a garden became more popular. To assist locals, the Agriculture agents and the Ohio County Family and Consumer Sciences Extension agent prepared “to-go kits” about gardening and composting. Kits were available for pick-up at the Extension office, we distributed them to Food Pantry participants, and we made them available at a local Hispanic store. The to-go kits included publications on preparing a garden; how to plant and maintain the garden; seed packets of green beans, cucumbers, and squash; composting basics; and Healthy at Home information. We reached more than 800 families through the to-go packets.

OHIO COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Ohio County's FCS Extension programming in 2019-2020 led to the following results.



2,450

youths participated in local
Extension programming



330

adult volunteers



449

volunteer hours were reported
by FCS Extension program
volunteers



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Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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