

**University of Kentucky** College of Agriculture, Food and Environment *Cooperative Extension Service* 

# Building Strong Families

#### **OUR FOCUS**

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

#### **OUR SUCCESS**

In 2019-2020, Family and Consumer Sciences Extension made

16,673

direct and indirect contacts with individuals and families in Marion County.

#### **SPOTLIGHT: MARION COUNTY**

## Germs, germs, go away



The Marion County Cooperative Extension Expanded Food and Nutrition assistant partnered with one of our local elementary schools to teach hand-washing classes. The local elementary school was having an issue with too many children missing school because of sickness that probably could have been prevented. We went into the school and taught proper hand-washing techniques. We talked about how germs can make us sick, even if we cannot see them. I went to each classroom, and we practiced the proper way to wash our hands using a lesson from the Yummy curriculum. Having children practice proper hand-washing techniques will help to keep the germs from spreading throughout their classroom and the entire school. Following the lesson, 70% of participants reported knowing how to wash their hands properly.

#### MARION COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth. Marion County's FCS Extension programming in 2019-2020 led to the following results.







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Source: Kentucky Cooperative Extension Reporting, FY2020 Download this and other county profiles at hes.uky.edu/StrongFamilies

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