

University of Kentucky College of Agriculture, Food and Environment *Cooperative Extension Service*

Building Strong Families

IN MAGOFFIN COUNTY



Cathy Sparks County Extension Agent, Family and Consumer Sciences Education

OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020, Family and Consumer Sciences Extension made

12,881 direct and indirect contacts with individuals and families in Magoffin County.

SPOTLIGHT: MAGOFFIN COUNTY

Pink Ribbon Luncheon educates about breast cancer



In 2012, breast cancer represented about 12% of all new cancer cases and 25% of all cancers in women. Breast cancer is the most frequently diagnosed cancer among women in 140 of 184 countries worldwide. Globally, breast cancer now represents one in four of all cancers in women. The Magoffin County Homemakers have sponsored the Pink Ribbon Luncheon, celebrating breast cancer survivors, and providing education for attendees about the risks of breast cancer and the importance of screening yearly. Multiple agencies from within the county and the area participated in the event this year. We gave educational packets to every participant. The Homemakers take great pride in sponsoring this activity for our community each year and have gained respect in the community for hosting this event annually.

MAGOFFIN COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth. Magoffin County's FCS Extension programming in 2019-2020 led to the following results.







individuals made healthier eating choices





were preserved

participants reported making positive behavior changes

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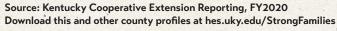
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