



# Building Strong Families

## IN MAGOFFIN COUNTY



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### OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

### OUR SUCCESS

In 2019-2020,  
Family and  
Consumer Sciences  
Extension made  
**12,881**  
direct and indirect contacts  
with individuals  
and families in  
Magoffin County.

### SPOTLIGHT: MAGOFFIN COUNTY

## Pink Ribbon Luncheon educates about breast cancer



In 2012, breast cancer represented about 12% of all new cancer cases and 25% of all cancers in women. Breast cancer is the most frequently diagnosed cancer among women in 140 of 184 countries worldwide. Globally, breast cancer now represents one in four of all cancers in women. The Magoffin County Homemakers have sponsored the Pink Ribbon Luncheon, celebrating breast cancer survivors, and providing education for attendees about the risks of breast cancer and the importance of screening yearly. Multiple agencies from within the county and the area participated in the event this year. We gave educational packets to every participant. The Homemakers take great pride in sponsoring this activity for our community each year and have gained respect in the community for hosting this event annually.



## MAGOFFIN COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Magoffin County's FCS Extension programming in 2019-2020 led to the following results.



**268**

youths participated in local  
Extension programming



**724**

individuals made healthier  
eating choices



**1,719**

pints of food  
were preserved



**170**

participants reported  
gaining knowledge



**160**

participants reported  
their intent to cook more



**532**

participants reported  
making positive  
behavior changes

### Connect with us!



WEBSITE  
**FCS.uky.edu**



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University of Kentucky Family and  
Consumer Sciences Extension brings  
you a podcast focusing on nutrition,  
health, resource management, and more.  
Available on Apple Podcasts, Google  
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2020  
Download this and other county profiles at [hes.uky.edu/StrongFamilies](https://hes.uky.edu/StrongFamilies)

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