



Building Strong Families

IN LOGAN COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020,
Family and
Consumer Sciences
Extension made

4,489

direct and indirect contacts
with individuals
and families in
Logan County.

SPOTLIGHT: LOGAN COUNTY

Backpack Booster Project



Children are our future. They, like everyone else, need access to health care, education, and nutrition essential for appropriate growth and development. Unfortunately, not all children have these benefits. Many children go to school every day hungry and return home to face the same circumstances. The Logan County Family and Consumer Sciences Extension, using volunteers from the Logan County Extension Council and other Extension program councils in partnership with Family Resource from the Logan County and Russellville Independent school districts and several community agencies, began a Backpack Booster Project to run during the 2019-2020 school year. Each month a different food item is collected at several donation sites throughout the county and distributed to the local schools. We distributed 310 student backpacks each week for all Logan County and Russellville schools.

LOGAN COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Logan County's FCS Extension programming in 2019-2020 led to the following results.



2,531

youths participated in local
Extension programming



3,343

individuals made healthier
eating choices



697

volunteers reported actively
practicing leadership skills



175

participants accessed
community resources



1,420

participants used
food labels to make
healthy food choices



3,603

participants reported
making positive
behavior changes

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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at **hes.uky.edu/StrongFamilies**

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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