



Building Strong Families

IN HOPKINS COUNTY

OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020,
Family and
Consumer Sciences
Extension made
3,733
direct and indirect contacts
with individuals
and families in
Hopkins County.

SPOTLIGHT: HOPKINS COUNTY

Master Gardeners make a difference



The Master Gardener program is a volunteer organization dedicated to teaching and training people about horticulture-related topics. This program provides education and outreach within the community. Master Gardeners are required to undergo training and complete 40 hours of volunteer service in their first year before becoming certified. After the first year, Master Gardeners are required to complete 20 hours of service and 10 continuing education credit hours annually in order to continue their certification. In 2019, the Pennyroyal Master Gardener Association reported that 38 volunteers completed 2,078.26 service hours and 643 continuing education hours. According to Independent Sector, the 2018 dollar value of volunteer time in Kentucky was \$21.42 per hour. Based on this rate, the volunteer service of the Pennyroyal Master Gardeners is worth \$44,516.33.

HOPKINS COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Hopkins County's FCS Extension programming in 2019-2020 led to the following results.



1,731

youths participated in local
Extension programming



387

individuals made healthier
eating choices



387

participants reported
making positive
behavior changes



80

adult volunteers



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Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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