



Building Strong Families

IN EDMONSON COUNTY



Julia Wilson
County Extension Agent,
Family and Consumer
Sciences Education

OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020,
Family and
Consumer Sciences
Extension made
1,977,338
direct and indirect contacts
with individuals
and families in
Edmonson County.

SPOTLIGHT: EDMONSON COUNTY

Leadership escape



Building the capacity of volunteer leaders within counties is critical for the sustainability of a community infrastructure that supports long-term commitment to strengthening families. The Edmonson County Family and Consumer Sciences Extension agent planned and implemented an escape room at the Edmonson County Extension office. Ten Extension Homemaker Council Members and five 4-H volunteers participated in the escape room. Post surveys showed that all participants agreed that the escape room offered them a hands-on experience in working together and was more beneficial than a lecture. As a result, the Edmonson County Extension Homemakers decided to offer a community escape room as a promotion for Extension Homemakers Week. Seventy community members participated in the escape room over the course of two nights.

EDMONSON COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Edmonson County's FCS Extension programming in 2019-2020 led to the following results.



3,582

youths participated in local
Extension programming



50

individuals made healthier
eating choices



100

participants reported
their intent to cook more



600

volunteer hours were reported
by FCS Extension program
volunteers



160

participants reported
gaining knowledge



376

pints of food
were preserved

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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
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Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at hes.uky.edu/StrongFamilies

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