



Building Strong Families

IN CLINTON COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020,
Family and
Consumer Sciences
Extension made
277,316
direct and indirect contacts
with individuals
and families in
Clinton County.

SPOTLIGHT: CLINTON COUNTY

Extension at Home kits



COVID-19 changed the way Extension staff served communities. In an effort to continue to provide educational programming and promote family engagement, the Clinton County Cooperative Extension Service provided weekly Grab and Go Extension at Home kits filled with educational activities available for pick up on the porch of the office. We distributed a total of 750 kits from March through June. Extension at Home kits provided hands-on learning activities for youths and adults and included content from all program areas. Participants reported learning cooking skills, measuring skills, how to follow instructions, how to work together, and nature facts. Extension staff in Clinton County and throughout the state will continue to adapt educational programming while prioritizing the health and safety of the communities we serve.

CLINTON COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Clinton County's FCS Extension programming in 2019-2020 led to the following results.



2,330

youths participated in local
Extension programming



5,821

individuals made healthier
eating choices



1,370

participants reported
making lifestyle changes
to improve their health



5,229

participants used
access points that offered
healthy foods



7,313

participants reported
making positive
behavior changes



1,319

miles were walked
by FCS program participants

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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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