



Building Strong Families

IN CASEY COUNTY

OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020,
Family and
Consumer Sciences
Extension made
79,879
direct and indirect contacts
with individuals
and families in
Casey County.

SPOTLIGHT: CASEY COUNTY

#adulting: Life skills series teaches everyday skills



Today's young adults are entering the workforce and the real world with limited education in vital everyday skills. Casey County Family and Consumer Sciences Extension Service, in partnership with the Casey County Public Library, Campbellsville University – Liberty, and community members, created a six-part series focusing on skills deemed necessary for high school students and young adults. The series includes instructors from various businesses and community organizations providing their expertise in money management, communication and job-seeking skills, self-confidence and learning how to persevere, home skills, car repair and maintenance, and personal safety. Workshops were well-attended. Two workshops were held before COVID-19. The community hopes to implement this program in its entirety in the future.

CASEY COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Casey County's FCS Extension programming in 2019-2020 led to the following results.



10,105

youths participated in local
Extension programming



107

youths gained
a better understanding
of substance abuse



86

participants reported
gaining knowledge



82

volunteer hours were reported
by FCS Extension program
volunteers



414

adult volunteers

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University of Kentucky Family and
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you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at hes.uky.edu/StrongFamilies

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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