



Building Strong Families

IN BULLITT COUNTY



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OUR FOCUS

Family and Consumer Sciences (FCS) Extension is committed to improving the health and well-being of individuals and families throughout Kentucky. Our educational programs focus on making healthy lifestyle choices, nurturing families, embracing life as we age, securing financial stability, promoting healthy homes and communities, accessing nutritious food, and empowering community leaders.

OUR SUCCESS

In 2019-2020,
Family and
Consumer Sciences
Extension made
30,277
direct and indirect contacts
with individuals
and families in
Bullitt County.

SPOTLIGHT: BULLITT COUNTY

Nutrition Education helps pack a lunch



As the COVID-19 pandemic hit, the Bullitt County Public Schools Food Service Program found themselves preparing and delivering more than 6,000 meals to children qualified for the free and reduced lunch program throughout the county. As they began the process, the Food Service director identified the need for a fun but educational flyer to be include with the meals. Since the Food Service employees were focused on preparing the food, Bullitt County Extension offered to provide that educational flyer. For 12 weeks, the agents of 4-H, Agriculture, and Family and Consumer Sciences teamed up with the school food service to provide educational nutrition flyers to the children. This partnership created a great opportunity to raise awareness of the Bullitt County Extension Service to an audience not frequently participating in our programs.

BULLITT COUNTY'S EXTENSION PROGRAMMING COMMUNITY IMPACT

Family and Consumer Sciences (FCS) Extension professionals actively work to reach our goals by offering educational programs that serve to improve the quality of life for individuals and families in our Commonwealth.

Bullitt County's FCS Extension programming in 2019-2020 led to the following results.



2,387

youths participated in local
Extension programming



2,980

pints of food
were preserved



10,000

volunteer hours were reported
by FCS Extension program
volunteers



106

participants improved
skills that will
strengthen families



163

participants reported
making positive
behavior changes



246

parents or caregivers
improved personal knowledge

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University of Kentucky Family and
Consumer Sciences Extension brings
you a podcast focusing on nutrition,
health, resource management, and more.
Available on Apple Podcasts, Google
Play and **UKFCSExt.podbean.com**.

Source: Kentucky Cooperative Extension Reporting, FY2020
Download this and other county profiles at **hes.uky.edu/StrongFamilies**

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability.



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